

Self-Transcendence 10K Race

Organised by Sri Chinmoy AC

Battersea Park, London

3rd October 2015



WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
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Men U/50

1	Liam	Smith	Marshall Milton Keynes AC	M	32.34	21
2	Daniel	Bentley-Gouldstone	Beckenham Running Club	M	33.21	35
3	Luke	Shearring	Haslemere Border AC	M	34.04	36
4	Paul	Cheetham	Barnes Runners	M	34.19	43
5	Stephen	Hurley	Wimbledon Windmillers	M	34.22	35
6	Matt	McDaniel		M	34.45	28
7	Miceal	Canavan		M	36.12	26

Women U/50

1	Carole	Penlington	Blackheath H	F	37.50	40
2	Alice	Whiley	Clapham Chasers	F	40.21	24
3	Gabriela	De la Cerda		F	41.16	38
4	Emanuela	Castelnuovo	Fulham RC	F	41.45	47
5	Katie	Kedward	Clapham Chasers	F	42.12	24
6	Katie	Ferguson	Clapham Chasers	F	42.32	25
7	Lucy	Spencer		F	42.58	23

Men Vet 50

1	David	Annetts	North Herts RR	M	36.57	50
2	Peter	Mannion	Windle Valley R	M	37.52	54
3	Martyn	Annetts	North Herts RR	M	38.13	50

Women Vet 50

1	Sue	Ferguson	Tring RC	F	51.04	54
2	Sunanda	Sarker Bell		F	53.22	50
3	Jane	Memmler		F	57.38	53

Men Vet 60

1	Ian	Mursell	Vets AC	M	45.46	64
2	John	Grigg	Fulham RC	M	52.41	61

Women Vet 50

1	Jane	Rowden	West4Harriers	F	46.51	62
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Men Vet 70

1	John	Garder	Herne Hill H	M	51.55	73
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RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Liam	Smith	Marshall Milton Keynes AC	M	32.34	21	M U/50	1
2	Daniel	Bentley-Gouldstone	Beckenham Running Club	M	33.21	35	M U/50	2
3	Luke	Shearring	Haslemere Border AC	M	34.04	36	M U/50	3
4	Paul	Cheetham	Barnes Runners	M	34.19	43	M U/50	4
5	Stephen	Hurley	Wimbledon Windmillers	M	34.22	35	M U/50	5
6	Matt	McDaniel		M	34.45	28	M U/50	6
7	Miceal	Canavan		M	36.12	26	M U/50	7
8	Joel	Wiles	Epsom Oddballs RC	M	36.20	33	M U/50	9
9	Brendan	Donnelly	Highgate H	M	36.20	28	M U/50	8
10	James	Lynch	London Heathside	M	36.37	38	M U/50	10
11	David	Annetts	North Herts RR	M	36.57	50	M V50	1
12	Marcus	Fletcher	Clapham Chasers	M	37.08	25	M U/50	11
13	Jack	Ridings	London Heathside	M	37.12	31	M U/50	12
14	Dave	Miller	Barnes Runners	M	37.19	43	M U/50	13
15	Nigel	Swinburne	Dagenham 88 R	M	37.29	35	M U/50	14
16	Serdar	Cetin	Serpentine	M	37.34	38	M U/50	15
17	Christopher	Burke	London Heathside	M	37.46	31	M U/50	16
18	Carole	Penlington	Blackheath H	F	37.50	40	W U/50	1
19	Peter	Mannion	Windle Valley R	M	37.52	54	M V50	2
20	Martyn	Annetts	North Herts RR	M	38.13	50	M V50	3
21	Jack	Hambleton	Crystal Palace Triathletes	M	38.52	27	M U/50	17
22	Mark	Cahill	Hercules Wimbledon AC	M	39.00	43	M U/50	18
23	Frank	Wood	Herclues Wimbledon	M	39.09	51	M V50	4
24	Tom	Cheetham	Hercules Wimbledon	M	39.13	48	M U/50	19
25	Jonathan	Moore	Ranelagh Harriers	M	39.24	46	M U/50	20
26	Aaron	Desborough	Tri London	M	39.25	27	M U/50	21
27	Hubert	Brandts		M	39.27	48	M U/50	22
28	Liam	Snelling		M	39.45	37	M U/50	23
29	Niall	Boylan	Fulham	M	39.46	39	M U/50	24
30	Nick	Beavitt		M	39.57	30	M U/50	25
31	Jaro	Prokop	Clapham Pioneers	M	39.58	33	M U/50	26
32	Rich	Doyle		M	40.01	44	M U/50	27
33	Hugh	Scorgie		M	40.07	55	M V50	5
34	James	Spooner		M	40.12	31	M U/50	28
35	David	Cornock	Barnes Runners	M	40.15	51	M V50	6
36	Martin	White	Ealing Eagles	M	40.17	37	M U/50	29
37	Alice	Whiley	Clapham Chasers	F	40.21	24	W U/50	2
38	James	Thompson		M	40.45	27	M U/50	30

