



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Female Under 20 : 4 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|--------------------|------------|-------|-------|----|------|-------|----|------|-------|-----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 22 | 2 | 203 | Therese Hancox | 1:13:56 | | 8:39 | 21 | 2 | 41:14 | 34 | 2 | 24:03 | 32 | 1 |
| 2 | 51 | 7 | 202 | Alice Wallett | 1:21:02 | 7:06 | 7:21 | 4 | 1 | 36:36 | 6 | 1 | 37:05 | 107 | 4 |
| 3 | 67 | 13 | 201 | Emma O'Shaughnessy | 1:24:33 | 10:37 | 8:43 | 23 | 3 | 46:49 | 74 | 4 | 29:01 | 83 | 2 |
| 4 | 76 | 19 | 204 | Magdalen Elmitt | 1:26:25 | 12:29 | 10:43 | 76 | 4 | 45:46 | 62 | 3 | 29:56 | 90 | 3 |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Female 20-29 : 13 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|----------------------|------------|-------|-------|-----|------|---------|-----|------|-------|-----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 25 | 3 | 243 | Jacqueline McDermott | 1:14:47 | | 8:53 | 30 | 1 | 41:03 | 32 | 1 | 24:51 | 43 | 2 |
| 2 | 59 | 11 | 239 | Ruth Bradbury | 1:22:36 | 7:49 | 9:17 | 43 | 4 | 46:22 | 67 | 3 | 26:57 | 65 | 5 |
| 3 | 66 | 12 | 241 | Kate Griffiths | 1:24:29 | 9:42 | 9:00 | 34 | 3 | 49:55 | 90 | 6 | 25:34 | 53 | 3 |
| 4 | 68 | 14 | 232 | Laurel Cavenagh | 1:24:34 | 9:47 | 8:58 | 32 | 2 | 46:23 | 69 | 4 | 29:13 | 86 | 7 |
| 5 | 69 | 15 | 240 | Aoife Clarke | 1:24:47 | 10:00 | 14:55 | 117 | 11 | 46:03 | 63 | 2 | 23:49 | 25 | 1 |
| 6 | 86 | 23 | 242 | Beth Greenup | 1:30:53 | 16:06 | 15:20 | 119 | 13 | 48:50 | 87 | 5 | 26:43 | 61 | 4 |
| 7 | 101 | 26 | 235 | Alexandra Ivett | 1:39:45 | 24:58 | 10:30 | 70 | 5 | 57:11 | 103 | 9 | 32:04 | 99 | 8 |
| 8 | 104 | 28 | 244 | Nina Boughey | 1:41:33 | 26:46 | 11:22 | 88 | 7 | 53:38 | 99 | 7 | 36:33 | 105 | 9 |
| 9 | 105 | 29 | 231 | Charlene Lim | 1:43:29 | 28:42 | 13:07 | 111 | 9 | 53:46 | 100 | 8 | 36:36 | 106 | 10 |
| 10 | 108 | 31 | 238 | Morwenna Collett | 1:52:15 | 37:28 | 15:06 | 118 | 12 | 59:51 | 106 | 10 | 37:18 | 108 | 11 |
| 11 | 111 | 33 | 237 | Melissa Polkinghorne | 2:10:05 | 55:18 | 13:54 | 116 | 10 | 1:27:07 | 111 | 11 | 29:04 | 85 | 6 |
| DNF | DNF | DNF | 234 | Emily Heal | DNF | | 10:42 | 75 | 6 | | | | | | |
| DNF | DNF | DNF | 236 | Kyna Reddan | DNF | | 11:39 | 93 | 8 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Female 30-39 : 13 Triathletes

