

## 5K 24 May

Self Transcendence  
5K Results 24<sup>th</sup> May 2010  
Battersea Park

A great start to our Summer Race Series saw two course records: Chris Peach our winner and Michael Mann in the Vet 60 category. Ros Tabor equalled the W Vet 60 course record.

1	Chris	Peach	Herne Hill H	M	24 CR	15.24
2	Liam	White	Hercules Wimbledon	M	17	15.48
3	Alex	Robinson	Hercules Wimbledon	M	18	15.49
4	Kieran	White	Hercules Wimbledon	M	34	15.53
5	Thomas	Beedell	Chiltern H	M	23	15.56
6	Abbas	Salem	Barnes R	M	45	16.02
7	Martin	Shore	Thames Hare & Hounds	M	34	16.03
8	Anthony	Bournes	Serpentine	M	27	16.52
9	Michael	Briggs	Benfleet RC	M	23	16.53
10	Tony	Tuohy	Dulwich R	M	47	17.06
11	Edward	Samuel	London Heathside	M	31	17.06
12	Colin	Edwards	Tunbridge Wells H	M	34	17.12
13	Basil	Wallace	Herne Hill H	M	36	17.19
14	Joseph	Wiebel	Serpentine	M	24	17.22
15	Robin	Jones	u/a	M	37	17.35
16	Chris	Cooke	u/a	M	36	17.43
17	Alex	Patton	Mornington Chasers	M	26	17.48
18	Sara	Luck	Havering Mayesbrook	F	23 1 <sup>st</sup> Lady	17.52
19	Vincent	Williams	St Albans Striders	M	47	18.00
20	Martin	Leitner	Sri Chinmoy AC	M	29	18.02
21	Edwin	Datson	u/a	M	41	18.02
22	Brendan	Greene	Queens Park H	M	37	18.06
23	David	Comb	u/a	M	30	18.07
24	Andrew	Davies	Serpentine	M	36	18.12
25	Simon	Beedell	Chiltern H	M	27	18.13
26	Dave	Gardner	u/a	M	43	18.13
27	Chris	Bailey	Highgate H	M	47	18.18
28	Gergely	Marton	u/a	M	27	18.18
29	Angus	Beaumont	Serpentine	M	36	18.22
30	Nicholas	Copas	Serpentine	M	40	18.25
31	Martin	Newton	Sutton R	M	48	18.40
32	Dominique	Ballard	Benfleet RC	M	28 2 <sup>nd</sup> Lady	18.42
33	Simon	Thompson	u/a	M	30	18.45
34	Dean	Morley	Serpentine	M	45	18.58
35	Simon	Brotherson	Queens Park H	M	45	19.04
36	Christopher	Hayden	u/a	M		19.07
37	Gemma	Jones	Lliswerry R.	F	25 3 <sup>rd</sup> Lady	19.08
38	Ian	Aarons	u/a	M	33	19.10
39	Anthony	Impey	Serpentine	M	37	19.13
40	Sophie	Proffitt	Shaftesbury Barnet	F	19 4 <sup>th</sup> Lady	19.14
41	Sebastian	Amoah	u/a	M	25	19.17

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42 Roberto	Tyley	Serpentine	M	32	19.20
43 Christopher	Roach	u/a	M	38	19.23
44 <b>Michael</b>	<b>Mann</b>	<b>Dulwich R</b>	<b>M</b>	<b>61 1<sup>st</sup> Vet 60 CR</b>	<b>19.24</b>
45 Paul	Shackleton	Serpentine	M	39	19.42
46 Claire	Imrie	Serpentine	F	39 5 <sup>th</sup> Lady	19.43
47 Frank	Wood	Hercules Wimbledon	M	45	19.49
48 Joao	Diogo	Queens Park H	M	39	19.55
49 Ruusu	Saarinen	Serpentine	F	25 6 <sup>th</sup> Lady	19.56
50 David	Smith	Dulwich Park R	M	51 1 <sup>st</sup> Vet 50	19.57
51 Neil	Edwards	u/a	M	31	20.03
52 Martin	Hill	Queens Park H	M	43	20.07
53 Robert	Ingoldby	Serpentine	M	32	20.08
54 Jean Luc	Hoez	Serpentine	M	52 2 <sup>nd</sup> Vet 50	20.13
55 Jonathan	Allsopp	u/a	M	41	20.14
56 Oliver	Price	u/a	M	28	20.14
57 Gabriel	Flores	u/a	M	33	20.23
58 Dave	McLaughlin	Queens Park H	M	39	20.28
59 Laurent	Wels	u/a	M	38	20.39
60 Jeff	Prestridge	Serpentine	M	51 3 <sup>dr</sup> Vet 50	20.48
61 Meriel	Holden	u/a	F	40 7 <sup>th</sup> Lady	20.53
62 Robert	Groves	u/a	M	37	20.58
63 Sean	Leach	u/a	M	31	21.00
64 Kim	Jensen	u/a	M	28	21.04
65 Jack	Bridgewater	u/a	M	27	21.04
66 Peter	Stephenson	PAAA	M	46	21.14
67 Thomas	Morris	Hercules Wimbledon	M	51	21.17
68 Michael	Butler	u/a	M	41	21.20
69 Morten	Pettersen	u/a	M	38	21.22
70 Ian	Mursell	Vets AC	M	58	21.30
71 Bertie	Miller	Queens Park H	M	47	21.37
72 Tom	Nicholson	u/a	M		21.44
73 Alan	Davidson	Liss R	M	63 2 <sup>nd</sup> Vet 60	21.47
74 Kate	Webb	u/a	F	26	21.51
75 Michael	Steerke	u/a	M	37	21.59
76 Chris	Smith	Born2Try/Witham R	M	28	22.02
77 Vicky	Lambert	u/a	F	45	22.03
78 Andrea	Sanders	Reecmornington Chasers	F	54 1 <sup>st</sup> Lady Vet 50	22.05
79 Stephen	Eyre	u/a	M	31	22.10
80 Ros	Tabor	Dulwich R	F	60 1 <sup>st</sup> Lady Vet 60 =CR	22.14
81 Andy	Ball	u/a	M	42	22.16
82 David	Finch	u/a	M	28	22.16
83 Tessa	Loyd	Serpentine	F	34	22.17
84 Melanie	Eyre	u/a	F	30	22.17
85 Heather	Cobb	Serpentine	F	36	22.19
86 Thomas	Pomfret	u/a	M	28	22.19
87 David	Biggs	u/a	M	31	22.19
88 Robert	Katschmaryk	u/a	M	47	22.21
89 Jacqui	Reid	MPAC	F	43	22.27
90 Penelope	Fixter	Herne Hill H	F	33	22.33

