

# Sri Chinmoy National Capital Swim

## Results Key...

**DNC** A lap was defaulted (pink background)  
**DNF** Did Not Finish the race

## Placings Key

**3:57:59** Leg Time  
 Overall Place **32** **3** **10** **2** Group Place by sex  
 Category Place Overall Place by sex

## Race Results - Overall Lake Burley Griffin, Canberra : 8 Nov 2009

O'all Place	Race Category	No.	Cat	Cat Dif	Race Time	O'all Dif	Individual Leg Splits			
Place	Athlete or Team Name	Place					Swim 1 : 1.79 Km	Swim 2 : 2.53 Km	Swim 3 : 2.76 Km	Swim 4 : 1.87 Km
1	Team Plenty Quick	403	1		2:00:25		Ciaran Plenty 24:10 6 1 6 1	Jessica Traficante 34:04 1 1 1 1	Dylan Apelqvist 40:05 1 1 1 1	Georgia Hardy 22:06 3 1 1 1
2	Oliver Bourne	507	1	2:55	2:03:20		22:34 1 1 1	36:06 3 2 2	43:03 3 1 3	21:37 1 1 1
3	Josh Berry	502	2	0:03 2:58	2:03:23		22:37 2 2 2	36:03 2 1 1	43:06 4 2 4	21:37 1 1 1
4	Performance Tri	444	1	6:17	2:06:42		Corey Bacon 24:04 5 2 5 2	Shane Farrant 36:37 4 1 3 1	Adam Rudgley 42:01 2 1 2 1	Andrew Irons 24:00 4 1 3 1
5	Mark Wieland	509	3	10:13 13:08	2:13:33		23:17 4 3 4	37:47 5 3 4	47:47 8 3 7	24:42 5 3 4
6	BJ	442	2	7:59 14:16	2:14:41		John Fleming 23:12 3 1 3 1	Ben Buchler 41:05 8 2 6 2	John Fleming 44:50 5 2 5 2	Ben Buchler 25:34 7 2 6 2
7	Gabriel Mecs	6	1	16:55	2:17:20		24:27 7 1 7	40:27 7 1 5	47:30 6 1 6	24:56 6 1 5

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8	Sal and Nic	Mixed Team	405	2	22:32	2:22:57	22:32	Nicolas Remires 28:15 21 5 17 3	Sally Parker 38:18 6 2 2 2	Sally Parker 47:34 7 2 1 1	Nicolas Remires 28:50 16 5 13 4
9	Paul Higginbotham	Solo Male Under 50 Wetsuit	508	4	21:05	2:24:25	24:00	25:37 8 4 8	41:18 9 4 7	50:39 9 4 8	26:51 9 4 8
10	Andrew Dawes	Solo Male Under 50 Wetsuit	503	5	24:30	2:27:50	27:25	26:14 9 5 9	43:12 13 5 11	50:57 10 5 9	27:27 12 5 10
11	Bonnie Frankcom	Solo Female Under 50 Wetsuit	603	1	30:00	2:30:25	30:00	26:34 11 1 1	43:31 14 1 3	52:56 11 1 2	27:24 11 1 2
12	The hibernators	Mixed Team	401	3	31:19	2:31:44	31:19	Fiona Mavris 27:53 19 4 4 2	Hagen Ganahi 42:53 12 4 10 2	Fiona Mavris 53:47 13 3 3 2	Hagen Ganahi 27:11 10 3 9 2
13	Sixth Time Lucky	Mixed Team	406	4	31:26	2:31:51	31:26	Alex Gosman 27:02 12 2 11 2	Alex Gosman 41:59 10 3 8 1	Christina Thorne 56:36 16 5 5 3	Alex Gosman 26:14 8 2 7 1
14	Michael Ketchen	Solo Male Under 50	5	2	15:59	2:33:19	32:54	27:33 15 4 13	44:19 16 2 13	53:32 12 2 10	27:55 14 2 12

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15	Mixed Team Beached As	404	5	37:45	2:38:10	37:45	Jo Vaile 27:38 16 3 3 1	Jo Vaile 46:21 19 6 5 3	Scott Glare 54:48 14 4 11 2	Scott Glare 29:23 18 6 14 5
16	Solo Female Under 50 Wetsuit Emma O'Shaughnessy	601	2	7:49	2:38:14	37:49	27:28 14 2 2	46:18 18 2 4	55:30 15 2 4	28:58 17 2 4
17	Solo Male Under 50 Duncan Adams	2	3	26:05	2:43:25	43:00	27:19 13 3 12	46:43 22 4 16	58:02 17 3 12	31:21 24 5 19
18	Solo Female Under 50 Nicola Davidson	103	1		2:43:55	43:30	29:26 24 1 6	47:48 25 1 7	58:25 19 1 7	28:16 15 1 3
19	Solo Male Under 50 Douglas Rauch	1	4	27:15	2:44:35	44:10	27:59 20 6 16	46:06 17 3 14	59:28 22 5 15	31:02 22 3 17
20	Solo Male Under 50 Michael Turrill	4	5	29:08	2:46:28	46:03	27:49 17 5 14	49:00 30 6 22	58:35 20 4 13	31:04 23 4 18
21	Mixed Team David & Julie	402	6	46:08	2:46:33	46:08	Julie Quinn 32:06 32 6 10 3	David Baldwin 43:56 15 5 12 3	Julie Quinn 1:02:38 28 6 10 4	David Baldwin 27:53 13 4 11 3

