

# Self-Transcendence 10K Race

Organised by Sri Chinmoy AC

Battersea Park, London

Saturday 13th June 2015



WINNERS						
RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE
Men U/50						
1	John	Franklin	Serpentine	32.30	M	29
2	Fergal	Smithwick	Highgate Harriers	32.49	M	25
3	Andrew	Leveson	Victoria Park Harriers an	32.57	M	32
4	Daniel	Gaffney		33.32	M	32
5	Jonathan	Bradford	Serpentine	33.49	M	23
6	Charlie	Elliott	Ful on tri	34.31	M	35
7	James	Gordon	Cambridge H	34.38	M	38
Women U/50						
1	Catherine	Ansell	Herne Hill H	37.03	F	27
2	Megan	Roberts	Serpentine	39.32	F	24
3	Kate	Carter	Wimbledon Windmillers	39.43	F	38
4	Meriel	Holden	Wimbledon Windmillers	39.54	F	45
5	Catherine	Wilding	Serpentine	41.45	F	44
6	Rache	Porter	Claphma Chasers	42.09	F	37
7	Rosalind	Lee	Serpentine	42.16	F	31
Men Vet 50						
1	Tony	Tuohy	Dulwich R	36.18	M	52
2	Gavin	MCLAughlan	Wimbledon Windmillers	36.49	M	51
3	Tadeusz	Sekretarczyk		40.17	M	52
Women Vet 50						
1	Kate	Evan Jones	Cambridge H	47.28	F	55
2	Ana	Horta Osorio		51.31	F	51
3	Heather	Binney	Clapham Pioneers	53.04	F	53
Men Vet 60						
1	Colin	McSeveny		44.00	M	62
2	John	Grigg	Fulham Running Club	52.31	M	61

**ALL RESULTS BELOW**

## RESULTS

RANK	NAME	SURNAME	CLUB	TIME	M/F	AGE	CATEGORY	CAT POS
1	John	Franklin	Serpentine	32.30	M	29	M U/50	1
2	Fergal	Smithwick	Highgate Harriers	32.49	M	25	M U/50	2
3	Andrew	Leveson	Victoria Park Harriers an	32.57	M	32	M U/50	3
4	Daniel	Gaffney		33.32	M	32	M U/50	4
5	Jonathan	Bradford	Serpentine	33.49	M	23	M U/50	5
6	charlie	elliott	Ful on tri	34.31	M	35	M U/50	6
7	James	Gordon	Cambridge H	34.38	M	38	M U/50	7
8	Steve	Woolley	West 4 Harriers	34.41	M	33	M U/50	8
9	Paul	Cheetham	Barnes R	34.55	M	42	M U/50	9
10	Daniel	de Palol	Serpentine	35.09	M	41	M U/50	10
11	James	Gillanders	London Frontrunners	35.24	M	37	M U/50	11
12	Craig	Brown	Biggleswade AC	35.28	M	36	M U/50	12
13	Paul	Davies	Biggleswade AC	35.29	M	45	M U/50	13
14	Stuart	Macdougall	Bellahouston Harriers	35.41	M	31	M U/50	14
15	Peter	Holmes	Serpentine RC	35.59	M	37	M U/50	15
16	Iain	Macara	Serpentine RC	36.16	M	35	M U/50	16
17	Tony	Tuohy	Dulwich R	36.18	M	52	M O/50	1
18	Nathan	Andrews	Wimbledon Windmillers	36.19	M	39	M U/50	17
19	Gavin	MCLAughlan	Wimbledon Windmillers	36.49	M	51	M O/50	2
20	Jason	Maloney	Trent Park Running Club	36.54	M	44	M U/50	18
21	Catherine	Ansell	Herne Hill H	37.03	F	27	W U/50	1
22	Joel	Wiles	Epsom Oddballs RC	37.17	M	33	M U/50	19
23	Mark	Rabbetts	Wimbledon Windmilers	37.24	M	48	M U/50	20
24	Simon	McGlone		37.33	M	29	M U/50	21
25	Oliver	Maskell	City of Norwich AC	37.34	M	23	M U/50	22
26	Jordan	Kamel	Serpentine	37.42	M	32	M U/50	23
27	Martin	Carmack	Serpentine	37.43	M	45	M U/50	24
28	Matt	Hales	Steyning AC	37.47	M	35	M U/50	25
29	Neil	Guthrie	Wimbledon Windmillers	37.53	M	43	M U/50	26
30	Paul	O'Neill	Clapham Chasers	38.00	M	36	M U/50	27
31	Paul	Kelly	Wimbledon Windmilers	38.07	M	38	M U/50	28
32	Jonathan	Moscrop	London Frontrunners	38.15	M	41	M U/50	29
33	Andrew	Waddingham		38.21	M	25	M U/50	30
34	Gordon	Berry	Wimbledon Windmillers	38.43	M	39	M U/50	31
35	Mark	Speed		38.56	M	41	M U/50	32
36	James	Turner	Serpentine RC	39.02	M	37	M U/50	33
37	Tom	Cheetham	Hercules Wimbledon	39.05	M	48	M U/50	34
38	Mark	Kell	Serpentine	39.16	M	34	M U/50	35
39	Ian	Cook	Serpentine RC	39.21	M	31	M U/50	36
40	Ben	Stanton	Serpentine	39.31	M	27	M U/50	37
41	Megan	Roberts	Serpentine	39.32	F	24	W U/50	2

