



SRI CHINMOY
marathon team

*Run and Become. Become and Run.
Run to succeed in the outer world.
Become to proceed in the inner world.*

Sri Chinmoy

SRI CHINMOY AC
SELF TRANSCENDENCE
2 Miles
Battersea Park
7pm
July 14th, 2014

Dear Runners

Scott O'Connor won today's 2 Mile race in 10.19. The winner of the Women's race was 12 year old Yasmin Marghini in 12.20. Tony Tuohy came in 3rd overall and 1st in the Vet 50's in 10.30. Our next race is a 5K Race next Monday evening, 21st July.
Medal winners and all results below.

MEDAL WINNERS

	NAME	SURNAME	CLUB	TIME	M/F	Age
<u>MEN UNDER 50</u>						
1st	Scott	O'Connor	Serpentine	10.19	M	30
2nd	Tal	Ramsay	Clapham Chasers	10.26	M	21
3rd	David	Evans	Serpentine	10.32	M	24
4th	Ryan	Mccrickerd	Idn hth	10.36	M	25
5th	Jim	Clark	West 4 Harriers	10.38	M	38
6th	Philip	Freeman Bentley	London Heathside Runners	10.46	M	28
7th	Jonathan	Ariel	West 4 Harriers	10.48	M	31
<u>WOMEN UNDER 50</u>						
1st	Tina	Gray	Fulham RC	12.30	F	31
2nd	Sophie	Sheldrake	Highgate Harriers	12.42	F	27
3rd	Rebecca	Prickard	Sweatshop Clapham	12.50	F	38
4th	Jessica	Anstee	Wimbledon Windmilers	13.55	F	31
5th	Linda	Ingram	South London Harriers	14.33	F	46
6th	Sophie	Cappleman	Serpentine	15.02	F	26
7th	Jessica	Nielsen		15.35	F	34

MEN VET 50

1st	Tony	Tuohy	Dulwich Runners	10.30	M	51
2nd	Gary	Hester		10.47	M	53
3rd	Alan	Mundy	Petts Wood Runners	13.03	M	52

WOMEN VET 50

1st	Sarah	Newton	Serpentine	14.45	F	57
2nd	Carole	Wisdom	Serpentine	16.37	F	56

MEN VET 60

1st	Terry	Avey	brighton phoenix	12.52	M	63
2nd	Bill	Fraser	Hailsham Harriers	12.55	M	62

WOMEN VET 60

1st	Ann	Bath	26.2 RRC	16.27	F	65
-----	-----	------	----------	-------	---	----

MEN VET 70

1st	Joe	Aspinall	VAC	15.46	M	76
-----	-----	----------	-----	-------	---	----

WOMEN U/16

1st	Yasmin	Marghini	Belgrave Harriers	12.20	F	12
-----	--------	----------	-------------------	-------	---	----

OVERALL RESULTS

Pos	Name	Surname	Club	Time	M/F	Age	Cat	Cat Pos.
33	Huw	Keene	26.2	13.48	M	42	M U/50	23
8	Gary	Hester		10.47	M	53	M O/50	2
37	Simon	Gould		14.03	M	66	M O/60	3
68	Anne Marie	Stubbins		20.26	F	39	W U/50	11
55	Ann	Bath	26.2 RRC	16.27	F	65	W O/60	1
17	Yasmin	Marghini	Belgrave Harriers	12.20	F	12	W U/16	1
23	Terry	Avey	brighton phoenix	12.52	M	63	M O/60	1
2	Tal	Ramsay	Clapham Chasers	10.26	M	21	M U/50	2
58	Paul	Booth	Collingwood AC	16.43	M	60	M O/60	9
59	Chris	Brooke	Collingwood AC	16.58	M	64	M O/60	10
61	Thomas	Wilkie	Collingwood AC	17.46	M	61	M O/60	11
69	Robin	Wilson	Collingwood AC	20.29	M	80	M O/70	2
3	Tony	Tuohy	Dulwich Runners	10.30	M	51	M O/50	1
30	Hugh	French	Dulwich Runners	13.16	M	38	M U/50	21
11	Thomas	Daley	Fulham RC	10.58	M	39	M U/50	9
19	Tina	Gray	Fulham RC	12.30	F	31	W U/50	1
25	Andrew	Han	Fulham RC	12.59	M	34	M U/50	17
29	Philip	Hickson	Fulham RC	13.13	M	40	M U/50	20
48	Stephen	Sutcliffe	Fulham RC	15.18	M	36	M U/50	28
53	John	Grigg	Fulham RC	16.10	M	60	M O/60	8
24	Bill	Fraser	Hailsham Harriers	12.55	M	62	M O/60	2
18	Frank	Wood	Hercules Wimbledon	12.23	M	49	M U/50	15
47	Dennis	Williams	Hercules Wimbledon	15.06	M	68	M O/60	7
21	Sophie	Sheldrake	Highgate Harriers	12.42	F	27	W U/50	2
5	Ryan	Mccrickerd	ldn hth	10.36	M	25	M U/50	4
13	James	Stenning	London Fronrunners	11.45	M	35	M U/50	11
7	Philip	Freeman Bentley	London Heathside Runners	10.46	M	28	M U/50	6
10	Steve	Reenan	North East Runners	10.55	M	41	M U/50	8
26	Alan	Mundy	Petts Wood Runners	13.03	M	52	M O/50	3
44	Alan	Davidson	Ranelagh Harriers	14.51	M	67	M O/60	6
1	Scott	O'Connor	Serpentine	10.19	M	30	M U/50	1

