

Sri Chinmoy 5K Race

Battersea Park, London

19 June 2017



**SRI CHINMOY
MARATHON TEAM**



Dashing Deer

WINNERS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE
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Men U/50

1	Xavier	Gruot	Serpentine	M	00:16:22	33
2	Ryan	McCrickerd	Serpentine	M	00:16:42	28
3	Ricky	Owers	Tretn Park	M	00:16:43	30
4	Neil	Hume	Garden City Runners	M	00:16:52	43
5	Nick	Wojek		M	00:16:59	34
6	Jonas	Forot		M	00:17:05	21
7	Richard	Mann	Hillingdon AC	M	00:17:09	26

Women U/50

1	Jane	Vongvorachoti		F	00:18:05	33
2	Sarah	Bailey	Ealing Eagles	F	00:19:48	30
3	Katie	French		F	00:20:09	30
4	Heidi	Marks	Clapham Chasers	F	00:20:47	30
5	Emily	Relton	Bedford & County AC	F	00:21:03	24
6	Laura	Boehm		F	00:21:16	26
7	Hannah	Copeland	Ealing Eagles Running Club	F	00:21:35	41

Men Vet 50

1	John	Foss	South London H	M	00:18:14	58
2	Michael	Prior	Tretn Park	M	00:18:43	50
3	Justin	Bere	Highgate Harriers	M	00:18:44	57

Women Vet 50

1	Helen	Smith	FERC	F	00:23:49	50
2	Elaine	BATTSON	Victoria Park Harriers & Tower	F	00:25:05	51
3	Ana	Osorio		F	00:26:30	53

Men Vet 60

1	Ian	Mursell	Vets AC	M	00:22:57	65
2	Kevin	McLellan	Serpentine	M	00:24:12	64

Women Vet 60

1	Andrea	Sanders Reece	Mornington Chasers	F	00:24:41	61
2	Sarah	Newton	Serpentine	F	00:25:53	60

Men Vet 70

1	Cliff	Collins		M	00:26:33	80
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Men Under 16

1	Peter	Empey		M	00:30:20	14
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ALL RESULTS BELOW

“Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 66,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36.0, your free personalised running biog page includes your current national ranking by age band and postcode, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on <http://www.runbritainrankings.com/user/claimhandicap.aspx>”

RESULTS

RANK	FIRST NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Xavier	Gruot	Serpentine	M	00:16:22	33	M U/50	1
2	Ryan	McCrickerd	Serpentine	M	00:16:42	28	M U/50	2
3	Ricky	Owers	Tretn Park	M	00:16:43	30	M U/50	3
4	Neil	Hume	Garden City Runners	M	00:16:52	43	M U/50	4
5	Nick	Wojek		M	00:16:59	34	M U/50	5
6	Jonas	Forot		M	00:17:05	21	M U/50	6
7	Richard	Mann	Hillingdon AC	M	00:17:09	26	M U/50	7
8	Peter	Wooldridge	Serpentine	M	00:17:11	28	M U/50	8
9	Daniel	Johns	London Heathside	M	00:17:12	40	M U/50	9
10	Sam	Cornforth	Springfield Striders	M	00:17:13	24	M U/50	10
11	Andrew	Snook	Stragglers	M	00:17:23	36	M U/50	11
12	David	Murray	Kirkintilloch Olympians	M	00:17:23	34	M U/50	12
13	Nick	Gold	Highgate H	M	00:17:27	44	M U/50	13
14	Neil	Fraser	Hercules Wimbledon	M	00:17:29	29	M U/50	14
15	Duncan	McKellar	Clapham Chasers	M	00:17:29	21	M U/50	15
16	Andre	Benatar	Clapham Chasers	M	00:17:39	35	M U/50	16
17	Robert	Tansey		M	00:17:43	45	M U/50	17
18	Joe	Elliott	Clapham Chasers	M	00:17:54	22	M U/50	18
19	Jose Manuel	Pabon	Ealing Eagles Running Club	M	00:17:57	34	M U/50	19
20	Joe	Garrood	London Heathside Runners AC	M	00:18:02	31	M U/50	20
21	Jane	Vongvorachoti		F	00:18:05	33	W U/50	1
22	James	Greene	Swansea Trotters	M	00:18:09	26	M U/50	21
23	Chris	Elliott	Clapham Chasers	M	00:18:11	33	M U/50	22
24	Michael	Cockings	London Heathside	M	00:18:12	37	M U/50	23
25	John	Foss	South London H	M	00:18:14	58	M Vet 50	1
26	Paul	Hunt	Clapham Chasers	M	00:18:30	36	M U/50	24
27	Andrew	Davies	Hercules Wimbledon	M	00:18:32	43	M U/50	25
28	David	Scrimshaw	hercules wimbledon ac	M	00:18:34	35	M U/50	26
29	Martin	Carmack	Serpentine	M	00:18:38	47	M U/50	27
30	Michael	Prior	Tretn Park	M	00:18:43	50	M Vet 50	2
31	Justin	Bere	Highgate Harriers	M	00:18:44	57	M Vet 50	3
32	Joshua	Lawless		M	00:19:01	26	M U/50	28
33	Doug	Reindle	London Heathside Runners	M	00:19:05	38	M U/50	29

