## Self-Transcendence 2 Mile Race

**Organised by Sri Chinmoy AC**

Battersea Park, London

Monday 1st June 2015

### WINNERS

<table>
<thead>
<tr>
<th>RANK</th>
<th>NAME</th>
<th>SURNAME</th>
<th>CLUB</th>
<th>TIME</th>
<th>M/F</th>
<th>AGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men U/50</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Adam</td>
<td>Kirk-Smith</td>
<td>London Heathside</td>
<td>09.36</td>
<td>M</td>
<td>24</td>
</tr>
<tr>
<td>2</td>
<td>Rick</td>
<td>Weston</td>
<td>Serpentine RC</td>
<td>09.54</td>
<td>M</td>
<td>28</td>
</tr>
<tr>
<td>3</td>
<td>Max</td>
<td>Lovell</td>
<td>Clapham Chasers</td>
<td>10.06</td>
<td>M</td>
<td>33</td>
</tr>
<tr>
<td>4</td>
<td>Martin</td>
<td>Shore</td>
<td>Thames Hare &amp; Hounds</td>
<td>10.07</td>
<td>M</td>
<td>39</td>
</tr>
<tr>
<td>5</td>
<td>Simon</td>
<td>Molden</td>
<td>Thames Hare &amp; Hounds</td>
<td>10.15</td>
<td>M</td>
<td>38</td>
</tr>
<tr>
<td>6</td>
<td>Simon</td>
<td>Beedell</td>
<td>Woodford Green AC</td>
<td>10.16</td>
<td>M</td>
<td>33</td>
</tr>
<tr>
<td>7</td>
<td>Bryn</td>
<td>Reynolds</td>
<td>Clapham Chasers</td>
<td>10.17</td>
<td>M</td>
<td>27</td>
</tr>
</tbody>
</table>

| Women U/50 |
| 1    | Stephanie | Davis     | Clapham Chasers       | 10.54 | F   | 24  |
| 2    | Sophie    | Sheldrake | Highate Harriers      | 11.31 | F   | 28  |
| 3    | Claire    | Baglin    | Dulwich Runners AC    | 11.48 | F   | 29  |
| 4    | Katie     | Kedward   | Clapham Chasers       | 12.35 | F   | 24  |
| 5    | Laura     | Long      | Dulwich Runners AC    | 12.40 | F   | 35  |
| 6    | Anna      | Thomas    | Dulwich Runners AC    | 12.44 | F   | 33  |
| 7    | Rebecca   | Pickard   | Sweatshop             | 12.50 | F   | 39  |

| Men Vet 50 |
| 1    | Tony     | Tuohy    | Dulwich Runners AC     | 10.28 | M   | 54  |
| 2    | Michael  | Ussher   | Highate Harriers       | 10.47 | M   | 51  |
| 3    | Eberhard | Prill    | Dulwich Runners AC     | 11.15 | M   | 53  |

| Women Vet 50 |
| 1    | Clare    | Elms     | Dulwich Runners AC     | 11.25 | F   | 51  |
| 2    | Lucy     | Clapp    | Dulwich Runners AC     | 13.39 | F   | 50  |
| 3    | Sarah    | Newton   | Serpentine RC          | 14.41 | F   | 58  |

| Men Vet 60 |
| 1    | Michael  | Mann     | Dulwich Runners        | 12.26 | M   | 66  |
| 2    | Hugh     | Balfour  | Dulwich Runners AC     | 12.51 | M   | 61  |

| Women Vet 60 |
| 1    | Claire   | Steward  | Dulwich Runners AC     | 14.22 | F   | 63  |
| 2    | Ann      | Bath     | 26.2RRC              | 17.43 | F   | 66  |

| Men Vet 70 |
| 1    | Edwin    | Bartlett | Vets AC              | 18.33 | M   | 70  |

