

## Fastest Times for Each Event - Top 3

### Swim 1 : 1.5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	21:07	Jody Zerst		
2	21:09	Jason Chalker		
3	21:33	Trent Birkett		

#### Solo Female

1	26:01	Leone Jansen		
2	27:25	Zoe King		
3	29:27	Celia Thompson		

#### Male - in a Team of 4

1	22:39	Alex Prendergast	SCHMACK-O-HOLICS	T4 Open
2	22:53	Heath Betts	BIKE & BOARD	T4 Open
3	24:17	Alan Lloyd	Wicked Little Critters	T4 Mixed

#### Female - in a Team of 4

1	25:00	Delyth Lloyd	Eco Spirit	T4 Mixed
2	25:55	Heidi Scotchmer	Schmackos 2 - Training's Cheating	T4 Mixed
3	26:43	Helen Douglass	GO GO 4 NATICS	T4 Female

#### Male - in a Team of 12

1	23:08	Steven Barry	Steve's Team	T12 Open
2	25:01	Craig Allatt	3 six 12	T12 Open
3	25:09	Graham Windett	SANI BAKER TEAM	T12 Mixed

#### Female - in a Team of 12

1	24:52	Jo Vaile	4 girls, 3 guys and no idea	T12 Mixed
2	27:43	Nicola Guthrie	Simon Says	T12 Female
3	30:29	Rachel Angelopoulos	David King's Team	T12 Open

## Fastest Times for Each Event - Top 3

### Paddle 1 : 9Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	43:38	Andrew Peterson		
2	44:12	Jeremy Ross		
3	44:41	Jody Zerst		

#### Solo Female

1	50:36	Alina McMaster		
2	52:40	Zoe King		
3	57:00	Sophie Giles		

#### Male - in a Team of 4

1	40:57	Clayton Brown	No Compromise	T4 Open
2	42:35	Jason Keating	SCHMACK-O-HOLICS	T4 Open
3	44:08	Malcom Hall	Beat Kepos	T4 Open

#### Female - in a Team of 4

1	47:05	Gabrielle Hurley	InaDaze	T4 Open
2	48:43	Therese Powell	Cruising Studs Plus One	T4 Mixed
3	58:50	Jenna Leonard	The Mighty Amazons	T4 Female

#### Male - in a Team of 12

1	44:09	Dan Smith	OUT THE BACK	T12 Mixed
2	47:34	Adam Scott	FITZ 'N BLITZ	T12 Mixed
3	48:49	Jon Cope	SCHMACHOS 1 - Putting the Jerk	T12 Open

#### Female - in a Team of 12

1	55:26	Lyndsey Vivian	4 girls, 3 guys and no idea	T12 Mixed
2	58:37	Denise Hoare	Simon Says	T12 Female
3	1:03:35	Judy Jenkinson	can we paddle	T12 Mixed

## Fastest Times for Each Event - Top 3

### Run 1 : 7Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	26:06	Jeremy Ross		
2	27:53	Jody Zerbst		
3	30:13	Andrew Peterson		

#### Solo Female

1	42:21	Sophie Giles		
2	43:12	Leone Jansen		
3	46:40	Celia Thompson		

#### Male - in a Team of 4

1	31:33	Simon Rintel	Beat Kepos	T4 Open
2	34:20	Peter Dikschei	No Compromise	T4 Open
3	36:14	Nicholas Wade	Free the Snowy	T4 Open

#### Female - in a Team of 4

1	33:13	Heather Evans	Team Kepos	T4 Mixed
2	36:09	Judi Barton	Wicked Little Critters	T4 Mixed
3	37:05	Jane Scheer	Team Hairbrain	T4 Open

#### Male - in a Team of 12

1	35:52	Ross Hamilton	3 six 12	T12 Open
2	36:10	Brad Willis	UCU Outdoors Club	T12 Mixed
3	36:41	Lance Johnson	Shoalhaven Mish Mash	T12 Open

#### Female - in a Team of 12

1	37:16	Fiona Harris	The Goodies	T12 Mixed
2	40:48	Caroline Paini	OUT THE BACK	T12 Mixed
3	41:43	Elisabeth Adamson	can we paddle	T12 Mixed