| Placings | | | Triathletes No. Name | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------------------|------------|-------|-------|-----|------|---------|-----|------|-------|----|------|
| Cat | O/All | Sex | | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 9 | 1 | 278 Jodie Barker | 1:09:11 | | 8:50 | 26 | 2 | 39:33 | 16 | 1 | 20:48 | 8 | 1 |
| 2 | 38 | 5 | 282 Robyn Winn | 1:17:34 | 8:23 | 9:54 | 53 | 3 | 43:50 | 51 | 3 | 23:50 | 27 | 2 |
| 3 | 54 | 8 | 274 Celina Miller | 1:21:23 | 12:12 | 8:35 | 19 | 1 | 44:54 | 54 | 4 | 27:54 | 73 | 8 |
| 4 | 55 | 9 | 277 Samantha Rampant | 1:21:26 | 12:15 | 10:48 | 78 | 5 | 43:39 | 49 | 2 | 26:59 | 66 | 6 |
| 5 | 74 | 17 | 283 Lorna Barr | 1:26:10 | 16:59 | 13:41 | 115 | 12 | 47:06 | 77 | 5 | 25:23 | 48 | 4 |
| 6 | 75 | 18 | 281 Joanna Guilfoyle | 1:26:15 | 17:04 | 11:57 | 95 | 7 | 47:26 | 79 | 6 | 26:52 | 64 | 5 |
| 7 | 84 | 22 | 279 Nicole Hodge | 1:30:25 | 21:14 | 12:36 | 103 | 9 | 48:30 | 82 | 7 | 29:19 | 88 | 10 |
| 8 | 87 | 24 | 273 Jody Green | 1:31:09 | 21:58 | 12:59 | 109 | 11 | 48:53 | 88 | 8 | 29:17 | 87 | 9 |
| 9 | 88 | 25 | 271 Roz Robertson | 1:31:22 | 22:11 | 10:33 | 72 | 4 | 53:01 | 98 | 9 | 27:48 | 72 | 7 |
| 10 | 107 | 30 | 285 Lace Wang | 1:47:56 | 38:45 | 11:23 | 89 | 6 | 1:12:40 | 109 | 10 | 23:53 | 28 | 3 |
| 11 | 110 | 32 | 284 Jenni Tedesco | 1:56:35 | 47:24 | 12:19 | 100 | 8 | 1:12:47 | 110 | 11 | 31:29 | 95 | 11 |
| DNF | DNF | DNF | 276 Michelle Burns | DNF | | 12:56 | 108 | 10 | | | | | | |
| DNF | DNF | DNF | 272 Caitrin Dunn | DNF | | 15:33 | 120 | 13 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Female 40-49 : 5 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|-----------------|------------|-------|-------|----|------|-------|-----|------|-------|-----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 34 | 4 | 324 | Michelle Elmitt | 1:16:26 | | 9:46 | 52 | 3 | 41:10 | 33 | 1 | 25:30 | 52 | 1 |
| 2 | 49 | 6 | 321 | Debbi Henniker | 1:19:18 | 2:52 | 9:43 | 48 | 2 | 42:00 | 40 | 2 | 27:35 | 70 | 2 |
| 3 | 57 | 10 | 323 | Jane Rudgley | 1:21:45 | 5:19 | 10:22 | 67 | 4 | 43:48 | 50 | 3 | 27:35 | 70 | 2 |
| 4 | 72 | 16 | 325 | Tracy Kastelein | 1:25:54 | 9:28 | 9:11 | 40 | 1 | 48:22 | 81 | 4 | 28:21 | 79 | 4 |
| 5 | 103 | 27 | 322 | Sharon Pettit | 1:40:24 | 23:58 | 10:34 | 73 | 5 | 55:45 | 102 | 5 | 34:05 | 101 | 5 |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Female 50-59 : 2 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|------------------|------------|------|-------|-----|------|-------|----|------|-------|----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 79 | 20 | 362 | Robyn McClelland | 1:28:33 | | 12:32 | 102 | 1 | 47:22 | 78 | 2 | 28:39 | 82 | 1 |
| 2 | 83 | 21 | 361 | Lindy Hou | 1:29:23 | 0:50 | 16:51 | 122 | 2 | 41:02 | 31 | 1 | 31:30 | 96 | 2 |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male Under 20 : 8 Triathletes

| Placings | | | | Triathletes | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-----|-----------------------|------------|-------|-------|-----|------|-------|----|------|-------|----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 1 | 1 | 8 | Brayden Clews-Proctor | 58:46 | | 6:43 | 1 | 1 | 33:54 | 1 | 1 | 18:09 | 1 | 1 |
| 2 | 2 | 2 | 6 | Jack Bigmore | 1:02:32 | 3:46 | 6:57 | 3 | 3 | 36:40 | 7 | 2 | 18:55 | 4 | 2 |
| 3 | 5 | 5 | 1 | William Cannon | 1:06:44 | 7:58 | 8:29 | 16 | 5 | 37:13 | 8 | 3 | 21:02 | 9 | 3 |
| 4 | 61 | 50 | 3 | Tom Ludington | 1:22:54 | 24:08 | 8:41 | 22 | 6 | 45:44 | 61 | 5 | 28:29 | 81 | 6 |
| 5 | 64 | 53 | 9 | Duncan Robson | 1:23:18 | 24:32 | 12:49 | 106 | 8 | 46:58 | 76 | 6 | 23:31 | 23 | 4 |
| 6 | 70 | 55 | 4 | Jared Ross | 1:25:34 | 26:48 | 12:11 | 97 | 7 | 45:06 | 55 | 4 | 28:17 | 78 | 5 |
| DNF | DNF | DNF | 7 | Declan Moore | DNF | | 6:51 | 2 | 2 | | | | | | |
| DNF | DNF | DNF | 2 | Hugh Harrison | DNF | | 7:56 | 8 | 4 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male 20-29 : 20 Triathletes