**ALL RESULTS BELOW**
<table>
<thead>
<tr>
<th>RANK</th>
<th>NAME</th>
<th>SURNAMES</th>
<th>CLUB</th>
<th>TIME</th>
<th>M/F</th>
<th>AGE</th>
<th>CATEGORY</th>
<th>CAT POS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Adam</td>
<td>Kirk-Smith</td>
<td>London Heathside</td>
<td>09.36</td>
<td>M</td>
<td>24</td>
<td>M U/50</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>Rick</td>
<td>Weston</td>
<td>Serpentine RC</td>
<td>09.54</td>
<td>M</td>
<td>28</td>
<td>M U/50</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>Max</td>
<td>Lovell</td>
<td>Clapham Chasers</td>
<td>10.06</td>
<td>M</td>
<td>33</td>
<td>M U/50</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>Martin</td>
<td>Shore</td>
<td>Thames Hare &amp; Hounds</td>
<td>10.07</td>
<td>M</td>
<td>39</td>
<td>M U/50</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>Simon</td>
<td>Molden</td>
<td>Thames Hare &amp; Hounds</td>
<td>10.15</td>
<td>M</td>
<td>38</td>
<td>M U/50</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>Simon</td>
<td>Beedell</td>
<td>Woodford Green AC</td>
<td>10.16</td>
<td>M</td>
<td>33</td>
<td>M U/50</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>Bryn</td>
<td>Reynolds</td>
<td>Clapham Chasers</td>
<td>10.17</td>
<td>M</td>
<td>27</td>
<td>M U/50</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>Jonny</td>
<td>Miesner</td>
<td>Mornington Chasers</td>
<td>10.23</td>
<td>M</td>
<td>24</td>
<td>M U/50</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>Ryan</td>
<td>McCrickered</td>
<td>London Heathside</td>
<td>10.26</td>
<td>M</td>
<td>26</td>
<td>M U/50</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>Mick</td>
<td>Keating</td>
<td>Clapham Chasers</td>
<td>10.27</td>
<td>M</td>
<td>27</td>
<td>M U/50</td>
<td>10</td>
</tr>
<tr>
<td>11</td>
<td>Tony</td>
<td>Tuohy</td>
<td>Dulwich Runners AC</td>
<td>10.28</td>
<td>M</td>
<td>54</td>
<td>M O/50</td>
<td>1</td>
</tr>
<tr>
<td>12</td>
<td>Wayne</td>
<td>Lashley</td>
<td>Dulwich Runners AC</td>
<td>10.33</td>
<td>M</td>
<td>34</td>
<td>M U/50</td>
<td>11</td>
</tr>
<tr>
<td>13</td>
<td>Stephen</td>
<td>Davies</td>
<td>Dulwich Runners AC</td>
<td>10.36</td>
<td>M</td>
<td>45</td>
<td>M U/50</td>
<td>12</td>
</tr>
<tr>
<td>14</td>
<td>Richard</td>
<td>Macauley</td>
<td>London Heathside</td>
<td>10.37</td>
<td>M</td>
<td>29</td>
<td>M U/50</td>
<td>13</td>
</tr>
<tr>
<td>15</td>
<td>Benjamin</td>
<td>Tolputt</td>
<td>Serpentine RC</td>
<td>10.39</td>
<td>M</td>
<td>24</td>
<td>M U/50</td>
<td>14</td>
</tr>
<tr>
<td>16</td>
<td>Jon</td>
<td>Kyte</td>
<td>Harrow AC</td>
<td>10.43</td>
<td>M</td>
<td>31</td>
<td>M U/50</td>
<td>15</td>
</tr>
<tr>
<td>17</td>
<td>Mark</td>
<td>Lacey</td>
<td>Dulwich Runners AC</td>
<td>10.44</td>
<td>M</td>
<td>33</td>
<td>M U/50</td>
<td>16</td>
</tr>
<tr>
<td>18</td>
<td>Michael</td>
<td>Leong</td>
<td>Clapham Chasers</td>
<td>10.45</td>
<td>M</td>
<td>34</td>
<td>M U/50</td>
<td>17</td>
</tr>
<tr>
<td>19</td>
<td>Jack</td>
<td>Hambleton</td>
<td>London City Athletics Ch</td>
<td>10.45</td>
<td>M</td>
<td>27</td>
<td>M U/50</td>
<td>18</td>
</tr>
<tr>
<td>20</td>
<td>Gary</td>
<td>Salmon</td>
<td>Clapham Chasers</td>
<td>10.46</td>
<td>M</td>
<td>30</td>
<td>M U/50</td>
<td>19</td>
</tr>
<tr>
<td>21</td>
<td>Cian</td>
<td>Cunningham</td>