## Fastest Times for Each Event - Top 3

### Bike 1 : 9Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	35:17	Jason Chalker		
2	36:56	Chad Singleton		
3	37:20	Jody Zerst		

#### Solo Female

1	46:24	Zoe King		
2	47:58	Julie Quinn		
3	52:10	Alina McMaster		

#### Male - in a Team of 4

1	34:53	Blair Martin	Team Kepos	T4 Mixed
2	35:54	Craig Stonestreet	BIKE & BOARD	T4 Open
3	38:33	Andrew Rowe	Wicked Little Critters	T4 Mixed

#### Female - in a Team of 4

1	51:50	Peggy Douglass	GO GO 4 NATICS	T4 Female
2	1:00:22	Maureen Brauers	The Mighty Amazons	T4 Female
3	1:06:33	Karen Burton	2 GOODS AND A BOY	T4 Mixed

#### Male - in a Team of 12

1	32:57	Simon Niemeyer	Steve's Team	T12 Open
2	40:30	Sean King	UCU Outdoors Club	T12 Mixed
3	42:13	Joe Arrouk	3 six 12	T12 Open

#### Female - in a Team of 12

1	43:30	Rebecca Thomson	can we paddle	T12 Mixed
2	59:30	Gwenda Griffiths	OUT THE BACK	T12 Mixed
3	59:44	Carol Lee	SANI BAKER TEAM	T12 Mixed

## Fastest Times for Each Event - Top 3

### Swim 2 : 2.5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	39:48	Jody Zerst		
2	39:49	Jason Chalker		
3	40:32	John Toomey		

#### Solo Female

1	49:02	Leone Jansen		
2	51:35	Zoe King		
3	52:36	Alina McMaster		

#### Male - in a Team of 4

1	35:55	Alex Prendergast	SCHMACK-O-HOLICS	T4 Open
2	37:51	Heath Betts	BIKE & BOARD	T4 Open
3	38:13	Malcom Hall	Beat Kepos	T4 Open

#### Female - in a Team of 4

1	34:24	Heather Evans	Team Kepos	T4 Mixed
2	40:51	Helen Douglass	GO GO 4 NATICS	T4 Female
3	45:17	Susan Wright	SUSAN WRIGHT TEAM	T4 Mixed

#### Male - in a Team of 12

1	38:02	Andrew Hills	David King's Team	T12 Open
2	38:22	Steven Barry	Steve's Team	T12 Open
3	39:07	Andrew Dapre	Pirates of the Sri Chinmoy	T12 Open

#### Female - in a Team of 12

1	39:47	Jo Vaile	4 girls, 3 guys and no idea	T12 Mixed
2	43:05	Fiona Harris	The Goodies	T12 Mixed
3	49:45	Sally Box	The Ugliers	T12 Mixed

## Fastest Times for Each Event - Top 3

### Paddle 2 : 5.5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	27:23	Jeremy Ross		
2	28:56	Andrew Peterson		
3	30:08	Trent Birkett		

#### Solo Female

1	32:12	Alina McMaster		
2	33:47	Zoe King		
3	38:14	Celia Thompson		

#### Male - in a Team of 4

1	26:37	Jason Keating	SCHMACK-O-HOLICS	T4 Open
2	27:21	Michael Murphy	Rats Nest Racing	T4 Open
3	27:41	Norman Lennehan	Coastal Cruisers	T4 Open

#### Female - in a Team of 4

1	29:12	Therese Powell	Cruising Studs Plus One	T4 Mixed
2	29:48	Gabrielle Hurley	InaDaze	T4 Open
3	32:26	Jenna Leonard	The Mighty Amazons	T4 Female

#### Male - in a Team of 12

1	26:32	Dan Smith	OUT THE BACK	T12 Mixed
2	26:53	Adam Scott	FITZ 'N BLITZ	T12 Mixed
3	28:42	Jon Cope	SCHMACHOS 1 - Putting the Jerk	T12 Open

#### Female - in a Team of 12

1	35:17	Judy Jenkinson	can we paddle	T12 Mixed
2	35:30	Lyndsey Vivian	4 girls, 3 guys and no idea	T12 Mixed
3	39:50	Christine Diederich	INTERNATIONAL IDIOTS	T12 Open

