



HERO CUP 17

Sri Chinmoy Self-Transcendence 6-hour European Championship

The Sri Chinmoy Hero-Cup combines all 6-hour races staged by the Sri Chinmoy Marathon Team in Europe. In 2017 the cup expands to the east, north and west to now include the races in Belgrade, Amsterdam, Riga and Kiev where the 2017 series started on Sept. 17, 2016. The final will be held in Munich, Germany on Sept. 9.

Ranking Points: At each race, points will be given to the top 40 men and women. The ranking points breakdown is 100-88-78-72-68-66-64-62-60-58-56-54-52-50 down to 1 point.

Cup Finale: Ranking points in the final race in Munich are increased by 20% then rounded. This gives the finale a prominent place in the series.

Appearance points: Every starter at a series race earns 10 appearance points per race regardless of his or her ranking.

Ranking: The three (3) best results and all appearance points are scored in the overall ranking for each runner. In the result of a tie for a podium position, head-to-head results are considered with the series final as the most important result.

Winners: The female and male Cup winners will be crowned 'Sri Chinmoy Self-Transcendence 6-hour European Champions' at the finale in Munich.

Entry is direct through individual race directors. All runners will be automatically added to the series.

Hero-Cup 2017 race series

- **Race 1 – 17. September 2016**
Self-Transcendence 6+12+24-hour race,
Kiev, Ukraine
- **Race 2 – 24. September 2016**
Self-Transcendence 6+12+24-hour race,
Belgrade, Serbia
- **Race 3 – 1. October 2016**
Self-Transcendence 6-hour race,
Amsterdam, The Netherlands
- **Race 4 – 18. March 2017**
Sri Chinmoy 6-hour race,
Nuremberg, Germany
- **Race 5 – 7. May 2017**
Self-Transcendence 6-hour race,
Vienna, Austria
- **Race 6 – 20. May 2017** (date to be confirmed)
6/12 h & 100 km Race, Nitra, Slovakia
- **Race 7 – 27. May 2017** (date to be confirmed)
6/12 h & 100 km Self-Transcendence Race
Prague, Czech Republic
- **Race 8 – 8. July 2017**
Sri Chinmoy 6-hour race, Riga, Latvia
- **Race 9 (CUP Final) – 9. September 2017**
Sri Chinmoy Peace-Mile 6-hour race,
Munich, Germany