

# 2023 Sri Chinmoy Lennox Gardens Races

## Overall Finisher List 5 Mile run

Rank	Name (Bib)	Time	Cat. Rank	Category
<b>5 Mile run</b>				
1.	Shamsher Foley (1636)	28:49	1.	Male Under 50
2.	Yiannis Eliopoulos (1937)	28:53	2.	Male Under 50
3.	Joe Erskine (2265)	29:47	3.	Male Under 50
4.	Anthony Kennedy (2276)	29:53	1.	Male 50-59
5.	Moss Thompson (1922)	30:22	4.	Male Under 50
6.	Matthew Zeithofer (2312)	30:43	5.	Male Under 50
7.	Sarah King (1717)	31:16	1.	Female Under 50
8.	David Beaven (710)	31:22	2.	Male 50-59
9.	James Brown (390)	33:25	6.	Male Under 50
10.	Shane Maundrell (2320)	33:26	3.	Male 50-59
11.	Mick Hanbury (184)	33:27	4.	Male 50-59
12.	Gavin Mongan (2287)	34:31	7.	Male Under 50
13.	Darren Blackhurst (588)	34:32	5.	Male 50-59
14.	Scott Wright (2309)	37:40	8.	Male Under 50
15.	Jennifer Kellett (352)	37:43	1.	Female 60-69
16.	Lee Steel (888)	37:48	2.	Female Under 50
17.	Kathryn Sliwinski (1457)	38:03	3.	Female Under 50
18.	Amanda Miller (2318)	38:19	4.	Female Under 50
19.	Kim Houghton (137)	38:21	1.	Male 60-69
20.	Rachel Stone (2211)	38:37	5.	Female Under 50
21.	Trevor Jacobs (294)	39:31	1.	Male 70 and Over
22.	Debra Kay (780)	39:54	1.	Female 50-59
23.	Rebecca Granlund (219)	40:00	6.	Female Under 50
24.	Chris Cole (2263)	40:44	9.	Male Under 50
25.	Sharon O'neill (2292)	40:52	7.	Female Under 50
26.	Nathan Johnson (193)	41:24	10.	Male Under 50
27.	Megan Duquette (2315)	42:42	8.	Female Under 50
28.	Peter Szydlik (2208)	42:53	11.	Male Under 50
29.	Jillian Mitchell (1730)	43:00	2.	Female 50-59
30.	Owen Duncanson (2182)	43:06	12.	Male Under 50
31.	Dominique Gallery (2321)	43:32	9.	Female Under 50
32.	Christopher Foley (1635)	43:36	6.	Male 50-59
33.	Mara Nagaki (160)	43:51	10.	Female Under 50
34.	Bill Turner (1420)	43:53	7.	Male 50-59
35.	Clare Szydlik (2209)	44:12	11.	Female Under 50
36.	Laura Jorgensen (2275)	44:17	12.	Female Under 50
37.	Hugh Jorgensen (378)	44:43	8.	Male 50-59
38.	David Humphrey (838)	44:48	13.	Male Under 50
39.	Isabel Dunn (100)	45:01	13.	Female Under 50
40.	Adam Daley (1860)	46:15	14.	Male Under 50
41.	Simone Annis (249)	48:49	3.	Female 50-59
42.	Yvette Turner (1199)	49:41	4.	Female 50-59
43.	Peter Badowski (207)	50:24	2.	Male 70 and Over
44.	Karina Sommers (123)	52:22	5.	Female 50-59
45.	Nick Stilp (2302)	52:58	15.	Male Under 50
46.	Courtney Symes (1816)	54:58	14.	Female Under 50
47.	Hemant Kumar Mulmudi (2252)	56:17	16.	Male Under 50
48.	Sasha Migus (2314)	1:08:55	15.	Female Under 50
49.	Eugenia O'Brien (2291)	1:08:55	16.	Female Under 50

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50.	Karen Bahmann (2256)	1:10:36	17.	Female Under 50
51.	Daniel Bahmann (2255)	1:10:36	17.	Male Under 50
52.	Bethany Hann (2319)	1:15:17	18.	Female Under 50