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O'all Place	Race Athlete or Team Name	Category	No. Place	Cat	Cat Dif	Race Time	O'all Dif	Swim 1 : 1.79 Km	Swim 2 : 2.53 Km	Swim 3 : 2.76 Km	Swim 4 : 1.87 Km
22	David Whalen	Solo Male Under 50 Wetsuit	504	6	45:10	2:48:30	48:05	30:09 26 7 20	48:27 28 8 20	59:05 21 6 14	30:49 20 6 16
23	Bronwyn Platz	Solo Female Under 50 Wetsuit	602	3	19:11	2:49:36	49:11	29:14 23 3 5	47:58 26 3 8	1:00:39 25 3 8	31:45 28 3 6
24	Michael Shortall	Solo Male Under 50 Wetsuit	506	7	46:17	2:49:37	49:12	28:52 22 6 18	46:33 20 6 15	1:01:08 26 7 18	33:04 31 7 23
25	Geoff Llewellyn	Solo Male 70+ Wetsuit	881	1		2:50:26	50:01	30:04 25 1 19	48:34 29 1 21	1:00:23 24 1 17	31:25 25 1 20
26	mollymook ocean swimmers	Open Team All Over 50	471	1		2:52:43	52:18	Michael Gaffney 30:54 29 1 22 4	Michael Gaffney 50:39 32 1 23 5	Graeme Wolfenden 59:34 23 1 16 3	Graeme Wolfenden 31:36 27 1 22 5
27	Sunday Swimmers	Female Team	481	1		2:53:00	52:35	Kim Crawley 36:09 36 2 11 2	Tara Booth 46:39 21 1 6 1	Tara Booth 58:12 18 1 6 1	Melissa Carters 32:00 30 2 8 2
28	Sally Painter	Solo Female Under 50	104	2	12:00	2:55:55	55:30	31:37 31 3 9	50:12 31 2 9	1:02:18 27 2 9	31:48 29 2 7

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Place	Athlete or Team Name	Place	Place	Race Time O'all Dif	Swim 1 : 1.79 Km Swim 2 : 2.53 Km Swim 3 : 2.76 Km Swim 4 : 1.87 Km
29	Rodney Smith	501	8	53:20 56:15	30:15 48:24 1:02:50 35:11 27 8 21 27 7 19 29 8 19 34 8 25
30	Andrew Seymour	7	6	40:43 57:38	26:27 47:37 1:06:20 37:39 10 2 10 23 5 17 33 6 22 36 6 26
31	SWORDfish Girls	483	2	6:28 59:03	Natalie Davies Julia Nikolic Bianca May Natalie Davies 30:18 52:40 1:05:31 30:59 28 1 7 1 35 3 12 3 31 2 11 2 21 1 5 1
32	ADFA SWORDfish Men	443	3	53:18 59:35	Luke Marconi Alex Clothier Mitchell Thomas Ryan Muller 35:02 47:41 1:05:49 31:28 34 4 24 5 24 4 18 4 32 3 21 4 26 4 21 4
33	Tri-ing	441	4	56:49 1:03:06	Lachlan Cameron Lachlan Cameron James Thomas Andrew Burke 27:52 42:30 1:22:37 30:32 18 3 15 3 11 3 9 3 38 5 25 6 19 3 15 3
34	Craig Kentwell	201	1	23:45 1:05:26	33:08 53:52 1:04:13 34:38 33 1 23 36 1 24 30 1 20 32 1 24
35	Amy Hyatt	101	3	23:45 1:07:15	31:25 52:39 1:08:40 34:56 30 2 8 34 3 11 34 3 12 33 3 9

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36	Better Late Than Never	482	3	38:02	3:31:02	1:30:37	Belinda Cavicchi 50:07 38 3 12 3	Jess Faulks 52:34 33 2 10 2	Pam Faulks 1:12:08 35 3 13 3	Millie Cavicchi 36:13 35 3 10 3
37	Club 3	445	5	1:26:21	3:33:03	1:32:38	Ben Cook 35:18 35 5 25 6	Craig Smith 1:00:43 37 5 25 6	Finn Barz 1:16:19 36 4 23 5	Peter Hicks 40:43 38 5 28 6
38	Richard Murray	3	7	1:28:17	3:45:37	1:45:12	37:59 37 7 26	1:05:55 38 7 26	1:21:55 37 7 24	39:48 37 7 27