<table>
<thead>
<tr>
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<th>Open Men</th>
<th>Time</th>
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<th>Time</th>
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<tbody>
<tr>
<td>1</td>
<td>Andrew Cave</td>
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<td>Bethany Bromfield</td>
<td>1.30.41</td>
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<td>2</td>
<td>Shaun Cooper</td>
<td>1.44.24</td>
<td>Ying Wang</td>
<td>1.44.48</td>
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<tr>
<td>3</td>
<td>Malcolm Chamberlin</td>
<td>1.45.30</td>
<td>Kim Dirks</td>
<td>1.56.38</td>
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<tr>
<td>4</td>
<td>John Bower</td>
<td>1.47.32</td>
<td>Jill Edgar</td>
<td>1.56.55</td>
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<tr>
<td>5</td>
<td>Croyd Zoren</td>
<td>1.54.12</td>
<td>Kathy Harding</td>
<td>2.04.32</td>
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<td>6</td>
<td>Vasant Patel</td>
<td>2.06.33</td>
<td>Adriana Mijatovic</td>
<td>2.06.21</td>
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<tr>
<td>7</td>
<td>Ronald Chen</td>
<td>2.26.22</td>
<td>Steve Darby</td>
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**Men 50-59**

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<tr>
<td>1</td>
<td>Shaun Cooper</td>
<td>1.44.24</td>
<td>Malcolm Chamberlin</td>
<td>1.45.30</td>
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<tr>
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<td>3</td>
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**Men 69-69**

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<td>2</td>
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### Sri Chinmoy 10k Race

**War Memorial Park - Sun 03 November 2019**

<table>
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<tbody>
<tr>
<td>1 Neil Cheetham</td>
<td>41.27</td>
<td>1 Holly Harding</td>
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<tr>
<td>2 Gavin Hipkins</td>
<td>43.00</td>
<td>2 Melanie James</td>
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<tr>
<td>3 Tim Hall</td>
<td>43.09</td>
<td>3 Andrea Rolls</td>
<td>53.16</td>
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<tr>
<td>4 Simon Everett</td>
<td>44.12</td>
<td>4 Liz Hardley</td>
<td>55.20</td>
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<tr>
<td>5 Stuart Cameron</td>
<td>48.31</td>
<td>5 Anais Delafontaine</td>
<td>1.09.34</td>
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<td>6 Ryan Escobar</td>
<td>53.02</td>
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<tr>
<td>7 Steve Sutton</td>
<td>53.49</td>
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<tr>
<td>8 Cedric Pirenne</td>
<td>55.14</td>
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<tr>
<td>9 Phillip Busch</td>
<td>1.35.36</td>
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### Men 50+

| 1 Gavin Hipkins | 43.00 | 1 Liz Hardley | 55.20 |
| 2 Simon Everett | 44.12 |             |       |
| 3 Stuart Cameron| 48.31 |             |       |
| 4 Steve Sutton  | 53.49 |             |       |
| 5 Phillip Busch | 1.35.36 |           |       |

### Women 50+

### Sri Chinmoy 5.6k Race

**War Memorial Park - Sun 03 November 2019**

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<th>Open Men</th>
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<th>Open Women</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>1 Stephen Rawles</td>
<td>26.26</td>
<td>1 Amy Chang</td>
<td>49.54</td>
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<tr>
<td>2 Rohan Whitaker</td>
<td>26.31</td>
<td>2 Hilary Boyd</td>
<td>57.37</td>
</tr>
<tr>
<td>3 Alexander Rawles</td>
<td>29.17</td>
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### Sri Chinmoy 2.5k Race

**War Memorial Park - Sun 03 November 2019**

<table>
<thead>
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<th>Open Men</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>1 Joe Everett</td>
<td>12.15</td>
<td>1 Grace Parkinson</td>
<td>12.56</td>
</tr>
<tr>
<td>2 Leo Lauese</td>
<td>13.55</td>
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