

21st Self-Transcendence 24 Hour Festival of Running

October 16-17th 2004 Santos Stadium, Adelaide Australia

hosted by the Sri Chinmoy Marathon Team

(provisional results)

24 HOUR NATIONAL CHAMPIONSHIP

Place	Name	Age	State	Marathon	50km	50mile	100km	100miles	FINAL DISTANCE (in kms)
1	Mick Francis	46	WA	3:32:41	4:13:34	7:11:04	9:29:20	15:43:40	221.323
2	John Reidy	37	NSW	3:47:40	4:45:50	8:30:27	11:07:55	20:40:13	184.000*
3	Tony Collins		NSW	4:19:11	5:42:32	10:32:58	13:15:10	21:28:09	181.472
4	Barry Miller	48	WA	4:31:51	5:21:13	8:42:01	11:00:51	20:15:20	179.114*
5	Felicity Joyce	23	NSW	4:42:40	5:38:31	9:26:10	11:54:28	21:52:19	171.543*
6	David Billett	34	SA	5:16:10	6:16:45	10:34:30	13:59:50	23:30:00	166.938*
7	David Jones	63	VIC	5:35:28	6:32:19	11:16:43	14:39:23	23:23:49	166.860*
8	Jerry Zukowski	52	SA	4:42:41	5:50:16	10:28:59	13:18:30	22:59:52	165.559
9	Patrick Goonan	34	VIC	4:51:59	6:03:48	10:20:20	13:19:40	23:25:38	163.613*
10	Geoff Hain	58	Qld	5:29:10	6:37:42	10:52:51	13:46:10	23:30:38	162.000*
11	Sarah Barnett	28	VIC	4:39:38	5:54:03	10:40:42	13:11:48		148.378*
12	John Twartz	61	SA	4:44:55	5:45:30	10:12:24	13:06:27		124.759
13	Anyce Kip Melham	46	NSW	4:28:00	5:19:54	9:22:00	12:13:27		122.800
14	Peter Gray	41	VIC	5:33:31	7:29:26	15:20:25	21:00:03		111.246
15	Eric Trad	59	NSW	6:15:00	7:32:25	12:36:42	15:33:10		111.200
16	Stan Miskin	79	VIC	7:32:43	9:01:16	17:24:50	22:36:16		104.926

* denotes a pb over a 24 Hour period

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12 HOUR EVENT

Place	Name	Age	State	Marathon	50km	50mile	100km	FINAL DISTANCE (in kms)
1	Peter Lahiff	69	QLD	4:18:18	5:14:39	9:14:23	11:45:40**	102.433**
2	Tony Good	43	SA	4:21:38	5:27:41	9:40:10		97.472
3	Dennis Vlachos	46	SA	4:30:27	5:40:16	10:43:50		87.583*
4	Deryck Skinner	72	SA	5:27:18	6:49:50	11:15:30		85.583*
5	Susan Bardy	71	SA	6:40:27	8:03:15			73.066

* denotes a pb over a 12 hour period

** pending ratification Peter's results indicate new Australian men's track records (65-69 years category) in the 100km and 12 hour.

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6 HOUR EVENT

Place	Name	Age	State	Marathon	50km	FINAL DISTANCE (in kms)
1	Dirk Thys	34	SA	4:08:30	5:08:58	56.867
2	Shirley Young (f)	74	VIC	4:33:27	5:28:00	54.538
3	Colin Brooks	51	SA	4:39:19	5:37:36	52.880*
4	Wim Michels	35	Belgium	4:50:14	5:48:45	51.691*
5	Gina Pipic (f)	38	NSW	4:50:21		47.549
6	Carol Goonan (f)		VIC	5:40:01		43.616*
7	Sandra Howorth (f)	41	VIC			39.269
8	Patrick Gerace	37	SA			33.798
9	Kazem Abhary	57	SA			31.630*

* denotes a pb over a 6 hour period