| Placings | | | Triathletes | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-----------------------------|------------|-------|-------|----|------|---------|-----|------|-------|-----|------|
| Cat | O/All | Sex | No. Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 8 | 8 | 47 Ken Gibson | 1:09:05 | | 9:33 | 45 | 9 | 38:26 | 10 | 2 | 21:06 | 10 | 1 |
| 2 | 16 | 15 | 53 Tyrone Compton | 1:11:47 | 2:42 | 8:51 | 27 | 8 | 36:11 | 2 | 1 | 26:45 | 62 | 12 |
| 3 | 19 | 18 | 51 Justin Pacione | 1:12:32 | 3:27 | 9:44 | 51 | 11 | 39:44 | 17 | 4 | 23:04 | 20 | 5 |
| 4 | 20 | 19 | 52 Jack Flynn | 1:12:43 | 3:38 | 8:22 | 14 | 4 | 38:54 | 13 | 3 | 25:27 | 50 | 10 |
| 5 | 21 | 20 | 48 Shaun Martin | 1:13:26 | 4:21 | 9:35 | 46 | 10 | 40:35 | 26 | 6 | 23:16 | 21 | 6 |
| 6 | 23 | 21 | 41 Andrew Minahan | 1:14:06 | 5:01 | 8:03 | 9 | 1 | 41:50 | 37 | 9 | 24:13 | 35 | 7 |
| 7 | 28 | 25 | 45 Alexander Hal Tilemann | 1:15:05 | 6:00 | 10:07 | 60 | 12 | 43:36 | 48 | 11 | 21:22 | 11 | 2 |
| 8 | 30 | 27 | 46 Tim Cuddihy | 1:15:36 | 6:31 | 12:11 | 97 | 20 | 40:24 | 22 | 5 | 23:01 | 19 | 4 |
| 9 | 35 | 31 | 34 Tommy Morwood | 1:16:31 | 7:26 | 8:34 | 18 | 5 | 46:22 | 67 | 13 | 21:35 | 13 | 3 |
| 10 | 36 | 32 | 33 Brett Cubbins | 1:17:21 | 8:16 | 8:18 | 11 | 2 | 41:01 | 30 | 7 | 28:02 | 76 | 14 |
| 11 | 38 | 34 | 50 Andrew Harvey | 1:17:34 | 8:29 | 10:36 | 74 | 15 | 41:30 | 36 | 8 | 25:28 | 51 | 11 |
| 12 | 50 | 44 | 42 Sean McGrath | 1:19:41 | 10:36 | 10:53 | 79 | 17 | 43:35 | 47 | 10 | 25:13 | 47 | 9 |
| 13 | 56 | 47 | 49 Tom Middleton | 1:21:37 | 12:32 | 10:25 | 68 | 13 | 46:34 | 72 | 14 | 24:38 | 39 | 8 |
| 14 | 77 | 58 | 54 Phil Threlfall | 1:27:00 | 17:55 | 10:31 | 71 | 14 | 46:13 | 65 | 12 | 30:16 | 91 | 15 |
| 15 | 81 | 61 | 35 Stefan Schneider-Kennedy | 1:28:49 | 19:44 | 12:06 | 96 | 19 | 48:48 | 86 | 16 | 27:55 | 74 | 13 |
| 16 | 96 | 71 | 37 Blake Stevens | 1:35:45 | 26:40 | 11:07 | 83 | 18 | 52:40 | 96 | 17 | 31:58 | 98 | 16 |
| 17 | 99 | 74 | 39 Jonathan Lowe | 1:37:50 | 28:45 | 10:44 | 77 | 16 | 48:06 | 80 | 15 | 39:00 | 110 | 17 |
| DNF | DNF | DNF | 38 Andrew Haymet | DNF | | 8:35 | 19 | 6 | 1:32:43 | 112 | 18 | | | |
| DNF | DNF | DNF | 40 Jonathan Marais | DNF | | 8:21 | 13 | 3 | | | | | | |
| DNF | DNF | DNF | 43 Craig Ashburner | DNF | | 8:45 | 24 | 7 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male 30-39 : 19 Triathletes