<td>London City AC</td>
<td>10.46</td>
<td>M</td>
<td>32</td>
<td>M U/50</td>
<td>20</td>
</tr>
<tr>
<td>22</td>
<td>Michael</td>
<td>Ussher</td>
<td>Highgate Harriers</td>
<td>10.47</td>
<td>M</td>
<td>51</td>
<td>M O/50</td>
<td>2</td>
</tr>
<tr>
<td>23</td>
<td>Thomas</td>
<td>Daley</td>
<td>Fulham RC</td>
<td>10.48</td>
<td>M</td>
<td>40</td>
<td>M U/50</td>
<td>21</td>
</tr>
<tr>
<td>24</td>
<td>Rob</td>
<td>Myrning</td>
<td>Guildford &amp; Godalming</td>
<td>10.49</td>
<td>M</td>
<td>30</td>
<td>M U/50</td>
<td>22</td>
</tr>
<tr>
<td>25</td>
<td>Lloyd</td>
<td>Collier</td>
<td>Dulwich Runners AC</td>
<td>10.49</td>
<td>M</td>
<td>42</td>
<td>M U/50</td>
<td>23</td>
</tr>
<tr>
<td>26</td>
<td>Tom</td>
<td>Rann</td>
<td>Dulwich Runners AC</td>
<td>10.50</td>
<td>M</td>
<td>27</td>
<td>M U/50</td>
<td>24</td>
</tr>
<tr>
<td>27</td>
<td>Paul</td>
<td>Devine</td>
<td>Dulwich Runners AC</td>
<td>10.50</td>
<td>M</td>
<td>37</td>
<td>M U/50</td>
<td>25</td>
</tr>
<tr>
<td>28</td>
<td>Alex</td>
<td>Bellew</td>
<td>Bedford &amp; County</td>
<td>10.51</td>
<td>M</td>
<td>24</td>
<td>M U/50</td>
<td>26</td>
</tr>
<tr>
<td>29</td>
<td>Rupert</td>
<td>Jacobs</td>
<td>Serpentine RC</td>
<td>10.52</td>
<td>M</td>
<td>33</td>
<td>M U/50</td>
<td>27</td>
</tr>
<tr>
<td>30</td>
<td>Timothy</td>
<td>Bowen</td>
<td>Dulwich Runners AC</td>
<td>10.53</td>
<td>M</td>
<td>31</td>
<td>M U/50</td>
<td>28</td>
</tr>
<tr>
<td>31</td>
<td>Stephanie</td>
<td>Davis</td>
<td>Clapham Chasers</td>
<td>10.54</td>
<td>F</td>
<td>24</td>
<td>W U/50</td>
<td>1</td>
</tr>
<tr>
<td>32</td>
<td>James</td>
<td>Roberts</td>
<td>Clapham Chasers</td>
<td>10.54</td>
<td>M</td>
<td>29</td>
<td>M U/50</td>
<td>29</td>
</tr>
<tr>
<td>33</td>
<td>Ian</td>
<td>Lilley</td>
<td>Dulwich Runners AC</td>
<td>11.02</td>
<td>M</td>
<td>43</td>
<td>M U/50</td>
<td>30</td>
</tr>
<tr>
<td>34</td>
<td>James</td>
<td>Burrows</td>
<td>Dulwich Runners AC</td>
<td>11.04</td>
<td>M</td>
<td>35</td>
<td>M U/50</td>
<td>31</td>
</tr>
<tr>
<td>35</td>
<td>Ed</td>
<td>Holland</td>
<td>London Frontrunners</td>
<td>11.05</td>
<td>M</td>
<td>32</td>
<td>M U/50</td>
<td>32</td>
</tr>
<tr>
<td>36</td>
<td>Eberhard</td>
<td>Prill</td>
<td>Dulwich Runners AC</td>
<td>11.15</td>
<td>M</td>
<td>53</td>
<td>M O/50</td>
<td>3</td>
</tr>
<tr>
<td>37</td>
<td>Timothy</td>
<td>Shieff</td>
<td>Vegan Runners</td>
<td>11.17</td>
<td>M</td>
<td>27</td>
<td>M U/50</td>
<td>33</td>
</tr>
<tr>
<td>38</td>
<td>Matthieu</td>
<td>Prevot</td>
<td>Clapham Chasers</td>
<td>11.21</td>
<td>M</td>
<td>37</td>
<td>M U/50</td>
<td>34</td>
</tr>
<tr>
<td>39</td>
<td>Clare</td>
<td>Elms</td>
<td>Dulwich Runners AC</td>
<td>11.25</td>
<td>F</td>
<td>51</td>
<td>W O/50</td>
<td>1</td>
</tr>
<tr>
<td>40</td>
<td>Andrew</td>
<td>Davies</td>
<td>Serpentine RC</td>
<td>11.26</td>
<td>M</td>
<td>41</td>
<td>M U/50</td>
<td>35</td>
</tr>
<tr>
<td>41</td>
<td>Rob</td>
<td>Cope</td>
<td>Dulwich Runners AC</td>
<td>11.26</td>
<td>M</td>
<td>42</td>
<td>M U/50</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td>Name</td>
<td>Club</td>
<td>Time</td>
<td>Gender</td>
<td>Age Category</td>
<td>Place</td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>--------------------</td>
<td>-------------------------------</td>
<td>-------</td>