## Fastest Times for Each Event - Top 3

### Bike 2 : 11Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	21:53	Jody Zerst		
2	23:48	Jason Chalker		
3	26:48	Juan Carlos Popelka		

#### Solo Female

1	30:29	Alina McMaster		
2	31:00	Zoe King		
3	36:54	Julie Quinn		

#### Male - in a Team of 4

1	23:37	Craig Honeybrook	New Dads	T4 Open
2	23:49	Graham Anderson	WE DON'T PLAY GUITARS	T4 Mixed
3	23:51	Andrew Rowe	Wicked Little Critters	T4 Mixed

#### Female - in a Team of 4

1	28:32	Delyth Lloyd	Eco Spirit	T4 Mixed
2	28:42	Peggy Douglass	GO GO 4 NATICS	T4 Female
3	29:20	Maureen Brauers	The Mighty Amazons	T4 Female

#### Male - in a Team of 12

1	25:52	Dave Dalton	Steve's Team	T12 Open
2	26:25	Joe Andrews	4 girls, 3 guys and no idea	T12 Mixed
3	27:10	Paul Hardwick	OUT THE BACK	T12 Mixed

#### Female - in a Team of 12

1	24:15	Kerry Cameron	The Ugliers	T12 Mixed
2	28:45	Rebecca Thomson	can we paddle	T12 Mixed
3	30:56	Rochelle Morrison	THE BADDIES	T12 Mixed

## Fastest Times for Each Event - Top 3

### Run 2 : 12.5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	1:04:55	Jody Zerst		
2	1:05:55	Jason Chalker		
3	1:08:01	Jeremy Ross		

#### Solo Female

1	1:24:08	Julie Quinn		
2	1:25:02	Alina McMaster		
3	1:37:07	Sophie Giles		

#### Male - in a Team of 4

1	1:09:42	Andrew Thomas	InaDaze	T4 Open
2	1:10:48	Richard Banks	Rats Nest Racing	T4 Open
3	1:14:18	Simon Rintel	Beat Kepos	T4 Open

#### Female - in a Team of 4

1	1:14:55	Judi Barton	Wicked Little Critters	T4 Mixed
2	1:26:24	Anne Barnett	The Mighty Amazons	T4 Female
3	1:29:07	Helen Green	GO GO 4 NATICS	T4 Female

#### Male - in a Team of 12

1	53:25	John Nay	UCU Outdoors Club	T12 Mixed
2	1:16:24	Tim Gersbach	Shoalhaven Mish Mash	T12 Open
3	1:16:54	Gus Geuna	4 girls, 3 guys and no idea	T12 Mixed

#### Female - in a Team of 12

1	1:22:38	Rochelle Morrison	THE BADDIES	T12 Mixed
2	1:22:39	Anna Dyason	The Goodies	T12 Mixed
3	1:22:58	Richelle Turner	The Ugliers	T12 Mixed



## Fastest Times for Each Event - Top 3

### Bike 3 : 30Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	1:17:44	Jason Chalker		
2	1:19:24	Jody Zerbst		
3	1:26:25	Jeremy Ross		

#### Solo Female

1	1:39:46	Julie Quinn		
2	1:40:46	Alina McMaster		
3	1:41:28	Zoe King		

#### Male - in a Team of 4

1	1:13:00	Jason Ockerby	Team Kepos	T4 Mixed
2	1:18:19	Brendan Den	SUSAN WRIGHT TEAM	T4 Mixed
3	1:19:06	Matt Spackman	New Dads	T4 Open

#### Female - in a Team of 4

1	1:22:34	Annabel Alexander	The Mighty Amazons	T4 Female
2	1:42:59	Peggy Douglass	GO GO 4 NATICS	T4 Female

#### Male - in a Team of 12

1	1:12:04	Simon Niemeyer	Steve's Team	T12 Open
2	1:22:47	Aaron Scharfegger	Shoalhaven Mish Mash	T12 Open
3	1:22:57	Dan Wilkins	The Ugliers	T12 Mixed

#### Female - in a Team of 12

1	1:27:09	Penny Burrell	can we paddle	T12 Mixed
2	1:45:03	Nicola Guthrie	Simon Says	T12 Female

