

Self-Transcendence 5K Race

Organised by Sri Chinmoy AC

Battersea Park, London

Monday 13th July 2015



WINNERS						
RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE
Men U/50						
1	Tom	Martyn	Hunters Bog Trotters	15.05	M	26
2	Jonathan	Laybourn	Highate Harriers	15.48	M	25
3	Mark	Worringham	Reading RR	15.49	M	37
4	Jonathan	Johnson	Harrogate Harriers AC	16.22	M	25
5	Richard	Macaulay	London Heathside	16.23	M	29
6	Ryan	McCrickerd	London Heathside	16.33	M	26
7	Steve	Woolley	West 4 Harriers	16.36	M	33
Women U/50						
1	Georgia	Tindley	Hunters Bog Trotters	17.46	F	22
2	Sophie	Sheldrake	Highate Harriers	18.07	F	28
3	Vicky	Frew	Highate Harriers	18.38	F	37
4	Isobel	Everest	Biggleswade AC	19.00	F	42
5	Tina	Gray	Fulham RC	19.27	F	32
6	April	James-Welsh		19.39	F	37
7	Rosalind	Lee	Serpentine RC	19.47	F	31
Men Vet 50						
1	Neil	Reissland	SLH	16.55	M	50
2	Alex	Davidson	Highate Harriers	17.03	M	53
3	Michael	Ussher	Highate Harriers	17.34	M	52
Women Vet 50						
1	Annette	Helliwell	Collingwood AC	22.43	F	56
2	Sarah	Newton	Serpentine RC	23.38	F	58
3	Beate	Vogt	Serpentine RC	25.40	F	56
Men Vet 60						
1	Philip	Hunter		21.40	M	61
2	David	Hallson	Road Runners Club	21.50	M	62
Women Vet 60						
1	Lesley	Young	Dulwich Park Runners	42.28	F	63
Men Vet 70						
1	Peter	Torre	Mornington Chasers	27.38	M	73

ALL RESULTS BELOW

RESULTS

RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY
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1	Tom	Martyn	Hunters Bog Trotters	15.05	M	26	M U/50	1
2	Jonathan	Laybourn	Highate Harriers	15.48	M	25	M U/50	2
3	Mark	Worringham	Reading RR	15.49	M	37	M U/50	3
4	Jonathan	Johnson	Harrogate Harriers AC	16.22	M	25	M U/50	4
5	Richard	Macaulay	London Heathside	16.23	M	29	M U/50	5
6	Ryan	McCrickerd	London Heathside	16.33	M	26	M U/50	6
7	Steve	Woolley	West 4 Harriers	16.36	M	33	M U/50	7
8	Michael-Pierre	Flipo		16.38	M	35	M U/50	8
9	Mark	Boulton	East London Runners	16.43	M	31	M U/50	9
10	Olly	Collis	Collingwood AC	16.48	M	25	M U/50	10
11	Stuart	Beaney	Kent AC	16.48	M	41	M U/50	11
12	David	Longley	Ealing Eagles Running Club	16.53	M	27	M U/50	12
13	Neil	Reissland	SLH	16.55	M	50	M O/50	1
14	Michael	Longley	Kent AC	16.56	M	27	M U/50	13
15	Stuart	Fraser	Hercules Wimbledon	17.00	M	49	M U/50	14
16	Johnny	Suttle	Queens Park Harriers	17.02	M	27	M U/50	15
17	Alex	Davidson	Highate Harriers	17.03	M	53	M O/50	2
18	Jeremy	Dunnett		17.03	M	28	M U/50	16
19	Jonathan	Moscrop	London Fronrunners	17.12	M	41	M U/50	17
20	Stuart	MacDougall	Bellahouston Harriers	17.17	M	32	M U/50	18
21	Timothy	Bowen	Dulwich Runners AC	17.18	M	31	M U/50	19
22	Stewart	Stanton	Sutton Runners	17.18	M	23	M U/50	20
23	Neil	Kirkham	Mornington Chasers	17.19	M	29	M U/50	21
24	Russell	Price	East London Runners	17.20	M	30	M U/50	22
25	Benjamin	James		17.22	M	40	M U/50	23
26	Dan	Holmes	Clapham Chasers	17.24	M	36	M U/50	24
27	Nic	Harker	Farnham Triathlon Club	17.25	M	41	M U/50	25
28	Thomas	Daley		17.25	M	40	M U/50	26
29	G	Buscaglia	Serpentine RC	17.28	M	32	M U/50	27
30	Eoghan	O'Neill	Fulham RC	17.30	M	33	M U/50	28
31	Duncan	Lawrence	Fulham	17.31	M	27	M U/50	29
32	Michael	Ussher	Highate Harriers	17.34	M	52	M O/50	3
33	Andrew	Davies	Serpentine RC	17.36	M	41	M U/50	30
34	Dominic	Lewis	Bromsgrove + Redditch	17.36	M	37	M U/50	31
35	David	Comb		17.37	M	35	M U/50	32
36	Steven	Artist	London Fronrunners	17.37	M	30	M U/50	33
37	Fred	Holland	London Fronrunners	17.42	M	32	M U/50	34
38	Georgia	Tindley	Hunters Bog Trotters	17.46	F	22	W U/50	1
39	David	Williams	Sutton Runners	17.48	M	43	M U/50	35
40	John	Franklin	Serpentine RC	17.51	M	29	M U/50	36
41	Tom	Webb	Kent	17.51	M	45	M U/50	37