34	Steven	Jones	Swansea Trotters	M	00:19:14	27	M U/50	30
35	Philip	Hogg	London Heathside	M	00:19:40	47	M U/50	31
36	David	Miller		M	00:19:43	34	M U/50	32
37	Adam	May	Hercules Wimbledon	M	00:19:43	36	M U/50	33
38	Sarah	Bailey	Ealing Eagles	F	00:19:48	30	W U/50	2
39	thomas	cheetham	hercules wimbledon ac	M	00:19:50	50	M Vet 50	4
40	Allan	Cox	Clapham Chasers	M	00:19:53	40	M U/50	34
41	Rik	English		M	00:20:02	38	M U/50	35
42	Paul	Lewis		M	00:20:03	40	M U/50	36
43	Katie	French		F	00:20:09	30	W U/50	3
44	Sam	Blackshaw	Clapham Chasers	M	00:20:16	25	M U/50	37
45	Peter	Marshall	Serpentine	M	00:20:18	46	M U/50	38
46	Kenneth	McCallum		M	00:20:22	46	M U/50	39
47	Mark	George	London Heathside	M	00:20:24	50	M Vet 50	5
48	Daniel	Day	Datchet Dashers	M	00:20:39	36	M U/50	40
49	Heidi	Marks	Clapham Chasers	F	00:20:47	30	W U/50	4
50	Piero	Delmonte		M	00:20:50	45	M U/50	41
51	Christian	Tighe	Serpentine	M	00:20:57	21	M U/50	42
52	Emily	Relton	Bedford & County AC	F	00:21:03	24	W U/50	5
53	Hannu	Simola	London City Athletics Club	M	00:21:10	37	M U/50	43
54	Laura	Boehm		F	00:21:16	26	W U/50	6
55	Fadi	Hayek		M	00:21:17	37	M U/50	44
56	Myles	Hanson-Vaux		M	00:21:21	26	M U/50	45
57	Jean charles	Sabran	Clapham pioneers	M	00:21:22	46	M U/50	46
58	Richard	Snook		M	00:21:23	34	M U/50	47
59	Peter	Bowler	Serpentine	M	00:21:24	48	M U/50	48
60	Paul	Turnbull		M	00:21:28	35	M U/50	49
61	Glynn	McDonald	London Fronrunners	M	00:21:31	54	M Vet 50	6
62	Hannah	Copeland	Ealing Eagles Running Club	F	00:21:35	41	W U/50	7
63	Ann Kristin	Mathiesen	Fulham RC	F	00:21:39	34	W U/50	8
64	Tom	Bedwell	London Heathside Runners	M	00:21:46	38	M U/50	50
65	Neil	Colquhoun	London Fronrunners	M	00:21:48	40	M U/50	51
66	Kevin	Hooker		M	00:21:53	36	M U/50	52
67	Andy	Naylor		M	00:21:59	35	M U/50	53
68	Steve	Jones		M	00:22:28	37	M U/50	54
69	Rafal	Mostowy		M	00:22:35	33	M U/50	55
70	Tom	Morris	Hercules Wimbledon	M	00:22:41	59	M Vet 50	7
71	Robin	Gibb		M	00:22:57	37	M U/50	56
72	Ian	Mursell	Vets AC	M	00:22:57	65	M Vet 60	1
73	Darren	Hyatt		M	00:22:59	32	M U/50	57
74	Derek	Clark	London Fronrunners	M	00:23:17	49	M U/50	58
75	Joao	Santos		M	00:23:34	40	M U/50	59
76	Charlotte	Johnson	Ealing Eagles Running Club	F	00:23:38	24	W U/50	9
77	Helen	Smith	FERC	F	00:23:49	50	W Vet 50	1
78	Max	Burrows		M	00:24:10	23	M U/50	60
79	Kevin	McLellan	Serpentine	M	00:24:12	64	M Vet 60	2
80	Keith	McNaught	serpentine running club	M	00:24:39	43	M U/50	61
81	Andrea	Sanders Reece	Mornington Chasers	F	00:24:41	61	W Vet 60	1
82	Anthony	Alleyne		M	00:24:42	46	M U/50	62
83	Ian	Hall	Serpentine	M	00:24:46	64	M Vet 60	3