4	David	Evans	Serpentine	10.32	M	24	M U/50	3
16	Tony	Wain	Serpentine	12.15	M	49	M U/50	14
20	Owen	Barder	Serpentine	12.40	M	47	M U/50	16
41	Ian	Hall	Serpentine	14.45	M	61	M O/60	5
42	Sarah	Newton	Serpentine	14.45	F	57	W O/50	1
46	Sophie	Cappleman	Serpentine	15.02	F	26	W U/50	6
52	Neil	Davies	Serpentine	16.04	M	49	M U/50	30
57	Carole	Wisdom	Serpentine	16.37	F	56	W O/50	2
63	Nisha	Harish	Serpentine	18.00	F	36	W U/50	10
65	Richard	Wisdom	Serpentine	19.23	M	65	M O/60	12
40	Linda	Ingram	South London Harriers	14.33	F	46	W U/50	5
56	Dave	Clarke	Stragglers	16.36	M	46	M U/50	31
51	Jonathan Mark	Pegg	Sutton Runners	15.56	M	49	M U/50	29
22	Rebecca	Prickard	Sweatshop Clapham	12.50	F	38	W U/50	3
28	Jason	Sewards	TH & H	13.08	M	46	M U/50	19
39	Ian	Mursell	VAC	14.17	M	62	M O/60	4
50	Joe	Aspinall	VAC	15.46	M	76	M O/70	1
66	Edwin	Bartlett	VAC	19.23	M	69	M O/60	13
27	Paul	Lewis	Victoria Park Harriers	13.06	M	42	M U/50	18
6	Jim	Clark	West 4 Harriers	10.38	M	38	M U/50	5
9	Jonathan	Ariel	West 4 Harriers	10.48	M	31	M U/50	7
31	Nayan	Mistry	Wimbledon Windmilers	13.18	M	35	M U/50	22
35	Jessica	Anstee	Wimbledon Windmilers	13.55	F	31	W U/50	4
36	Rob	Crane	Wimbledon Windmilers	13.59	M	39	M U/50	24
12	Ed	Taylor		11.32	M	28	M U/50	10
14	Harry	Hutcheon		12.04	M	19	M U/50	12
15	Andre	Dahlkamp		12.15	M	41	M U/50	13
32	Peter	Woolf		13.45	M	52	M O/50	4
34	Michael	Winkler		13.52	M	56	M O/50	5
38	Ed	Hall		14.13	M	36	M U/50	25
43	Mark	Reid		14.47	M	43	M U/50	26
45	Phil	Slater		14.59	M	33	M U/50	27
49	Jessica	Nielsen		15.35	F	34	W U/50	7
54	Priya	Nath		16.16	F	34	W U/50	8
60	Vicky	Ireland		17.16	F	22	W U/50	9
62	Mark	Archer		17.53	M	47	M U/50	32
64	Jeff	Brooks		18.19	M	54	M O/50	6
67	Evelyn	McDermott		19.57	M	64	M O/60	14