

Self-Transcendence Races

2 mile and 5K races

Summer 2008

Eastville Park, Bristol

Our summer evening races take place on a tree-lined and traffic-free pavement loop within Eastville Park.

* **Goody bag (including T-shirt)**
to runners completing all 3 races.

*Medals in all categories:
(49 and under, 50-59, 60-69, 70+)

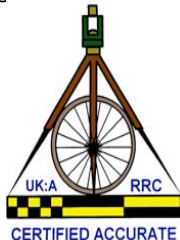
*Prizes for Series winners.

*Toilets and car parking
available close to start.

*Limited changing facilities so
come ready to run.

*Water station.

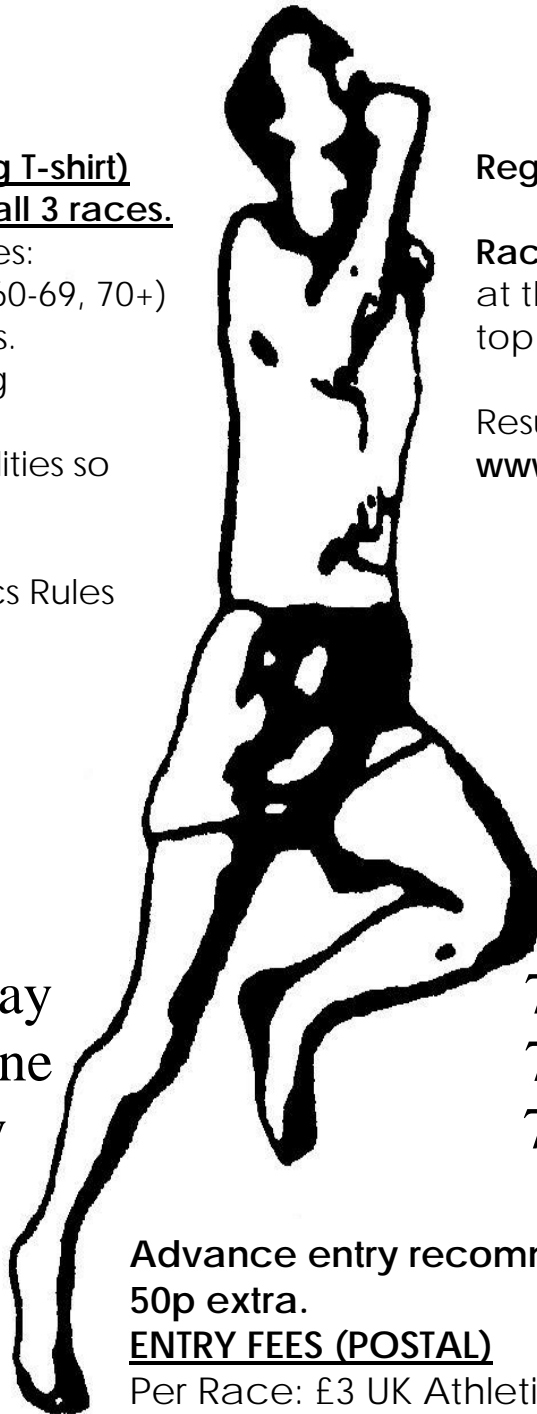
*Held under UK Athletics Rules
(Permit applied for)



Tuesday 20th May

Tuesday 17th June

Tuesday 1st July



Registration from 6.30pm

Race start and registration is
at the car park, Park Avenue,
top of Eastville Park

Results and pictures online at:
www.srichinmoyraces.org/uk

7.15pm 2 miles

7.15pm 5k

7.15pm 2 miles

Advance entry recommended. Entry on the day
50p extra.

ENTRY FEES (POSTAL)

Per Race: £3 UK Athletics Clubs / £5 unaffiliated
Or, whole series: £9 UK Athletics Clubs / £11
unaffiliated

ENTER ONLINE AT: www.srichinmoyraces.org/uk