| Placings | | | Triathletes | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|---------------------|------------|-------|-------|-----|------|---------|-----|------|-------|-----|------|
| Cat | O/All | Sex | No. Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 3 | 3 | 88 Matthew Fenech | 1:04:49 | | 9:55 | 55 | 6 | 36:13 | 4 | 1 | 18:41 | 3 | 2 |
| 2 | 7 | 7 | 83 Stephen Barter | 1:06:54 | 2:05 | 9:43 | 48 | 4 | 38:36 | 12 | 3 | 18:35 | 2 | 1 |
| 3 | 10 | 9 | 89 Mick Hanbury | 1:09:50 | 5:01 | 8:27 | 15 | 2 | 39:56 | 20 | 4 | 21:27 | 12 | 5 |
| 4 | 13 | 12 | 93 Jason Martin | 1:10:32 | 5:43 | 9:54 | 53 | 5 | 40:32 | 24 | 5 | 20:06 | 6 | 4 |
| 5 | 17 | 16 | 90 Kevin Miller | 1:11:55 | 7:06 | 8:52 | 28 | 3 | 38:35 | 11 | 2 | 24:28 | 38 | 8 |
| 6 | 33 | 30 | 94 Al Palfreyman | 1:16:20 | 11:31 | 9:59 | 56 | 7 | 40:34 | 25 | 6 | 25:47 | 57 | 12 |
| 7 | 41 | 36 | 84 Stuart Layard | 1:18:02 | 13:13 | 10:06 | 58 | 8 | 44:29 | 53 | 9 | 23:27 | 22 | 7 |
| 8 | 44 | 39 | 85 Shane Rattenbury | 1:18:53 | 14:04 | 7:49 | 7 | 1 | 51:44 | 95 | 16 | 19:20 | 5 | 3 |
| 9 | 45 | 40 | 82 Simon Milner | 1:18:58 | 14:09 | 11:28 | 91 | 14 | 42:40 | 42 | 7 | 24:50 | 42 | 10 |
| 10 | 53 | 46 | 73 Adrian Dowling | 1:21:13 | 16:24 | 10:19 | 63 | 9 | 45:28 | 59 | 11 | 25:26 | 49 | 11 |
| 11 | 58 | 48 | 78 Andrew Briggs | 1:22:00 | 17:11 | 10:54 | 80 | 12 | 44:06 | 52 | 8 | 27:00 | 67 | 14 |
| 12 | 63 | 52 | 74 Stewart Camara | 1:23:13 | 18:24 | 12:25 | 101 | 15 | 48:32 | 84 | 15 | 22:16 | 15 | 6 |
| 13 | 65 | 54 | 87 Garry Mills | 1:23:55 | 19:06 | 12:47 | 105 | 16 | 46:30 | 71 | 13 | 24:38 | 39 | 9 |
| 14 | 71 | 56 | 79 David McKenna | 1:25:41 | 20:52 | 13:18 | 113 | 19 | 46:13 | 65 | 12 | 26:10 | 58 | 13 |
| 15 | 73 | 57 | 81 Daniel Watts | 1:26:03 | 21:14 | 10:21 | 65 | 10 | 46:41 | 73 | 14 | 29:01 | 83 | 15 |
| 16 | 85 | 63 | 86 David Matheson | 1:30:38 | 25:49 | 12:52 | 107 | 17 | 45:18 | 57 | 10 | 32:28 | 100 | 18 |
| 17 | 94 | 69 | 92 Michael Cuddihy | 1:34:31 | 29:42 | 10:29 | 69 | 11 | 52:57 | 97 | 17 | 31:05 | 94 | 16 |
| 18 | 109 | 78 | 77 Adam Harris | 1:54:17 | 49:28 | 13:16 | 112 | 18 | 1:09:29 | 107 | 18 | 31:32 | 97 | 17 |
| DNF | DNF | DNF | 91 Jeremy Hawes | DNF | | 11:12 | 86 | 13 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male 40-49 : 24 Triathletes