<td>--------</td>
<td>--------------</td>
<td>-------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>42</td>
<td>Laurence Duffy</td>
<td>The Stragglers RC</td>
<td>11.27</td>
<td>M</td>
<td>O/50</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>43</td>
<td>Nicolas Schmitz</td>
<td>Serpentine RC</td>
<td>11.28</td>
<td>M</td>
<td>U/50</td>
<td>37</td>
<td></td>
<td></td>
</tr>
<tr>
<td>44</td>
<td>Matt Roberts</td>
<td></td>
<td>11.28</td>
<td>M</td>
<td>U/50</td>
<td>38</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45</td>
<td>Marcus Fletcher</td>
<td>Clapham Chasers</td>
<td>11.29</td>
<td>M</td>
<td>U/50</td>
<td>39</td>
<td></td>
<td></td>
</tr>
<tr>
<td>46</td>
<td>Peter Mannion</td>
<td>Windle Valley Runners</td>
<td>11.29</td>
<td>M</td>
<td>O/50</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>47</td>
<td>Phil Reynolds</td>
<td>Fulham RC</td>
<td>11.30</td>
<td>M</td>
<td>U/50</td>
<td>40</td>
<td></td>
<td></td>
</tr>
<tr>
<td>48</td>
<td>Ross Rook</td>
<td>Dulwich Runners AC</td>
<td>11.30</td>
<td>M</td>
<td>U/50</td>
<td>41</td>
<td></td>
<td></td>
</tr>
<tr>
<td>49</td>
<td>Sophie Sheldrake</td>
<td>Highate Harriers</td>
<td>11.31</td>
<td>F</td>
<td>U/50</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>50</td>
<td>James Stenning</td>
<td>London Frontrunners</td>
<td>11.33</td>
<td>M</td>
<td>U/50</td>
<td>42</td>
<td></td>
<td></td>
</tr>
<tr>
<td>51</td>
<td>Alastair Locke</td>
<td>Dulwich Runners AC</td>
<td>11.39</td>
<td>M</td>
<td>U/50</td>
<td>43</td>
<td></td>
<td></td>
</tr>
<tr>
<td>52</td>
<td>Mark Kell</td>
<td>Serpentine RC</td>
<td>11.42</td>
<td>M</td>
<td>U/50</td>
<td>44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>53</td>
<td>John Keenan</td>
<td>London Frontrunners</td>
<td>11.44</td>
<td>M</td>
<td>U/50</td>
<td>45</td>
<td></td>
<td></td>
</tr>
<tr>
<td>54</td>
<td>Charles Craven</td>
<td>Fulham RC</td>
<td>11.45</td>
<td>M</td>
<td>O/50</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>55</td>
<td>Claire Baglin</td>
<td>Dulwich Runners AC</td>
<td>11.48</td>
<td>F</td>
<td>U/50</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>56</td>
<td>Tom South</td>
<td>Dulwich Runners AC</td>
<td>11.51</td>
<td>M</td>
<td>U/50</td>
<td>46</td>
<td></td>
<td></td>
</tr>
<tr>
<td>57</td>
<td>Brendan O'Boyle</td>
<td>Larne AC</td>
<td>11.58</td>
<td>M</td>
<td>U/50</td>
<td>47</td>
<td></td>
<td></td>
</tr>
<tr>
<td>58</td>
<td>John O'Shea</td>
<td>Highate Harriers</td>
<td>12.03</td>
<td>M</td>
<td>O/50</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>59</td>
<td>Richard Taylor</td>
<td>Serpentine RC</td>
<td>12.05</td>
<td>M</td>
<td>U/50</td>
<td>48</td>
<td></td>
<td></td>
</tr>
<tr>
<td>60</td>
<td>Daniel Neather</td>
<td>Clapham Pioneers</td>
<td>12.11</td>
<td>M</td>
<td>U/50</td>
<td>49</td>
<td></td>
<td></td>
</tr>
<tr>
<td>61</td>
<td>Andrew Han</td>
<td>Fulham RC</td>
<td>12.18</td>
<td>M</td>
<td>U/50</td>
<td>50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>62</td>
<td>Steve Smyhe</td>
<td>Dulwich Runners AC</td>
<td>12.20</td>
<td>M</td>
<td>O/50</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>63</td>
<td>Mark Venton</td>
<td></td>
<td>12.23</td>
<td>M</td>
<td>U/50</td>
<td>51</td>
<td></td>
<td></td>
</tr>
<tr>
<td>64</td>
<td>Graham Sutherland</td>
