



**SRI CHINMOY**  
**marathon team**

*Run and Become. Become and Run.  
Run to succeed in the outer world.  
Become to proceed in the inner world.*

Sri Chinmoy

**Self Transcendence 2 Miles, Battersea Park**  
*7pm Monday 2nd August, 2010*

### Medal Winners and Overall Results

#### Medal Winners

Pl	Name	Surname	Club	Time	M/F	Age
<b>Men Under 50</b>						
1	Richard	Ward	Belgrave Harriers	10.01	M	28
2	Pav	Herrero	Imperial College	10.18	M	32
3	Toby	Hedgeland		10.21	M	29
4	Tony	Tuohy	Dulwich Runners	10.31	M	48
5	Matthew	Sharp	Hercules Wimbledon	10.34	M	31
6	Robert	Hahn	LATV Plauen	10.38	M	31
7	Andrew	Aitken	Highate Harriers	10.54	M	32
<b>Women Under 50</b>						
1	Clare	Elms	Dulwich Runners	10.56	F	46
2	Jacqueline	Reid	MPAC	13.23	F	44
3	Claire	Leatham		13.37	F	41
4	Alison	Nolan	Serpentine	14.03	F	41
5	Justine	Little		14.13	F	28
6	Katia	Hadaschik	Dulwich Park Runners	14.41	F	38
7	Georgina	Hibbert		15.10	F	33
<b>Men Over 50</b>						
1	Hugh	Scorgie		12.02	M	50
2	Jean-Luc	Hoez	Serpentine	12.32	M	52
3	Tom	Morris	Hercules Wimbledon	12.49	M	52

### Women Over 50

1	Andrea	Sanders-Reece	Mornington Chasers	13.08	F	54
2	Sarah	Newton	Serpentine	13.47	F	53
3	Elizabeth	Tapp	Serpentine	14.24	F	52

### Men Over 60

1	Mike	Mann	Dulwich Runners	11.47	M	62
2	John	Sheridan		12.16	M	64

### Men Over 70

1	Ken	Kwok	Serpentine	16.32	M	70
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### Women Under 16

1	Kate	Martin		15.21	F	13
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### Men Under 16

1	Stephen	Rupp	Serpentine	13.00	M	15
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### Overall Results

Pl	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pl
1	Richard	Ward	Belgrave Harriers	10.01	M	28	M U/50	1
2	Pav	Herrero	Imperial College	10.18	M	32	M U/50	2
3	Toby	Hedgeland		10.21	M	29	M U/50	3
4	Tony	Tuohy	Dulwich Runners	10.31	M	48	M U/50	4
5	Matthew	Sharp	Hercules Wimbledon	10.34	M	31	M U/50	5
6	Robert	Hahn	LATV Plauen	10.38	M	31	M U/50	6
7	Andrew	Aitken	Highate Harriers	10.54	M	32	M U/50	7
8	Clare	Elms	Dulwich Runners	10.56	F	46	W U/50	1
9	Jeremy	Dunnett		10.59	M	23	M U/50	8
10	Mick	Barlow	Tonbridge AC	11.04	M	44	M U/50	9
11	Tim	Ballard		11.08	M	34	M U/50	10
12	Angus	Beaumont	Serpentine	11.08	M	36	M U/50	11
13	John	O Shea	Highate Harriers	11.08	M		M U/50	12
14	Richard	Harrison	Royston Runners	11.18	M	41	M U/50	13
15	Richard	Lloyd	Mercia Fell Runners	11.22	M	42	M U/50	14
16	Richard	Allewell		11.24	M	41	M U/50	15
17	Oliver	Christie	Clapham Chasers	11.38	M	26	M U/50	16
18	Dave	Teesdale		11.45	M	49	M U/50	17
19	Anthony	Impey	u/a	11.46	M	37	M U/50	18
20	Mike	Mann	Dulwich Runners	11.47	M	62	M O/60	1
21	Paulo	Oliveira		11.53	M	25	M U/50	19
22	Andrew	Murray		11.56	M	25	M U/50	20
23	Nick	Holt	NVH	11.57	M	29	M U/50	21