42	Matthieu	Prevot	Clapham Chasers	17.55	M	37	M U/50	38
43	Eberhard	Prill	Dulwich Runners AC	17.57	M	53	M O/50	4
44	Rob	Cope	Dulwich Runners AC	17.59	M	42	M U/50	39
45	Sophie	Sheldrake	Highate Harriers	18.07	F	28	W U/50	2
46	Nick	Haworth	Biggleswade AC	18.09	M	38	M U/50	40
47	Matt	Roberts		18.13	M	37	M U/50	41
48	Paul	Woolley	Datchet Dashers	18.16	M	42	M U/50	42
49	David	Griffiths		18.19	M	32	M U/50	43
50	Tom	Easten	Ealing Eagles Running Club	18.29	M	39	M U/50	44
51	Stephane	Schneider	Serpentine RC	18.34	M	36	M U/50	45
52	Nick	O'Connor		18.36	M	27	M U/50	46
53	Vicky	Frew	Highate Harriers	18.38	F	37	W U/50	3
54	John	Keenan	London Fronrunners	18.47	M	43	M U/50	47
55	Iain	Davie	City of London RC	18.53	M	37	M U/50	48
56	Isobel	Everest	Biggleswade AC	19.00	F	42	W U/50	4
57	Christopher	Curtis	Collingwood AC	19.06	M	49	M U/50	49
58	Nadi	Jahangiri		19.08	M	54	M O/50	5
59	David	Lewis		19.09	M	27	M U/50	50
60	Kieran	Santry	Ealing Eagles Running Club	19.09	M	38	M U/50	51
61	Peter	Ranyard	BBC Running Club	19.12	M	50	M O/50	6
62	David	Miller		19.12	M	33	M U/50	52
63	Andre	Dahlkamp	VPH & THAC	19.20	M	42	M U/50	53
64	Darren	Keane	Hercules Wimbledon	19.22	M	29	M U/50	54
65	Tina	Gray	Fulham RC	19.27	F	32	W U/50	5
66	Darryl	Coulter	Kent AC	19.30	M	44	M U/50	55
67	Jeff	Saul		19.34	M	37	M U/50	56
68	Adam	Williams		19.37	M	44	M U/50	57
69	April	James-Welsh		19.39	F	37	W U/50	6
70	Mark	Agnew		19.42	M	31	M U/50	58
71	Damian	Lewis	Bromsgrove + Redditch	19.44	M	27	M U/50	59
72	Frank	Wood	Hercules Wimbledon	19.45	M	50	M O/50	7
73	Rosalind	Lee	Serpentine RC	19.47	F	31	W U/50	7
74	Damian	Ings	Clapham Runners	19.48	M	41	M U/50	60
75	Manuel	Corriente	Vegetarian Cycling & AC	19.58	M	44	M U/50	61
76	Kevin	Heritage		20.14	M	28	M U/50	62
77	Matthew	O'Brien		20.14	M	44	M U/50	63
78	David	Cornock	Barnes Runners	20.16	M	51	M O/50	8
79	Bernadette	Van Wijk	Serpentine RC	20.20	F	30	W U/50	8
80	David	Prior	Ealing Eagles Running Club	20.24	M	40	M U/50	64
81	Glen	Christie		20.35	M	27	M U/50	65
82	Ian	Barber		20.37	M	41	M U/50	66
83	Will	Tope		20.38	M	25	M U/50	67
84	Isaac	Griffiths		20.39	M	28	M U/50	68
85	Philip	Hickson	Fulham RC	20.56	M	41	M U/50	69
86	Peter	Stevenson		20.57	M	51	M O/50	9
87	Martin	Piper		21.05	M	41	M U/50	70