| Placings | | | Triathletes No. Name | Final Time | | Swim | | | Ride | | | Run | | | | |
|----------|-------|-----|-------------------------|------------|-------|-------|-----|----|-------|------|----|-------|-----|------|---|---|
| Cat | O/All | Sex | | Total | Diff | Time | P | C | PI | Time | P | C | PI | Time | P | C |
| 1 | 4 | 4 | 126 Michael Longhurst | 1:05:17 | | 8:47 | 25 | 4 | 36:17 | 5 | 2 | 20:13 | 7 | 1 | | |
| 2 | 6 | 6 | 125 Andrew Fisher | 1:06:45 | 1:28 | 8:19 | 12 | 2 | 36:12 | 3 | 1 | 22:14 | 14 | 2 | | |
| 3 | 11 | 10 | 130 Gordon Bell | 1:10:14 | 4:57 | 8:32 | 17 | 3 | 37:49 | 9 | 3 | 23:53 | 28 | 6 | | |
| 4 | 12 | 11 | 123 Iain Addinell | 1:10:25 | 5:08 | 7:30 | 5 | 1 | 39:11 | 14 | 4 | 23:44 | 24 | 4 | | |
| 5 | 14 | 13 | 132 Wayne Benham | 1:10:43 | 5:26 | 9:04 | 37 | 8 | 39:21 | 15 | 5 | 22:18 | 16 | 3 | | |
| 6 | 24 | 22 | 140 Dwayne Currie | 1:14:22 | 9:05 | 8:52 | 28 | 5 | 40:45 | 28 | 8 | 24:45 | 41 | 11 | | |
| 7 | 26 | 23 | 121 Glenn Walker | 1:15:00 | 9:43 | 9:10 | 38 | 9 | 40:51 | 29 | 9 | 24:59 | 45 | 12 | | |
| 8 | 27 | 24 | 144 David Garritty | 1:15:03 | 9:46 | 9:24 | 44 | 13 | 41:50 | 37 | 11 | 23:49 | 25 | 5 | | |
| 9 | 29 | 26 | 122 Stephen Vidler | 1:15:08 | 9:51 | 9:12 | 41 | 11 | 40:17 | 21 | 7 | 25:39 | 54 | 13 | | |
| 10 | 31 | 28 | 146 Michael Colquhoun | 1:15:38 | 10:21 | 10:10 | 62 | 16 | 39:46 | 18 | 6 | 25:42 | 56 | 15 | | |
| 11 | 32 | 29 | 143 Retlan Compton | 1:15:45 | 10:28 | 9:01 | 35 | 7 | 42:45 | 43 | 12 | 23:59 | 31 | 7 | | |
| 12 | 42 | 37 | 127 James Smith | 1:18:42 | 13:25 | 11:19 | 87 | 20 | 43:01 | 44 | 13 | 24:22 | 36 | 9 | | |
| 13 | 43 | 38 | 138 Damien Smith | 1:18:43 | 13:26 | 11:02 | 81 | 18 | 43:16 | 45 | 14 | 24:25 | 37 | 10 | | |
| 14 | 45 | 40 | 128 Michael Rybinski | 1:18:58 | 13:41 | 9:10 | 38 | 9 | 41:24 | 35 | 10 | 28:24 | 80 | 19 | | |
| 15 | 48 | 43 | 136 Keith Robertson | 1:19:16 | 13:59 | 10:02 | 57 | 15 | 45:07 | 56 | 16 | 24:07 | 33 | 8 | | |
| 16 | 52 | 45 | 134 John Douglas | 1:21:10 | 15:53 | 12:12 | 99 | 23 | 43:18 | 46 | 15 | 25:40 | 55 | 14 | | |
| 17 | 60 | 49 | 139 Phillip Hennig | 1:22:40 | 17:23 | 10:20 | 64 | 17 | 46:07 | 64 | 17 | 26:13 | 59 | 16 | | |
| 18 | 78 | 59 | 124 Dean Brandt | 1:27:57 | 22:40 | 11:33 | 92 | 21 | 46:50 | 75 | 19 | 29:34 | 89 | 20 | | |
| 19 | 80 | 60 | 131 Chris Long | 1:28:40 | 23:23 | 11:46 | 94 | 22 | 49:47 | 89 | 21 | 27:07 | 68 | 18 | | |
| 20 | 89 | 64 | 133 Martin Finniss | 1:31:56 | 26:39 | 11:03 | 82 | 19 | 54:05 | 101 | 24 | 26:48 | 63 | 17 | | |
| 21 | 90 | 65 | 145 Mick Smith | 1:32:13 | 26:56 | 9:43 | 48 | 14 | 46:23 | 69 | 18 | 36:07 | 104 | 22 | | |
| 22 | 97 | 72 | 142 Rodney Apps | 1:35:54 | 30:37 | 16:23 | 121 | 24 | 48:39 | 85 | 20 | 30:52 | 93 | 21 | | |
| 23 | 100 | 75 | 137 Peter Turner | 1:39:29 | 34:12 | 9:15 | 42 | 12 | 51:25 | 93 | 23 | 38:49 | 109 | 23 | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

