



**SRI CHINMOY
MARATHON TEAM**



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**Run and Become
Become and Run**

London's One Stop Running Shop
www.runandbecome.com

SELF TRANSCENDENCE RACES 2008

Battersea Park, sw11

FIXTURE LIST

MONDAY EVENINGS 7pm Start (Registration from 6pm)

5K 26th May, 30th June, 4th August

Entry Fee: £3.50 attached, £5.50 unattached. Minimum age 13 years

2Mile 2nd June, 9th June, 16th June, 11th August

Entry Fee: £3.50 all runners. Minimum age 11 years

3x1Mile Relay 23rd June

Entry Fee: 10 per trio. If you can't find a team come along on the night and we'll find one for you!

Grand Prix July: 3Mile 7th, 2Mile 14th, 1Mile 21st, 3K 28th

Entry Fee: £12, or £3.50 per race. Minimum age 11 years (3Mile 13 years)

To be eligible for the Grand Prix series you must enter all 4 races by or on 7th July. Points will be awarded for each race. After the last race the results for the series will be given (prizes for the winners in each age category).

Enter all 11 races for £32 attached, £38 unattached and save £4.50 (excluding Relay)

SATURDAY MORNINGS 8am start (10M 7.45am start)

Registration from 7am

10 Mile 1st March, 12th July, 13th September

Entry Fee: £7 attached, £9 unattached. Minimum age 16 years

10K. 7th June, 26th July, 4th October

Entry Fee: £7 attached, £9 unattached. Minimum age 15 years

5 Mile 21st June, 8th November

Entry Fee: £6 attached, £8 unattached. Minimum age 15 years.

Entry on the day surcharge for Saturday races £1

- **RACE HQ** Situated on West Carriage Drive at the far end of Albert Car Park, within the Park. Vehicular entrance is through the West Entrance Gates off Albert Bridge Road. Registration starts hour prior to race. Please arrive no later than 15 mins prior to start time as races start a short walk from registration.
- **REGISTRATION** All races can be entered in advance or on the day for £1 extra. Entry forms are available on the website or at Run and Become 42 Palmer St. London SW1H 0PH. Online registration is possible at www.runnersworld.com/events
- **COURSE** loops of a 2.78km lap within the park, flat and traffic free. For maps see website.
- **FACILITIES** Water station with water, orange squash and energy drinks. Toilets, baggage area, showers at the track for £2. Free parking in car park on Monday nights and £2 after 9am on Saturdays.
- **AWARDS** Medals/Trophies to first seven men and women u/50, first three men and women o/50, first two men and women o/60, and first man and woman o/70. **Special prize to anyone who competes in all 12 Monday night races, or all 8 Saturday morning races.**

Organised by Sri Chinmoy AC in conjunction with the London Borough of Wandsworth, under UK Athletics Rules.
Road Race Permits applied for

WWW.SRICHINMOYRACES.ORG/UK

Email: London@runandbecome.com