<td>Clapham Chasers</td>
<td>12.23</td>
<td>M</td>
<td>U/50</td>
<td>52</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65</td>
<td>Michael Mann</td>
<td>Dulwich Runners</td>
<td>12.26</td>
<td>M</td>
<td>O/60</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>66</td>
<td>William Cotter</td>
<td></td>
<td>12.29</td>
<td>M</td>
<td>U/50</td>
<td>53</td>
<td></td>
<td></td>
</tr>
<tr>
<td>67</td>
<td>Gideon Franklin</td>
<td></td>
<td>12.32</td>
<td>M</td>
<td>O/50</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>68</td>
<td>Chris McCaith</td>
<td>Clapham Chasers</td>
<td>12.34</td>
<td>M</td>
<td>U/50</td>
<td>54</td>
<td></td>
<td></td>
</tr>
<tr>
<td>69</td>
<td>Katie Kedward</td>
<td>Clapham Chasers</td>
<td>12.35</td>
<td>F</td>
<td>U/50</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>70</td>
<td>Chris Rogers</td>
<td></td>
<td>12.36</td>
<td>M</td>
<td>U/50</td>
<td>55</td>
<td></td>
<td></td>
</tr>
<tr>
<td>71</td>
<td>Laura Long</td>
<td>Dulwich Runners AC</td>
<td>12.40</td>
<td>F</td>
<td>U/50</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>72</td>
<td>Robert Batchelor</td>
<td>Windle Valley Runners</td>
<td>12.41</td>
<td>M</td>
<td>U/50</td>
<td>56</td>
<td></td>
<td></td>
</tr>
<tr>
<td>73</td>
<td>Anna Thomas</td>
<td>Dulwich Runners AC</td>
<td>12.44</td>
<td>F</td>
<td>U/50</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>74</td>
<td>Rebecca Pickard</td>
<td>Sweatshop</td>
<td>12.50</td>
<td>F</td>
<td>U/50</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>75</td>
<td>Hugh Balfour</td>
<td>Dulwich Runners AC</td>
<td>12.51</td>
<td>M</td>
<td>O/60</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>76</td>
<td>Lydia O'Donoghue</td>
<td>Ealing Eagles Running Club</td>
<td>12.55</td>
<td>F</td>
<td>U/50</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>77</td>
<td>Alex Haylett</td>
<td>Dulwich Runners AC</td>
<td>12.58</td>
<td>M</td>
<td>U/50</td>
<td>57</td>
<td></td>
<td></td>
</tr>
<tr>
<td>78</td>
<td>Matt Williams</td>
<td>Serpentine RC</td>
<td>12.59</td>
<td>M</td>
<td>U/50</td>
<td>58</td>
<td></td>
<td></td>
</tr>
<tr>
<td>79</td>
<td>Nayan Mistry</td>
<td>Wimbledon Windmillers</td>
<td>12.59</td>
<td>M</td>
<td>O/50</td>
<td>59</td>
<td></td>
<td></td>
</tr>
<tr>
<td>80</td>
<td>Joshua Tilts</td>
<td>Vegan Runners UK</td>
<td>13.03</td>
<td>M</td>
<td>O/50</td>
<td>60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>81</td>
<td>Frank Wood</td>
<td>Hercules Wimbledon</td>
<td>13.03</td>
<td>M</td>
<td>O/50</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>82</td>
<td>Matthew Ladds</td>
<td>Dulwich Runners AC</td>
<td>13.04</td>
<td>M</td>
<td>U/50</td>
<td>61</td>
<td></td>
<td></td>
</tr>
<tr>
<td>83</td>
<td>Bradley Brown</td>
<td>Ilford AC</td>
<td>13.05</td>
<td>M</td>
<td>U/50</td>
<td>62</td>
<td></td>
<td></td>
</tr>
<tr>
<td>84</td>
<td>Simon Henley</td>
<td></td>
<td>13.06</td>
<td>M</td>
<td>U/50</td>
<td>63</td>
<td></td>
<td></td>
</tr>
<tr>
<td>85</td>
<td>Danny McLaughlin</td>
<td>Orpington RR</td>
<td>13.09</td>
<td>M</td>
<td>O/50</td>
<td>11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>86</td>
<td>Helen Lister</td>
<td>Dulwich Runners AC</td>
<td>13.10</td>
<td>F</td>
<td>U/50</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>87</td>