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91 Dennis	Williams	Hercules Wimbledon	M	64	22.38
92 Ben	Pledger	u/a	M	29	22.39
93 Robert	McCargow	u/a	M	33	22.46
94 Hugh	French	Clapham Chasers	M	38	22.47
95 John	Pratt	Ranelagh H	M	65	22.47
96 Ian	Phillips	u/a	M	41	22.50
97 Alice	Ewen	Striders of Croydon	F	24	22.55
98 Sarah	Newton	Serpentine	F	52 2 <sup>nd</sup> Lady Vet 50	22.56
99 Rhiannon	Jones	u/a	F	29	22.59
100 Steven	Bartlett	Born2Try/Witham R	M	36	23.09
101 Steven	Satchell	Mornington Chasers	M	61	23.12
102 Imke	Siegerist	u/a	F	39	23.13
103 Charles	Craven	Fulham RC	M	47	23.26
104 Thomas	Martin	u/a	M	14 2 <sup>nd</sup> Boy u/18	23.35
105 Bethan	Turner	Victoria Park H	F	13 1 <sup>st</sup> Girl u/18	23.40
106 Greg	Neal	Watford H	M	55	23.40
107 Tony	Gallagher	Sutton R	M	54	23.43
108 Rebecca	Spong	u/a	F		23.53
109 no. 77			F		23.58
110 Susan	Baker	u/a	F	29	24.00
111 Nick	Cambridge	Vets AC	M	61	24.09
112 Peter	Cambridge	Vets AC	M	51	24.09
113 Dan	Gerlach	u/a	M	22	24.19
114 Gillian	Cavell	Dulwich Park R	F	52 3 <sup>rd</sup> Lady Vet 50	24.23
115 Ian	Fernandez	Dulwich Park R	M	40	24.58
116 Jenny	Traynor	u/a	F	42	25.07
117 Jason	Johnson	u/a	M	36	25.28
118 Beate	Vogt	Serpentine	F	51	25.47
119 Kate	Martin	u/a	F	13 2 <sup>nd</sup> girl u/18	26.17
120 Peter	Martin	u/a	M	44	26.17
121 Amy	Phillips	u/a	F	28	26.18
122 Alex	Kidgell	u/a	F	28	26.31
123 Nina	Williams	Saints & Sinners	F	43	26.47
124 Stephanie	Burchill	Dulwich R	F	54	26.57
125 Naoki	Yoshida	u/a	M	39	27.18
126 John	Pedevilla	u/a	M	35	29.04
127 Idoia	Gonzalez	u/a	F	40	29.04
128 Amanda	Holgate	u/a	F	37	29.18
129 Edwin	Bartlett	Vets AC	M	65	29.59
130 Natasha	Childs	u/a	F	22	30.46
131 Hideki	Matsuno	u/a	M	45	31.50
132 Sarah	Hornsey	u/a	F	36	32.01
133 Dawn	Proiry	u/a	F	41	32.08
134 Rhiannon	Eyre	u/a	F	31	32.46
135 Derek	Smith	Mornington Chasers	M	80 1 <sup>st</sup> Vet 70	32.56
136 Lucy	Marcuson	u/a	F	35	33.06
137 Will	Hine	u/a	M	28	33.06
138 Robert	Barr	u/a	M	32	33.07
139 Susan	Newby House	u/a	F		33.49

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140 Hannah	Rawlinson	u/a	F	26	36.13
141 Natarsha	Wendt	u/a	F	33	37.17
142 Alison	Egan	u/a	F	39	37.59