## Fastest Times for Each Event - Top 3

### Swim 3 : 1Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	17:29	Jody Zerst		
2	17:38	Jason Chalker		
3	17:41	John Toomey		

#### Solo Female

1	22:33	Zoe King		
2	22:44	Alina McMaster		
3	24:02	Leone Jansen		

#### Male - in a Team of 4

1	14:26	Heath Betts	BIKE & BOARD	T4 Open
2	14:33	Alex Prendergast	SCHMACK-O-HOLICS	T4 Open
3	15:17	Malcom Hall	Beat Kepos	T4 Open

#### Female - in a Team of 4

1	14:27	Heather Evans	Team Kepos	T4 Mixed
2	17:47	Helen Douglass	GO GO 4 NATICS	T4 Female
3	18:10	Judi Barton	Wicked Little Critters	T4 Mixed

#### Male - in a Team of 12

1	16:25	Graham Windett	SANI BAKER TEAM	T12 Mixed
2	16:35	Steven Barry	Steve's Team	T12 Open
3	16:55	Jason Diederich	INTERNATIONAL IDIOTS	T12 Open

#### Female - in a Team of 12

1	15:46	Jo Vaile	4 girls, 3 guys and no idea	T12 Mixed
2	19:51	Zoe Cozens	The Ugliers	T12 Mixed
3	21:19	Georgie Nobbs	THE BADDIES	T12 Mixed

## Fastest Times for Each Event - Top 3

### Paddle 3 : 9.5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	59:39	Jody Zerst		
2	1:01:25	Jon Iles		
3	1:02:14	Matt Acheson		

#### Solo Female

1	1:14:19	Alina McMaster		
2	1:15:45	Zoe King		
3	1:24:59	Sophie Giles		

#### Male - in a Team of 4

1	55:38	Clayton Brown	No Compromise	T4 Open
2	58:21	Michael Murphy	Rats Nest Racing	T4 Open
3	59:05	Norman Lennehan	Coastal Cruisers	T4 Open

#### Female - in a Team of 4

1	1:04:06	Gabrielle Hurley	InaDaze	T4 Open
2	1:04:16	Therese Powell	Cruising Studs Plus One	T4 Mixed
3	1:12:58	Delyth Lloyd	Eco Spirit	T4 Mixed

#### Male - in a Team of 12

1	56:21	Dan Smith	OUT THE BACK	T12 Mixed
2	59:25	Adam Scott	FITZ 'N BLITZ	T12 Mixed
3	1:05:02	Daryl Robinson	Douglass Dash-Hounds	T12 Open

#### Female - in a Team of 12

1	1:17:34	Lyndsey Vivian	4 girls, 3 guys and no idea	T12 Mixed
2	1:22:57	Judy Jenkins	can we paddle	T12 Mixed
3	1:45:42	Denise Hoare	Simon Says	T12 Female

## Fastest Times for Each Event - Top 3

### Run 3 : 5Km

Category	Time	Name	Team Name	Team Category
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#### Solo Male

1	21:15	Trevor Fairhurst		
2	21:39	Matt Acheson		
3	22:28	Andrew Peterson		

#### Solo Female

1	25:47	Julie Quinn		
2	29:09	Alina McMaster		
3	29:30	Leone Jansen		

#### Male - in a Team of 4

1	20:41	Grant Thomas	Team Wormald	T4 Open
2	20:50	Dale McCormack	Beat Kepos	T4 Open
3	21:22	Andrew Thomas	InaDaze	T4 Open

#### Female - in a Team of 4

1	20:18	Judi Barton	Wicked Little Critters	T4 Mixed
2	22:31	Jane Scheer	Team Hairbrain	T4 Open
3	23:16	Karen Burton	2 GOODS AND A BOY	T4 Mixed

#### Male - in a Team of 12

1	16:39	John Nay	UCU Outdoors Club	T12 Mixed
2	20:43	Andrew Dapre	Pirates of the Sri Chinmoy	T12 Open
3	21:39	Robert Mckelleher	THE BADDIES	T12 Mixed

#### Female - in a Team of 12

1	23:02	Penny Burrell	can we paddle	T12 Mixed
2	24:09	Caroline Paini	OUT THE BACK	T12 Mixed
3	24:58	Jennifer Lloyd	David King's Team	T12 Open