84	Elaine	BATTSON	Victoria Park Harriers & Tower	F	00:25:05	51	W Vet 50	2
85	David	Tang	London Frontrunners	M	00:25:13	47	M U/50	63
86	Jen	Kingwill	west 4 harriers	F	00:25:25	36	W U/50	10
87	Sarah	Newton	Serpentine	F	00:25:53	60	W Vet 60	2
88	John	Grigg	Fulham Running Club	M	00:25:58	63	M Vet 60	4
89	Clare	Boutle	Barnet & District	F	00:26:19	48	W U/50	11
90	Jason	Hill	BBC Running Club	M	00:26:24	44	M U/50	64
91	Alvaro	Perez		M	00:26:29	33	M U/50	65
92	Ana	Osorio		F	00:26:30	53	W Vet 50	3
93	Cliff	Collins		M	00:26:33	80	M Vet 70	1
94	Steve	Butcher		M	00:27:10	59	M Vet 50	8
95	Martinez	Monte		F	00:27:27	45	W U/50	12
96	Judith	Clarkson	Fulham Running Club	F	00:27:30	45	W U/50	13
97	Michael	Leigh	Hercules Wimbledon	M	00:27:36	73	M Vet 70	2
98	Susan	Virtanen	Clapham Runners	F	00:27:48	39	W U/50	14
99	Inga	Borgmann		F	00:29:16	25	W U/50	15
100	David	Winston	ashford and district rrc	M	00:29:16	34	M U/50	66
101	Joanna	Mostowy		F	00:30:11	27	W U/50	16
102	Megan	Empey		F	00:30:20	17	W U/50	17
103	Peter	Empey		M	00:30:20	14	M U/16	1
104	Robert	Ravelli	London Frontrunners	M	00:30:28	60	M Vet 60	5
105	Susan	Empey		F	00:31:44	48	W U/50	18
106	Gordon	Empey		M	00:31:44	48	M U/50	67
107	Laure	Selle	Fulham RC	F	00:32:26	38	W U/50	19
108	Peter	Mackintosh	Serpentine	M	00:33:13	31	M U/50	68
109	Edwin	Bartlett	Vets AC	M	00:36:05	72	M Vet 70	3
110	Sarah	Allport		F	00:39:09	42	W U/50	20