

Results Key...

DNC A lap was defaulted (pink background)
DNF Did Not Finish the race

Placings Key

3:57:59 Leg Time
 Overall Place **32** **3** **10** **2** Group Place by sex
 Category Place Overall Place by sex

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Male Team : 2 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	441	The Ripple Effect	36	3:51:42	1:20:25	William Rhind 1:02:12 44 1 26 1	Jeremy Rhind 48:27 19 1 12 1	William Rhind 1:09:44 44 2 25 2	Jeremy Rhind 51:19 21 2 12 2
		Male Team							
2	442	Four-ier Transformation	38	3:56:09	1:24:52 4:27	Sebastien Rougeaux Sheehan 1:04:45 46 2 27 2	Conor Sheehan 1:07:11 45 2 24 2	Xavier Orsatti 53:26 26 1 16 1	James Contable 50:47 18 1 10 1
		Male Team							

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Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Female Team : 2 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	483	LBG Mermaids	25	3:26:49	55:32	Michelle Freer 56:15 41 2 17 2	Jo Abbot 54:58 33 1 16 1	Sarah Hammond 46:54 13 1 5 1	Lili Rogers 48:42 15 1 7 1
Female Team									
2	481	Catch & Release - double shot	34	3:45:30	1:14:13 18:41	Samantha Morley 54:17 36 1 14 1	Monica Lindemann 55:13 34 2 17 2	Samantha Morley 58:30 35 2 15 2	Monica Lindemann 57:30 37 2 17 2
Female Team									

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Group Place by sex

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Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Mixed Team : 1 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	401	BilbyAquanauts	20	3:19:08	47:51	Scott Kristiansen 48:08	Kate Kristiansen 48:45	Scott Kristiansen 49:15	Kate Kristiansen 53:00
		Mixed Team				27 1 19 2	21 1 8 2	18 1 10 1	24 1 11 2

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Overall Place by sex

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Mixed Team All Over 50 : 2 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	436	CSS Plus 3	8	2:58:05	26:48	Dave Peedom 35:40 1 1 1 1	Nicolee Martin 44:25 11 1 3 1	Nicolee Martin 46:52 12 1 4 1	Suzie Gunning 51:08 20 1 9 1
Mixed Team All Over 50									
2	437	True Grit Cruisers	29	3:32:40	1:01:23	Andrew Williamson 49:44 32 2 21 3	Bridget McIntosh 53:31 32 2 15 3	Andrew Williamson 55:34 31 2 18 2	Bridget McIntosh 53:51 29 2 12 3
Mixed Team All Over 50									

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Overall Place: 32 (pink), 3 (purple), 10 (cyan), 2 (light blue)
 Group Place by sex: 10 (cyan), 2 (light blue)
 Category Place: 3 (purple)
 Overall Place by sex: 10 (cyan)

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Female 50-59 : 4 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	251	Judith Smart	26	3:27:15	55:58	47:30 23 1 8	51:14 26 1 11	53:56 27 1 11	54:35 32 2 15
Solo Female 50-59									
2	254	Maranda McLaren	30	3:33:17	1:02:00 6:02	49:35 31 2 11	51:35 27 2 12	55:13 30 2 13	56:54 35 3 16
Solo Female 50-59									
3	256	Mary Yule	32	3:34:18	1:03:01 7:03	50:58 34 3 13	53:28 31 3 14	55:40 32 3 14	54:12 31 1 14
Solo Female 50-59									
4	252	Kylie Sheffield	44	4:09:42	1:38:25 42:27	55:37 39 4 16	1:00:37 42 4 20	1:05:27 43 4 19	1:08:01 44 4 21
Solo Female 50-59									

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10 Overall Place by sex
2 Group Place by sex

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Female 70+ : 1 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	391	Janet Gorst	39	3:57:00	1:25:43	55:32	59:01	1:01:10	1:01:17
		Solo Female 70+				38 1 15	40 1 19	38 1 16	39 1 19

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Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Female Under 50 : 11 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	111	Leah Dodd	7	2:55:19	24:02	41:40 9 1 1	43:28 7 1 1	45:47 7 1 1	44:24 6 2 2
Solo Female Under 50									
2	109	Jodie Millar	9	2:58:29	27:12	42:06 12 3 3	43:45 10 2 2	45:50 8 2 2	46:48 12 5 5
Solo Female Under 50									
3	105	Claire Fishpool	11	3:00:05	28:48	42:35 15 4 4	44:40 12 3 4	46:14 10 3 3	46:36 10 3 3
Solo Female Under 50									
4	107	Gwenola Le Lu	12	3:00:53	29:36	42:00 11 2 2	44:58 14 4 5	47:10 15 4 6	46:45 11 4 4
Solo Female Under 50									
5	108	Jessica Martin	13	3:01:13	29:56	43:15 16 5 5	46:16 16 5 6	47:22 16 5 7	44:20 5 1 1
Solo Female Under 50									
6	113	Veronique Wong Kai In	17	3:08:20	37:03	44:27 18 6 6	47:18 18 6 7	48:54 17 6 8	47:41 13 6 6
Solo Female Under 50									

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Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

7	102	23	48:50																			
Amy Wearing			3:20:07	24:48			46:40			49:58			51:35			51:54						
Solo Female Under 50							21	7	7		24	7	9		22	7	9		23	8	10	
8	101	24	51:07																			
Amy Dwyer			3:22:24	27:05			48:28			50:41			52:42			50:33						
Solo Female Under 50							28	8	9		25	8	10		25	8	10		17	7	8	
9	112	31	1:02:10																			
Rebecca Lannin			3:33:27	38:08			50:48			53:25			55:12			54:02						
Solo Female Under 50							33	9	12		30	9	13		29	9	12		30	9	13	
10	110	42	1:31:15																			
Laura Marshall			4:02:32	1:07:13			58:06			1:01:56			1:01:41			1:00:49						
Solo Female Under 50							43	10	18		44	10	21		39	10	17		38	10	18	
11	106	45	2:05:40																			
Elise Ritson			4:36:57	1:41:38			1:04:27			1:09:17			1:10:43			1:12:30						
Solo Female Under 50							45	11	19		46	11	22		45	11	20		45	11	22	