24	Dan	O'Sullivan		12.00	M	33	M U/50	22
25	Hugh	Scorgie		12.02	M	50	M O/50	1
26	Robert	Ingoldby	Serpentine RC	12.06	M	33	M U/50	23
27	Jonathan	Allsopp		12.10	M	41	M U/50	24
28	John	Sheridan		12.16	M	64	M O/60	2
29	Henry	McCarthy		12.22	M	16	M U/50	25
30	Kieran	Dignan	Serpentine	12.28	M	31	M U/50	26
31	Paul	Loustalan		12.30	M	30	M U/50	27
32	Jean-Luc	Hoez	Serpentine	12.32	M	52	M O/50	2
33	David	Miller		12.34	M	28	M U/50	28
34	Mark	Kell	Serpentine	12.46	M	24	M U/50	29
35	Roger	Green	Woodford Green	12.47	M	62	M O/60	3
36	Graham	Reynolds	South West RR	12.47	M	47	M U/50	30
37	Roger	Cue		12.48	M	41	M U/50	31
38	Tom	Morris	Hercules Wimbledon	12.49	M	52	M O/50	3
39	Steve	Adams	Eton Manor AC	12.58	M	46	M U/50	32
40	Stephen	Rupp	Serpentine	13.00	M	15	M U/16	1
41	Ian	Mursell	VAC	13.02	M	58	M O/50	4
42	Peter	Stephenson	PAAA	13.04	M	46	M U/50	33
43	Andrea	Sanders-Reece	Mornington Chasers	13.08	F	54	W O/50	1
44	Jacqueline	Reid	MPAC	13.23	F	44	W U/50	2
45	Brian	Pickles	Serpentine	13.31	M	52	M O/50	5
46	Stefano	Vernazza		13.32	M	35	M U/50	34
47	Claire	Leatham		13.37	F	41	W U/50	3
48	Stephen	Fitz-Costa		13.39	M	46	M U/50	35
49	Sarah	Newton	Serpentine	13.47	F	53	W O/50	2
50	Alison	Nolan	Serpentine	14.03	F	41	W U/50	4
51	Nicholas	Martin		14.06	M	16	M U/50	36
52	Dennis	Williams	Hercules Wimbledon	14.11	M	64	M O/60	4
53	Justine	Little		14.13	F	28	W U/50	5
54	John	Moore		14.14	M	29	M U/50	37
55	Elizabeth	Tapp	Serpentine	14.24	F	52	W O/50	3
56	Gillian	Cavell	Dulwich Park Runners	14.34	F	52	W O/50	4
57	Katia	Hadaschik	Dulwich Park Runners	14.41	F	38	W U/50	6
58	Stephen	Satchell	Mornington Chasers	14.44	M	61	M O/60	5
59	Thomas	Martin		14.54	M	14	M U/16	2
60	Ian	Hall	Serpentine	14.56	M	57	M O/50	6
61	Roger	Marshall		14.58	M	38	M U/50	38
62	Rod	Smith		15.03	M	47	M U/50	39
63	Georgina	Hibbert		15.10	F	33	W U/50	7
64	Harry	Cambridge	Orpington RR	15.13	M	21	M U/50	40
65	Derek	Wong		15.14	M	25	M U/50	41
66	Peter	Martin		15.21	M	45	M U/50	42
67	Kate	Martin		15.21	F	13	W U/16	1

68	Neil	Davies	Serpentine	15.27	M	45	M U/50	43
69	Beate	Vogt		15.30	F	51	W O/50	5
70	Jeanette	Mueller	Serpentine	15.34	F	42	W U/50	8
71	Fiona	Brooks		15.49	F	31	W U/50	9
72	Andrew	Clifford		15.51	M	25	M U/50	44
73	Malcolm	Lewis		16.02	M	58	M O/50	7
74	Thomas	Wilkie	Collingwood AC	16.29	M	57	M O/50	8
75	Ken	Kwok	Serpentine	16.32	M	70	M O/70	1
76	Neha	Chopra		16.32	F	25	W U/50	10
77	David	Gironi	Serpentine	16.54	M	33	M U/50	45
78	Mark	Archer		17.01	M	43	M U/50	46
79	Dave	Clarke	Stragglers	17.24	M	42	M U/50	47
80	Edwin	Bartlett	Vets AC	17.35	M	65	M O/60	6
81	Rob	Partington		18.16	M	38	M U/50	48
82	Jessica	Abel Smith		18.24	F		W U/50	11
83	Peter	Torre	Vets AC	18.29	M	68	M O/60	7
84	Jeffrey	Wiseman	Highgate Harriers	18.15	M	74	M O/70	2
85	Mike	Browne	VAC	19.22	M	79	M O/70	3
86	Amy	Obradovic		20.02	F	26	W U/50	12
87	George	Shelgrove		20.28	M	64	M O/60	8
88	Erika	Otto-Boateng		21.11	F	30	W U/50	13
89	John	Lane	RRC/RNAC	21.21	M	72	M O/70	4