<td>Richard Setters</td>
<td></td>
<td>13.15</td>
<td>M</td>
<td>U/50</td>
<td>64</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Place</td>
<td>Name</td>
<td>Club</td>
<td>Time</td>
<td>Gender</td>
<td>Age Group</td>
<td>Notes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------</td>
<td>---------------</td>
<td>------------------</td>
<td>-------</td>
<td>--------</td>
<td>-----------</td>
<td>-------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>88</td>
<td>Natalie</td>
<td>Ruffell Clapham Chasers</td>
<td>13.15</td>
<td>F</td>
<td>W U/50</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>89</td>
<td>Alan</td>
<td>Mercer Orpington RR</td>
<td>13.22</td>
<td>M</td>
<td>M O/50</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>90</td>
<td>Greg</td>
<td>Mattiko Dulwich Runners AC</td>
<td>13.25</td>
<td>M</td>
<td>M U/50</td>
<td>65</td>
<td></td>
<td></td>
</tr>
<tr>
<td>91</td>
<td>Hugh</td>
<td>French Dulwich Runners AC</td>
<td>13.26</td>
<td>M</td>
<td>M U/50</td>
<td>66</td>
<td></td>
<td></td>
</tr>
<tr>
<td>92</td>
<td>Alan</td>
<td>Mundy Petts Wood Runners</td>
<td>13.27</td>
<td>M</td>
<td>M O/50</td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>93</td>
<td>Ian</td>
<td>Sessan Dulwich Runners AC</td>
<td>13.28</td>
<td>M</td>
<td>M O/50</td>
<td>14</td>
<td></td>
<td></td>
</tr>
<tr>
<td>94</td>
<td>Selma</td>
<td>Benattia Dulwich Runners AC</td>
<td>13.28</td>
<td>F</td>
<td>W U/50</td>
<td>11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>95</td>
<td>Katie</td>
<td>Ferguson Clapham Chasers</td>
<td>13.29</td>
<td>F</td>
<td>W U/50</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>96</td>
<td>Ruth</td>
<td>Bennett Dulwich Runners AC</td>
<td>13.31</td>
<td>F</td>
<td>W U/50</td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>97</td>
<td>Bob</td>
<td>Bell Dulwich Runners AC</td>
<td>13.32</td>
<td>M</td>
<td>M O/60</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>98</td>
<td>Michelle</td>
<td>Lennon Dulwich Runners AC</td>
<td>13.37</td>
<td>F</td>
<td>W U/50</td>
<td>14</td>
<td></td>
<td></td>
</tr>
<tr>
<td>99</td>
<td>Lucy</td>
<td>Clapp Dulwich Runners AC</td>
<td>13.39</td>
<td>F</td>
<td>W O/50</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>100</td>
<td>Graham</td>
<td>Laylee Dulwich Runners AC</td>
<td>13.46</td>
<td>M</td>
<td>M O/50</td>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>101</td>
<td>Alex</td>
<td>Holman-Butt Dulwich Runners AC</td>
<td>13.48</td>
<td>M</td>
<td>M U/50</td>
<td>67</td>
<td></td>
<td></td>
</tr>
<tr>
<td>102</td>
<td>Peter</td>
<td>Smith Sheen Shufflers</td>
<td>14.09</td>
<td>M</td>
<td>W U/50</td>
<td>16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>103</td>
<td>Barrie John</td>
<td>Nicholls Dulwich Runners AC</td>
<td>14.10</td>
<td>M</td>
<td>M O/60</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>104</td>
<td>Emma</td>
<td>Prentis Clapham Chasers</td>
<td>14.12</td>
<td>F</td>
<td>W U/50</td>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>105</td>
<td>Stuart</td>
<td>Cole Dulwich Runners AC</td>
<td>14.12</td>
<td>M</td>
<td>M U/50</td>
<td>68</td>
<td></td>
<td></td>
</tr>
<tr>
<td>106</td>
<td>Michael</td>
<td>Winkler Dulwich Runners AC</td>
<td>14.18</td>
<td>M</td>
<td>M O/50</td>