39	Wayne	Giddens	Elmbridge RRC	M	41.08	44	M U/50	31
40	Arjun	Kaicker		M	41.08	44	M U/50	32
41	Gabriela	De la Cerda		F	41.16	38	W U/50	3
42	Wallace	Wilson	n/a	M	41.26	31	M U/50	33
43	Jeff	Webster	Dagenham 88 R	M	41.34	24	M U/50	34
44	emanuela	castelnuovo	fulham running club	F	41.45	47	W U/50	4
45	Robert	Harrison		M	41.50	48	M U/50	35
46	matthew	o'brien		M	41.55	44	M U/50	36
47	Chris	Peskett	Barnes Runners	M	41.59	41	M U/50	37
48	James	Smith	Dagenham 88 R	M	42.08	26	M U/50	38
49	Katie	Kedward	Clapham Chasers	F	42.12	24	W U/50	5
50	Doug	Teesdale		M	42.12	53	M V50	7
51	Sam	Allpass	Barnes Runners	M	42.13	49	M U/50	39
52	Gregory	Lehmaire-Smith		M	42.14	30	M U/50	40
53	Euan	Matheson		M	42.20	33	M U/50	41
54	Benjamin	Power		M	42.26	25	M U/50	42
55	Katie	Ferguson	Clapham Chasers	F	42.32	25	W U/50	6
56	Martin	Kelsen		M	42.40	54	M V50	8
57	Lucy	Spencer		F	42.58	23	W U/50	7
58	katel	jeffroy		F	43.01	35	W U/50	8
59	Cedric	Parent		M	43.04	41	M U/50	43
60	Gregory	Mattiko		M	43.06	47	M U/50	44
61	James	Phillips		M	43.08	32	M U/50	45
62	Richard	Morris	Fulham RC	M	43.15	40	M U/50	46
63	Daniel	Riley		M	43.20	35	M U/50	47
64	Oliver	Brown		M	43.42	24	M U/50	48
65	Jarle	Skrebergene	Norway	M	44.15	32	M U/50	49
66	Martin	Dore		M	44.30	45	M U/50	50
67	Humphrey	Nemar	Sutton Runners	M	44.31	50	M V50	9
68	Nick	Wells		M	44.47	35	M U/50	51
69	David	Linberry		M	44.49	33	M U/50	52
70	Adam	Guyatt		M	45.15	31	M U/50	53
71	Shaked	Leibovitz		F	45.19	16	W U/50	9
72	Amy	Starnes		F	45.21	30	W U/50	10
73	Diana	Kreica	Clapham Chasers	F	45.34	29	W U/50	11
74	Ian	Mursell	Vets AC	M	45.46	64	M V60	1
75	Shane	O'Prey		M	45.50	40	M U/50	54
76	Nick	Mazitelli		M	45.51	32	M U/50	55
77	Harriet	Dykes		F	45.52	30	W U/50	12
78	Omar	Maes		M	45.52	29	M U/50	56
79	Elizabeth	Devine		F	46.21	27	W U/50	13
80	Rob	Hamblin		M	46.32	31	M U/50	57
81	Linda	Ingram	South London H	F	46.41	48	W U/50	14

