

Self-Transcendence Races

3x1 mile relay

Eastville Park, Bristol

Tuesday 15th July 2008



Held under
UK Athletics
Rules.
Permit applied
for.

Registration from 6.30pm at race start.

Race start/finish is at the car park, Park Avenue, top of Eastville Park.

CATEGORIES: Junior Boys (age 11-15), Junior Girls (age 11-15), Men's Team, Women's Team, Mixed Team, Veteran Team (all team members 50+), Family Team & Non-club Team.

TROPHY to the winning team in each category.

Please make cheques payable to M. Collinson, and return with completed entry form to M. Collinson, 38 Shadwell Road, Bishopston, Bristol BS7 8EP. (If you require confirmation of entry please enclose SAE.)

✂-----

Block Capitals:

Team Name.....

Runner 1.....M▪/F▪ Age.....Club.....

Email.....Tel.....

Runner 2.....M▪/F▪ Age.....Club.....

Email.....Tel.....

Runner 3.....M▪/F▪ Age.....Club.....

Email.....Tel.....

Entry per runner Attached £2 Unattached £4. **Entry on the day** 50p extra.

Race numbers will be issued on the day at the race.

Disclaimer: I understand that the organisers will in no way be responsible for any injury, illness, accident or loss of property resulting from my participation in this event.

Signature 1..... Date.....

Signature 2..... Date.....

Signature 3..... Date.....