

# Sri Chinmoy 5 Mile Race

Telopea Park : 13 Jun 2011

60 Runners

## Male Under 50 : 5 Laps in Category : 23 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	414	Stuart Grey	5:31	5:42	5:49	5:49	5:39				28:30	
2	416	Joshua Torley	5:32	5:43	5:48	5:50	5:42				28:35	0:05
3	418	David Denny	5:48	6:03	6:16	6:18	6:12				30:37	2:07
4	411	Derek Collinge	6:17	6:07	6:15	6:14	6:15				31:08	2:38
5	415	Michael Torley	5:55	6:27	6:18	6:50	6:27				31:57	3:27
6	420	Steve Johnstone	6:16	6:24	6:32	6:32	6:18				32:02	3:32
7	425	Ben Newman	6:08	6:28	6:43	6:43	6:32				32:34	4:04
8	423	Andrew Simpson	6:21	6:31	6:39	6:39	6:33				32:43	4:13
9	421	Zsombor Nemeth	6:45	6:35	6:48	6:45	6:35				33:28	4:58
10	403	Geoff Ives	6:31	6:56	7:00	7:03	6:58				34:28	5:58
11	405	Paul Torley	6:53	7:04	7:06	7:05	6:30				34:38	6:08
12	406	Luke Hickey	6:51	7:13	7:26	7:21	7:06				35:57	7:27
13	413	Nicholas Ong	7:01	7:28	7:17	7:20	7:15				36:21	7:51
14	401	Kim Houghton	7:14	7:27	7:45	7:45	7:36				37:47	9:17
15	402	Robert Gibson	7:55	7:49	7:58	8:02	7:48				39:32	11:02
16	419	Andrew Pearce	7:49	7:57	8:25	8:03	7:42				39:56	11:26
17	424	Ian Alder	7:23	8:13	8:38	8:52	8:19				41:25	12:55
18	409	Ben Sangster	8:37	9:16	9:58	9:52	9:42				47:25	18:55
19	408	Michael Calis	8:29	9:10	9:29	10:25	10:04				47:37	19:07
20	417	Lachlan Mclean	10:42	10:08	10:23	10:51	10:25				52:29	23:59
21	407	David Hamer	8:03	8:38	9:58	13:47	13:17				53:43	25:13
22	404	Brad Armstrong	9:57	10:32	11:05	14:05	11:28				57:07	28:37
DNF	422	Keith Casilles-Southgate	5:35	5:42	6:24						DNF	

# Sri Chinmoy 5 Mile Race

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60 Runners

**Male 50-59** : 5 Laps in Category : 2 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	542	David Alder	6:37	6:35	6:35	6:34	6:26				<b>32:47</b>	
2	541	Michael Leahey	6:43	6:56	7:10	7:06	6:59				<b>34:54</b>	2:07

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60 Runners

**Male 60-69** : 5 Laps in Category : 1 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	571	Jim White	7:41	8:29	8:37	8:52	9:31				43:10	

# Sri Chinmoy 5 Mile Race

Telopea Park : 13 Jun 2011

60 Runners

## Female Under 50 : 5 Laps in Category : 29 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	628	Natasha Cole	5:43	5:54	5:55	5:56	5:59				29:27	
2	625	Gillian Sohun	7:20	7:30	7:32	7:36	7:28				37:26	7:59
3	630	Linda Gray	7:11	7:37	7:43	7:50	7:32				37:53	8:26
4	624	Christina Thorne	7:18	7:26	7:44	7:56	7:58				38:22	8:55
5	616	Kylie Fitzsimmons	7:52	8:02	8:37	8:29	8:07				41:07	11:40
6	627	Kate Savage	8:10	8:28	8:20	8:16	8:17				41:31	12:04
7	632	Jane Hickey	8:06	8:21	8:29	8:30	8:12				41:38	12:11
8	631	Louise Patton	8:07	8:47	8:49	8:59	8:36				43:18	13:51
9	603	Simone Annis	7:54	8:28	9:02	9:02	9:01				43:27	14:00
10	621	Lorena Blacklock	8:14	8:37	8:58	9:10	8:58				43:57	14:30
11	605	Molly Christou	8:42	9:15	9:05	9:15	9:06				45:23	15:56
12	615	Melanie Carmody	8:23	9:20	9:22	9:22	8:59				45:26	15:59
13	626	Annika MacLaren	8:44	9:07	9:13	9:20	9:17				45:41	16:14
14	601	Deborah Kresevic	9:19	9:11	9:11	9:20	9:09				46:10	16:43
15	606	Marie Patrick	9:30	9:30	9:11	9:31	9:12				46:54	17:27
16	610	Averil Templar	9:01	9:08	9:43	9:52	9:42				47:26	17:59
17	607	Ngaire Schumacher	9:55	10:01	10:00	10:02	9:46				49:44	20:17
18	608	Avryl Lattin	9:39	10:02	10:12	10:21	9:49				50:03	20:36
19	618	Roseleen Lenehan	10:24	10:02	11:15	10:14	10:27				52:22	22:55
20	602	Deb Lenehan	10:25	9:59	11:16	10:14	10:28				52:22	22:55
21	620	Helga Mclean	10:40	10:06	10:29	10:48	10:25				52:28	23:01
22	622	Sarah Blanch	9:44	10:20	11:14	11:07	11:12				53:37	24:10
23	623	Sheridan Evans	9:45	10:18	11:16	11:07	11:12				53:38	24:11
24	617	Alison Woodger	9:59	11:02	11:16	11:07	11:08				54:32	25:05

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<b>2 5</b>	633	Rebecca Irwin	10:07	10:52	11:10	11:12	11:14				<b>54:35</b>	25:08	
<b>2 6</b>	629	Zohara Lucas	9:42	11:35	10:55	12:01	10:24				<b>54:37</b>	25:10	
<b>2 7</b>	611	Janelle Rowswell	10:52	11:10	11:22	12:05	10:54				<b>56:23</b>	26:56	
<b>2 8</b>	613	Melanie Dziubinski	10:53	11:08	11:21	11:40	11:22				<b>56:24</b>	26:57	
<b>2 9</b>	604	Vickie MacKay	11:31	12:10	11:58	12:24	11:51				<b>59:54</b>	30:27	

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## Female 50-59 : 5 Laps in Category : 5 Runners : 8.115 Kms Total

Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5				Time	Time Dif
1	745	Margaret Phillips	7:51	8:23	8:41	8:58	8:57				42:50	
2	743	Pam Faulks	8:57	9:08	9:15	9:31	9:22				46:13	3:23
3	742	Fiona Cummings	9:12	9:45	9:47	9:59	9:51				48:34	5:44
4	741	Jennifer Gilchrist	10:11	10:08	10:14	10:19	9:56				50:48	7:58
5	744	Maria Rosengarten	12:26	13:41	15:06	14:11	13:53				1:09:17	26:27