42	Sebastian	Vons		39.33	M	35	M U/50	38
43	Chris	Mooney		39.35	M	30	M U/50	39
44	Kate	Carter	Wimbledon Windmilers	39.43	F	38	W U/50	3
45	Meriel	Holden	Wimbledon Windmillers	39.54	F	45	W U/50	4
46	Giles	Hawthorne	Biggleswade AC	39.57	M	40	M U/50	40
47	Darryl	Coulter	Kent AC	40.04	M	44	M U/50	41
48	Mark	Parrett		40.12	M	33	M U/50	42
49	Chris	Barnett	Hagley Hawks	40.13	M	25	M U/50	43
50	Aidan	Roberts	Tri London	40.14	M	29	M U/50	44
51	Tadeusz	Sekretarczyk		40.17	M	52	M O/50	3
52	Anthony	Vernuccio		40.32	M	34	M U/50	45
53	Glen	Morgan	Vets AC	40.37	M	53	M O/50	4
54	Tom	Hayward		40.55	M	25	M U/50	46
55	Gerard	O'Sullivan		40.56	M	44	M U/50	47
56	Roger	Corbett	Serpentine	41.01	M	52	M O/50	5
57	Paul	Dunne	West 4 Harriers	41.07	M	35	M U/50	48
58	Manuel Jesus	Fernandez Lo	Serpentine RC	41.17	M	33	M U/50	49
59	Tom	Poynton	Serpentine RC	41.17	M	42	M U/50	50
60	Richard	James		41.29	M	42	M U/50	51
61	George	Nemilostivijs	Serpentine	41.42	M	23	M U/50	52
62	Catherine	Wilding	Serpentine	41.45	F	44	W U/50	5
63	David	Mitchell		41.49	M	46	M U/50	53
64	Adrian	Joseph	Clapham Chasers	42.02	M	31	M U/50	54
65	Alex	Malzer	Serpentine	42.07	M	45	M U/50	55
66	Rache	Porter	Clapham Chasers	42.09	F	37	W U/50	6
67	Rosalind	Lee	Serpentine	42.16	F	31	W U/50	7
68	Christopher	Bond		42.22	M	38	M U/50	56
69	Andrew	Wigston		42.43	M	39	M U/50	57
70	Guillaume	Pasdeloup		42.44	M	27	M U/50	58
71	Matthew	Taylor		42.46	M	54	M O/50	6
72	Sarah	Speed		42.54	F	36	W U/50	8
73	Adam	Woolgar	Clapham Chasers	43.00	M	35	M U/50	59
74	Paul	Quitter		43.00	M		M U/50	60
75	Alexandra	McAndie		43.04	F	37	W U/50	9
76	Sam	Alpass	Barnes R	43.20	M	49	M U/50	61
77	Will	Glanville		43.22	M	30	M U/50	62
78	Colin	McSeveny		44.00	M	62	M O/60	1
79	Paul	Stevenson		44.27	M	51	M O/50	7
80	Philip	Hickson	Fulham RC	44.38	M	40	M U/50	63
81	Nick	Macfarlane		44.48	M	29	M U/50	64
82	Daniel	Blanco		44.55	M	30	M U/50	65
83	Jon	Fidler		45.07	M	30	M U/50	66
84	Mark	Rodgers		45.13	M	46	M U/50	67
85	Stephen	Berry	Serpentine	45.16	M	48	M U/50	68
86	Andrey	Raskopin		45.39	M	29	M U/50	69
87	Richard	Setters		45.53	M	29	M U/50	70