| | | | | | | | | | | | | | | |
|----|-----|----|-------------------|---------|-------|------|----|---|-------|----|----|-------|-----|----|
| 24 | 102 | 76 | 129 Daniel Pettit | 1:40:21 | 35:04 | 8:58 | 32 | 6 | 50:31 | 91 | 22 | 40:52 | 111 | 24 |
|----|-----|----|-------------------|---------|-------|------|----|---|-------|----|----|-------|-----|----|



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male 50-59 : 8 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|------------------|------------|-------|-------|-----|------|---------|-----|------|-------|-----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 15 | 14 | 167 | Alexander Gosman | 1:11:09 | | 7:47 | 6 | 1 | 40:24 | 22 | 1 | 22:58 | 18 | 1 |
| 2 | 37 | 33 | 166 | Jeff Irving | 1:17:27 | 6:18 | 10:09 | 61 | 4 | 42:25 | 41 | 2 | 24:53 | 44 | 3 |
| 3 | 61 | 50 | 163 | Jeff Swan | 1:22:54 | 11:45 | 9:38 | 47 | 3 | 45:20 | 58 | 3 | 27:56 | 75 | 6 |
| 4 | 82 | 62 | 162 | Garry Williams | 1:28:50 | 17:41 | 13:06 | 110 | 8 | 48:30 | 82 | 4 | 27:14 | 69 | 5 |
| 5 | 91 | 66 | 164 | Robert Omeara | 1:33:07 | 21:58 | 11:23 | 89 | 7 | 51:01 | 92 | 5 | 30:43 | 92 | 7 |
| 6 | 92 | 67 | 165 | Craig Hardwicke | 1:34:27 | 23:18 | 10:21 | 65 | 5 | 57:45 | 104 | 7 | 26:21 | 60 | 4 |
| 7 | 98 | 73 | 161 | Deane Adams | 1:36:56 | 25:47 | 11:09 | 85 | 6 | 51:41 | 94 | 6 | 34:06 | 102 | 8 |
| 8 | 106 | 77 | 168 | Greg Mitchell | 1:44:47 | 33:38 | 8:14 | 10 | 2 | 1:12:39 | 108 | 8 | 23:54 | 30 | 2 |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

Male 60-69 : 5 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|----------------|------------|-------|-------|-----|------|-------|----|------|-------|-----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 18 | 17 | 183 | Jim Williams | 1:12:00 | | 8:56 | 31 | 1 | 40:39 | 27 | 2 | 22:25 | 17 | 1 |
| 2 | 40 | 35 | 185 | David Bausmann | 1:17:37 | 5:37 | 12:36 | 103 | 4 | 39:50 | 19 | 1 | 25:11 | 46 | 2 |
| 3 | 47 | 42 | 181 | Graeme Jones | 1:18:59 | 6:59 | 9:02 | 36 | 2 | 41:52 | 39 | 3 | 28:05 | 77 | 3 |
| 4 | 95 | 70 | 184 | Geoff Barker | 1:34:35 | 22:35 | 13:19 | 114 | 5 | 45:32 | 60 | 4 | 35:44 | 103 | 4 |
| DNF | DNF | DNF | 182 | Don Smith | DNF | | 10:06 | 58 | 3 | | | | | | |



Sri Chinmoy Sprint Triathlon 2010

Yarralumla Bay : 30 Oct 2010 : 122 Triathletes

Category Results

All-Male Team : 1 Triathletes

| Placings | | | Triathletes | | Final Time | | Swim | | | Ride | | | Run | | |
|----------|-------|-----|-------------|--|------------|------|-------|----|------|-------|-----|------|-------|----|------|
| Cat | O/All | Sex | No. | Name | Total | Diff | Time | PI | C.PI | Time | PI | C.PI | Time | PI | C.PI |
| 1 | 93 | 68 | 431 | The Three Amigos (Stuart, Ed & Duncan) | 1:34:30 | | 11:08 | 84 | 1 | 59:11 | 105 | 1 | 24:11 | 34 | 1 |