82 Jonathan	Stirling	West 4 Harriers	M	46.41	52	M V50	10
83 Jane	Rowden	West4Harriers	F	46.51	62	W V60	1
84 Georgie	Gillott	West 4 Harriers	F	47.45	23	W U/50	15
85 Neeraj	Patel	London Fronrunners	M	47.46	27	M U/50	58
86 Anthony	Ferriroli	RRC	M	47.46	47	M U/50	59
87 Alberto	Cetoli		M	47.47	36	M U/50	60
88 Samuel	English-Kershaw	Serpentine	M	47.49	23	M U/50	61
89 Helen	Linberry		F	48.19	31	W U/50	16
90 Ingrid	Helsingeng		F	48.47	26	W U/50	17
91 Halina	Watson		F	49.01	32	W U/50	18
92 Giles	Hitchcock		M	49.08	41	M U/50	62
93 Naman	Ali		M	49.18	28	M U/50	63
94 Sophia	Harrington		F	49.27	28	W U/50	19
95 Catherine	Hogg		F	49.53	22	W U/50	20
96 Pauline	Robson		F	49.57	40	W U/50	21
97 Mark	Rodgers		M	50.55	46	M U/50	64
98 Kevin	O'Reilly		M	50.59	37	M U/50	65
99 Sue	Ferguson	Tring RC	F	51.04	54	W V50	1
100 Chris	Dodds	Run Dem Crew	F	51.13	37	W U/50	22
101 Courtney	Phillips		F	51.17	40	W U/50	23
102 Blanka	Flavin		F	51.24	29	W U/50	24
103 camille	hammer		F	51.25	26	W U/50	25
104 Manuel	Romero		M	51.32	34	M U/50	66
105 John	Garder	Herne Hill H	M	51.55	73	M V70	1
106 Liz	Fowler		F	52.17	28	W U/50	26
107 Laura	Grigg	Fulham RC	F	52.32	27	W U/50	27
108 John	Grigg	Fulham RC	M	52.41	61	M V60	2
109 Peter	Grime		M	53.17	49	M U/50	67
110 Sunanda	Sarker Bell		F	53.22	50	W V50	2
111 Siena	Carroll		F	53.59	18	W U/50	28
112 Jake	Hooper		M	53.59	18	M U/50	68
113 Laura	Coquis Power		F	54.06	38	W U/50	29
114 Laurie	Chan-Lam		F	54.18	28	W U/50	30
115 Carolina	Brochado		F	55.45	30	W U/50	31
116 Jane	Memmler		F	57.38	53	W V50	3
117 Kate	MacKnight	Tri London	F	58.40	25	W U/50	32
118 Clare	Turnbull		F	58.42	27	W U/50	33
119 Katie	Streeter Hurle		F	59.01	28	W U/50	35
120 Pippa	Streeter Hurle		F	59.01	26	W U/50	34
121 Will	Schwer	Felixstowe RRC	M	59.22	31	M U/50	69
122 Chirs	Rebbech		M	59.40	43	M U/50	70
123 David	Ridley	Maidenhead AC	M	59.56	60	M V60	3
124 Kat	Demidecka		F	60.24	28	W U/50	36

125 Lucy	Gill	F	62.15	31	W U/50	37
126 Santosh	Raj Pandey	M	64.17	37	M U/50	71
127 Joanna	Kurukchi	F	64.26	38	W U/50	38
128 Shimeem	Al-Ayash	F	68.55	37	W U/50	39
129 Natalia	Smoktunowicz	F	74.24	30	W U/50	40