88	Adrian	McSwiggan		46.12	M	31	M U/50	71
89	Daisy	Gladstone	Serpentine	46.17	F	29	W U/50	10
90	Jean Luc	Hoetz	Serpentine	46.23	M	57	M O/50	8
91	Ionut-Marius	Sirboiu		46.27	M	30	M U/50	72
92	Mark	Shotton	Wimbledon Windmilers	47.06	M	39	M U/50	73
93	Nicola	McGlennon	Serpentine	47.10	F	39	W U/50	11
94	Ted	Darley		47.26	M	31	M U/50	74
95	Kate	Evan Jones	Cambridge H	47.28	F	55	W O/50	1
96	Luis	Santos		47.48	M	50	M O/50	9
97	Emma	Bisgrove	Wimbledon Windmillers	48.14	F	29	W U/50	12
98	Linda	Ingram	South London H	48.20	F	47	W U/50	13
99	Kieran	Hollis		48.41	M	25	M U/50	75
100	Katherine	French	Clapham Chasers	49.34	F	35	W U/50	14
101	Emilie	Selwood	wimbledon windmilers	49.56	F	45	W U/50	15
102	David	Tony		50.01	M	28	M U/50	76
103	Ruben	Mas		50.15	M	35	M U/50	77
104	Daniel	Cashen		50.20	M	39	M U/50	78
105	Adam	Brunt		50.29	M	24	M U/50	79
106	Mark	Tony		50.40	M	31	M U/50	80
107	Ana	Horta Osorio		51.31	F	51	W O/50	2
108	John	Grigg	Fulham Running Club	52.31	M	61	M O/60	2
109	Heather	Binney	Clapham Pioneers	53.04	F	53	W O/50	3
110	Joan	Codina		53.07	M	26	M U/50	81
111	Clare	Janew	Clapham Chasers	53.08	F	36	W U/50	16
112	karl	canvin		53.28	M	26	M U/50	82
113	Natasha	Anderson	Ealing Eagles Running C	53.35	F	24	W U/50	17
114	Jessica	Jarrold		53.41	F	24	W U/50	18
115	Courtney	Phillips		53.47	F	40	W U/50	19
116	Lesley	McSeveny		54.03	F	58	W O/50	4
117	Steve	Butcher		54.14	M	57	M O/50	10
118	sophie	thomas		54.16	F	25	W U/50	20
119	Jennifer	Baker	Clapham Chasers	54.19	F	29	W U/50	21
120	Luke	Smith		54.23	M	33	M U/50	83
121	Ali	Ancora		54.28	F	24	W U/50	22
122	Polly	Barr		54.35	F	24	W U/50	23
123	Lorraine	Long		55.07	F	34	W U/50	24
124	Sarah	Holmes		55.28	F	24	W U/50	25
125	Clare	Hope		55.43	F	28	W U/50	26
126	Catherine	Tierney		55.56	F	26	W U/50	27
127	Mike	Barr		56.10	M	54	M O/50	11
128	Kevin	Lim		56.10	M	43	M U/50	84
129	Anna	Marjanovic		56.28	F	26	W U/50	28
130	Joanne	Whiteley		56.41	F	27	W U/50	29
131	Lucy	Macfarlane		56.56	F	27	W U/50	30
132	Mariana	Scarpino		57.57	F	51	W O/50	5
133	Silvana	Hessinese		57.58	F	33	W U/50	31

134	Maya	Kessler		59.05	F	27	W U/50	32
135	Andrew	Brookes		59.05	M	29	M U/50	85
136	Naimah	Callachand		59.14	F	24	W U/50	33
137	Elizabeth	Moore	Claphma Pioneers	60.07	F	57	W O/50	6
138	Joanne	Ford		60.08	F	35	W U/50	34
139	Katherine	Hugo	Randburg Harriers South	61.44	F	31	W U/50	35
140	Grant	Hardy	Randburg Harriers South	61.44	M	33	M U/50	86
141	Florence	Sennour		62.25	F	27	W U/50	36
142	Jennifer	Hampson		62.25	F	24	W U/50	37
143	Siu Kuen	Wong		62.49	F	39	W U/50	38
144	Elizabeth	Morrison-Wells		63.02	F	23	W U/50	39
145	Dimitris	Kontaris		63.10	M	30	M U/50	87
146	Diana	Mundo		63.10	F	28	W U/50	40
147	Laura	Melim		63.36	F	26	W U/50	41
148	Rebecca	Crowe		63.36	F	23	W U/50	42
149	Kit	Ryan		63.47	F	46	W U/50	43
150	Ai-Ling	Lee		63.47	F	44	W U/50	44
151	Stephen	Hogan	@fusion ymca	64.52	M	28	M U/50	88
152	Andrea	Haralambides		77.00	F	36	W U/50	45
DNF	Ryan	McCrickerd	London Heathside Runn	DNF	M	26	M U/50	DNF
DNF	L	Genney		DNF	M		M U/50	DNF
DNF	Oliver	Kean	Highgate H	DNF	M	38	M U/50	DNF
DNF	Andy	Welsh		DNF	M	43	M U/50	DNF
DNF	Nathan	Wilkins	Serpentine	DNF	M	23	M U/50	DNF

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Should you have any queries then please contact Gavin Lightwood  
glightwood@uka.org.uk