<td>16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>107</td>
<td>Claire</td>
<td>Steward Dulwich Runners AC</td>
<td>14.22</td>
<td>F</td>
<td>W O/60</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>108</td>
<td>Linda</td>
<td>Ingram SLH</td>
<td>14.23</td>
<td>F</td>
<td>W U/50</td>
<td>16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>109</td>
<td>Katie</td>
<td>Styles Dulwich Runners AC</td>
<td>14.24</td>
<td>F</td>
<td>W U/50</td>
<td>17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>110</td>
<td>Alice</td>
<td>Ewen Striders of Croydon</td>
<td>14.27</td>
<td>F</td>
<td>W U/50</td>
<td>18</td>
<td></td>
<td></td>
</tr>
<tr>
<td>111</td>
<td>Dennis</td>
<td>Williams Hercules Wimbledon</td>
<td>14.36</td>
<td>M</td>
<td>M O/60</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>112</td>
<td>Philip</td>
<td>Logoreci Clapham Chasers</td>
<td>14.37</td>
<td>M</td>
<td>M O/50</td>
<td>17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>113</td>
<td>Clare</td>
<td>Cole Dulwich Runners AC</td>
<td>14.38</td>
<td>F</td>
<td>W U/50</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>114</td>
<td>Paul</td>
<td>Keating Dulwich Runners AC</td>
<td>14.38</td>
<td>M</td>
<td>M U/50</td>
<td>69</td>
<td></td>
<td></td>
</tr>
<tr>
<td>115</td>
<td>Laura</td>
<td>Ellis Bear Cat RC</td>
<td>14.39</td>
<td>F</td>
<td>W U/50</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>116</td>
<td>Sarah</td>
<td>Newton Serpentine RC</td>
<td>14.41</td>
<td>F</td>
<td>W O/50</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>117</td>
<td>Pedro</td>
<td>Horta-Osorio</td>
<td>14.45</td>
<td>M</td>
<td>M U/50</td>
<td>70</td>
<td></td>
<td></td>
</tr>
<tr>
<td>118</td>
<td>Dan</td>
<td>Maskell Vets AC</td>
<td>14.50</td>
<td>M</td>
<td>M O/60</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>119</td>
<td>Emma</td>
<td>Redshaw Fulham RC</td>
<td>14.53</td>
<td>F</td>
<td>W U/50</td>
<td>21</td>
<td></td>
<td></td>
</tr>
<tr>
<td>120</td>
<td>Antony</td>
<td>Streams Reading Road Runners</td>
<td>14.59</td>
<td>M</td>
<td>M O/50</td>
<td>18</td>
<td></td>
<td></td>
</tr>
<tr>
<td>121</td>
<td>Brian</td>
<td>Pickles Serpentine RC</td>
<td>15.10</td>
<td>M</td>
<td>M O/50</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>122</td>
<td>Lindsey</td>
<td>Annable Dulwich Runners AC</td>
<td>15.16</td>
<td>F</td>
<td>W U/50</td>
<td>22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>123</td>
<td>Neal</td>
<td>Goldsmith</td>
<td>15.31</td>
<td>M</td>
<td>M U/50</td>
<td>71</td>
<td></td>
<td></td>
</tr>
<tr>
<td>124</td>
<td>Ana</td>
<td>Osorio Dulwich Runners AC</td>
<td>15.32</td>
<td>F</td>
<td>W O/50</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>125</td>
<td>Karina</td>
<td>Burrowes Dulwich Runners AC</td>
<td>15.53</td>
<td>F</td>
<td>W U/50</td>
<td>23</td>
<td></td>
<td></td>
</tr>
<tr>
<td>126</td>
<td>alan</td>
<td>davidson Ranelagh Harriers</td>
<td>15.59</td>
<td>M</td>
<td>M O/60</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>127</td>
<td>John</td>
<td>Grigg Fulham RC</td>
<td>16.08</td>
<td>M</td>
<td>M O/60</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>128</td>
<td>Hannah</td>
<td>Lacey Clapham Chasers</td>
<td>16.11</td>
<td>F</td>
<td>W U/50</td>
<td>24</td>
<td></td>
<td></td>
</tr>
<tr>