88	Peter	Mackintosh	Serpentine RC	21.09	M	29	M U/50	71
89	Daniel	Day		21.18	M	34	M U/50	72
90	Sean	Shields		21.20	M	28	M U/50	73
91	Michael	Attenborough	Clapham Chasers	21.23	M	31	M U/50	74
92	Gary	Francis		21.29	M	25	M U/50	75
93	Jason	Sewards	TVH	21.32	M	47	M U/50	76
94	Philip	Hunter		21.40	M	61	M O/60	1
95	Gavin	Chohan		21.46	M	35	M U/50	77
96	Yuan	Gablinger		21.48	M	45	M U/50	78
97	Husmann	Timo		21.48	M	28	M U/50	79
98	Claire	Morris	Ealing Eagles Running Club	21.49	F	36	W U/50	9
99	David	Hallson	Road Runners Club	21.50	M	62	M O/60	2
100	Stefan	Chybowski	Ealing Eagles Running Club	21.51	M	34	M U/50	80
101	Jonathan	Sharrock	Collingwood AC	21.53	M	43	M U/50	81
102	Graham	Laylee	Dulwich Runners AC	21.55	M	58	M O/50	10
103	Garth	Duder		22.03	M	39	M U/50	82
104	Steve	Jones		22.06	M	35	M U/50	83
105	Stuart	Cole		22.08	M	42	M U/50	84
106		Curtis	Collingwood AC	22.13	M	16	M U/50	85
107	Jean-Luc	Hoez	Serpentine RC	22.17	M	57	M O/50	11
108	Thomas	Hughes		22.19	M	28	M U/50	86
109	Harriet	Betteridge	Ealing Eagles Running Club	22.19	F	27	W U/50	10
110	Tom	Irving	Ealing Eagles Running Club	22.19	M	30	M U/50	87
111	Jeremy	Wakeham		22.27	M	40	M U/50	88
112	Annette	Helliwell	Collingwood AC	22.43	F	56	W O/50	1
113	Charlie	Reid		22.51	M	38	M U/50	89
114	Alex	Stroukov		22.56	M	25	M U/50	90
115	Eifion	Lewis	Carmarthen Harriers	22.57	M	46	M U/50	91
116	Linda	Ingram	SLH	22.57	F	47	W U/50	11
117	Lisa	Kerr		23.02	F	33	W U/50	12
118	Tim	Sander	London Heathside	23.04	M	49	M U/50	92
119	Brian	Pickles	Serpentine RC	23.11	M	57	M O/50	12
120	Tony	Gallagher		23.12	M	59	M O/50	13
121	Chris	Leadbetter		23.16	M	33	M U/50	93
122	Math	Richards		23.21	M	24	M U/50	94
123	Sarah	Newton	Serpentine RC	23.38	F	58	W O/50	2
124	Victoria	Harrison		23.47	F	28	W U/50	13
125	Caroline	Gardner		23.47	F	35	W U/50	14
126	Tim	Gray	Collingwood AC	23.48	M	46	M U/50	95
127	Edward	Jarron		23.51	M	33	M U/50	96
128	John	D'Souza	Serpentine RC	23.57	M	49	M U/50	97
129	Grethe	Petersen	Serpentine RC	24.00	F	47	W U/50	15
130	A	Graham		24.05	M	31	M U/50	98
131	Mark	Standing		24.09	M	50	M O/50	14
132	A	Fleming		24.13	M	32	M U/50	99
133	Mike	Hinchliffe	Striders Of Croydon	24.24	M	36	M U/50	100

134	Jamie	Gane		24.40	M	21	M U/50	101
135	Alan	Davidson	Ranelagh Harriers	24.44	M	68	M O/60	3
136	KETYANE	RIOS	Pro Runner	25.13	F	37	W U/50	16
137	Anna	Pringle	Clapham Pioneers	25.24	F	31	W U/50	17
138	Nadine	Lee	Clapham Pioneers	25.39	F	47	W U/50	18
139	Beate	Vogt	Serpentine RC	25.40	F	56	W O/50	3
140	John	Grigg	Fulham Running Club	25.50	M	61	M O/60	4
141	Evie	Odej	Collingwood AC	26.14	F	32	W U/50	19
142	Danielle	Howe	Queens Park Harriers	26.19	F	27	W U/50	20
143	Robert	Fortes	Serpentine RC	26.20	M	67	M O/60	5
144	Neil	Davies	Serpentine RC	26.21	M	50	M O/50	15
145	Arlene	Gallagher	Ealing Eagles Running Club	26.22	F	35	W U/50	21
146	James	Flack		26.22	M	31	M U/50	102
147	Lisa	Emerson	Ealing Eagles Running Club	26.26	F	45	W U/50	22
148	Matt	Klesel		26.37	M	24	M U/50	103
149	Alexandra	Smith		26.37	F	23	W U/50	23
150	Jane	Memmler		26.40	F	53	W O/50	4
151	Karen	Manktelow		26.43	F	24	W U/50	24
152	Anthony	Eastaway	Wimbledon Windmilers	27.19	M	45	M U/50	104
153	Christopher	Parsons		27.25	M	22	M U/50	105
154	Peter	Torre	Mornington Chasers	27.38	M	73	M O/70	1
155	Dennis	Williams	Hercules Wimbledon	28.00	M	69	M O/60	6
156	Katie	McInnes	Striders Of Croydon	28.04	F	28	W U/50	25
157	Elizabeth	Moore	Clapham Pioneers	28.14	F	57	W O/50	5
158	Allie	Collins	Ealing Eagles Running Club	28.17	F	33	W U/50	26
159	Helen	Beer		28.33	F	25	W U/50	27
160	Sam	Lovelock		29.55	M	26	M U/50	106
161	Edwin	Bartlett		30.35	M	70	M O/70	2
162	Dimitrios	Kallanidis		33.57	M	36	M U/50	107
163	Stephanie	Richani		36.05	F	23	W U/50	28
164	Lesley	Young	Dulwich Park Runners	42.28	F	63	W O/60	1

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Should you have any queries then please contact Gavin Lightwood
 glightwood@runbritain.co.uk

glightwood@uka.org.uk