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Group Place by sex

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Overall Place by sex

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Female Under 50 Wetsuit		1 Entries	O'all Dif	Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	601	Raquel Holgado	40	3:57:36	1:26:19	49:21	57:49	1:03:21	1:07:05
		Solo Female Under 50 Wetsuit				29 1 10	37 1 18	41 1 18	43 1 20

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Overall Place

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10 2

Group Place by sex

Category Place

Overall Place by sex

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Male 50-59 : 11 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	204	Greg Taylor	2	2:39:16	7:59	35:48 3 1 3	37:46 2 1 2	43:43 6 2 6	41:59 2 1 2
Solo Male 50-59									
2	206	Michael Prancki	4	2:44:28	13:11 5:12	37:24 5 2 5	39:26 4 2 4	42:33 2 1 2	45:05 8 2 6
Solo Male 50-59									
3	208	Paul Kruger	15	3:04:10	32:53 24:54	40:09 7 3 7	44:44 13 3 9	45:53 9 3 7	53:24 26 6 15
Solo Male 50-59									
4	212	Stuart Godley	16	3:05:43	34:26 26:27	42:08 13 4 10	45:53 15 4 10	49:24 19 4 11	48:18 14 3 8
Solo Male 50-59									
5	213	Trevor Fairhurst	19	3:16:09	44:52 36:53	45:20 20 5 14	48:29 20 5 13	50:50 21 5 13	51:30 22 5 13
Solo Male 50-59									
6	210	Peter Croft	21	3:19:41	48:24 40:25	47:08 22 6 15	49:54 23 6 15	51:38 23 6 14	51:01 19 4 11
Solo Male 50-59									

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7	201	33	1:13:16	Alex Prendergast	Alex Prendergast	Alex Prendergast	Alex Prendergast	
Alex Prendergast			3:44:33	1:05:17	54:22	56:33	58:32	55:06
Solo Male 50-59					37 9 23	35 7 18	36 8 21	33 7 18
8	207	35	1:18:01	Michael Rodda	Michael Rodda	Michael Rodda	Michael Rodda	
Michael Rodda			3:49:18	1:10:02	56:55	57:53	58:26	56:04
Solo Male 50-59					42 11 25	38 9 20	34 7 20	34 8 19
9	205	41	1:27:12	Ian Fischl	Ian Fischl	Ian Fischl	Ian Fischl	
Ian Fischl			3:58:29	1:19:13	54:02	58:08	1:02:43	1:03:36
Solo Male 50-59					35 8 22	39 10 21	40 9 23	40 9 21
10	209	43	1:35:37	Paul Dailey	Paul Dailey	Paul Dailey	Paul Dailey	
Paul Dailey			4:06:54	1:27:38	55:52	1:01:23	1:05:05	1:04:34
Solo Male 50-59					40 10 24	43 11 23	42 10 24	41 10 22
DNF	202	DNF		Aston Duncan	Aston Duncan	Aston Duncan	Aston Duncan	
Aston Duncan			1:45:07		47:38	57:29		
Solo Male 50-59					25 7 17	36 8 19		

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Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Male Under 50 : 9 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	6	Liam Mchugh	1	2:31:17		35:43 2 1 2	37:14 1 1 1	38:10 1 1 1	40:10 1 1 1
Solo Male Under 50									
2	13	Stanley Alston	6	2:49:20	18:03 18:03	41:20 8 2 8	41:52 6 2 6	42:51 4 2 4	43:17 3 2 3
Solo Male Under 50									
3	12	Scott Walker	10	2:58:31	27:14 27:14	42:18 14 4 11	43:35 9 4 8	46:39 11 3 8	45:59 9 3 7
Solo Male Under 50									
4	8	Matt Hogan	14	3:02:27	31:10 31:10	41:43 10 3 9	43:34 8 3 7	47:00 14 4 9	50:10 16 4 9
Solo Male Under 50									
5	5	Lachlan Crowther	18	3:14:05	42:48 42:48	43:16 17 5 12	47:02 17 5 11	50:40 20 5 12	53:07 25 5 14
Solo Male Under 50									
6	7	Mark Mallinson	22	3:19:56	48:39 48:39	45:02 19 6 13	49:09 22 6 14	52:15 24 6 15	53:30 28 7 17
Solo Male Under 50									

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Leg Time

Race Results - Category Lake Burley Griffin, Canberra : 1 Dec 2024

Solo Male Under 50 Wetsuit : 2 Entries		O'all Dif		Individual Leg Splits					
Cat	PI	Athlete or Team Name	O'all PI	Race Time	Cat Dif	Swim 1 : 2.50 Km	Swim 2 : 2.50 Km	Swim 3 : 2.50 Km	Swim 4 : 2.50 Km
1	502	Mark Pollock	3	2:43:21	12:04	37:16	39:21	42:38	44:06
		Solo Male Under 50 Wetsuit				4 1 4	3 1 3	3 1 3	4 1 4
2	501	Glen Sturesteps	5	2:49:15	17:58	39:59	41:45	43:02	44:29
		Solo Male Under 50 Wetsuit				6 2 6	5 2 5	5 2 5	7 2 5