<td>129</td>
<td>Steve</td>
<td>Wehrle Dulwich Runners AC</td>
<td>16.16</td>
<td>M</td>
<td>M O/60</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>130</td>
<td>Paul</td>
<td>Hilton Dulwich Runners AC</td>
<td>16.24</td>
<td>M</td>
<td>M U/50</td>
<td>72</td>
<td></td>
<td></td>
</tr>
<tr>
<td>131</td>
<td>Ted</td>
<td>Townsend Fulham RC</td>
<td>16.33</td>
<td>M</td>
<td>M O/50</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>132</td>
<td>Jenny</td>
<td>Clements</td>
<td>16.39</td>
<td>F</td>
<td>W U/50</td>
<td>25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>133</td>
<td>Sarah</td>
<td>Crampton</td>
<td>16.40</td>
<td>F</td>
<td>W U/50</td>
<td>26</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td></td>
<td></td>
</tr>
<tr>
<td>134</td>
<td>Chris</td>
<td>Brooke</td>
<td>Collingwood AC</td>
<td>16.56</td>
<td>M</td>
<td>65</td>
<td>M O/60</td>
<td>11</td>
</tr>
<tr>
<td>135</td>
<td>Melissa</td>
<td>Wilkins</td>
<td></td>
<td>17.02</td>
<td>F</td>
<td>28</td>
<td>W U/50</td>
<td>27</td>
</tr>
<tr>
<td>136</td>
<td>Ann</td>
<td>Bath</td>
<td>26.2RRC</td>
<td>17.43</td>
<td>F</td>
<td>66</td>
<td>W O/60</td>
<td>2</td>
</tr>
<tr>
<td>137</td>
<td>Matthew</td>
<td>Benjamin</td>
<td></td>
<td>18.19</td>
<td>M</td>
<td>22</td>
<td>M U/50</td>
<td>73</td>
</tr>
<tr>
<td>138</td>
<td>Edwin</td>
<td>Bartlett</td>
<td>Vets AC</td>
<td>18.33</td>
<td>M</td>
<td>70</td>
<td>M O/70</td>
<td>1</td>
</tr>
<tr>
<td>139</td>
<td>Margarida</td>
<td>Osorio</td>
<td></td>
<td>18.40</td>
<td>F</td>
<td>19</td>
<td>W U/50</td>
<td>28</td>
</tr>
<tr>
<td>140</td>
<td>Steve</td>
<td>Cryer</td>
<td></td>
<td>19.26</td>
<td>M</td>
<td>70</td>
<td>M O/70</td>
<td>2</td>
</tr>
<tr>
<td>141</td>
<td>Ian</td>
<td>Isherwood</td>
<td>Hercules Wimbledon</td>
<td>19.33</td>
<td>M</td>
<td>62</td>
<td>M O/60</td>
<td>12</td>
</tr>
<tr>
<td>142</td>
<td>Steph</td>
<td>Chan</td>
<td></td>
<td>20.57</td>
<td>F</td>
<td>31</td>
<td>W U/50</td>
<td>29</td>
</tr>
<tr>
<td>143</td>
<td>Aurelia</td>
<td>Trgo</td>
<td>Serpentine RC</td>
<td>23.13</td>
<td>F</td>
<td>45</td>
<td>W U/50</td>
<td>30</td>
</tr>
<tr>
<td>DNF</td>
<td>Thomas</td>
<td>Wilkie</td>
<td>Collingwood AC</td>
<td>DNF</td>
<td>M</td>
<td>62</td>
<td>M O/60</td>
<td>DNF</td>
</tr>
<tr>
<td>DNF</td>
<td>Shelby</td>
<td>Prentice</td>
<td></td>
<td>DNF</td>
<td>F</td>
<td>20</td>
<td>W U/50</td>
<td>DNF</td>
</tr>
</tbody>
</table>

Congratulations on completing the race. Ours is a runbritain-licensed event and therefore your time is included in calculating your free runbritain handicap score. More than 40,000 runners of all standards have now claimed their runbritain handicap score. As well as giving you a current score, between scratch and 36, your free personalised running biog page includes your current national ranking, your position on the national ladder, your progress graph, your strongest distance, a head-to-head comparison with other runners and downloadable training schedules to improve your score next time you race. Your handicap score also updates automatically every time you complete a licensed event. To claim your score now, click on

http://www.runbritainrankings.com/user/claimhandicap.aspx

Should you have any queries then please contact Gavin Lightwood
glightwood@uka.org.uk