

## Self-Transcendence Long-Course Triathlon 2004 - Team Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
1	Team Try Again	4:08:45.9	1	Males	0:26:06.8	1	1	1	13:03	2:16:56.0	2	2	2	35.05	1:25:43.2	1	1	1	4:05	
2	Team Prefer To Run	4:16:38.9	1	Mixed	0:27:38.1	3	2	2	13:49	2:20:06.2	3	1	1	34.26	1:28:54.6	2	1	1	4:14	BRAT - Bondi Runners
3	Team Bat	4:33:19.4	2	Males	0:29:14.4	8	4	4	14:37	2:27:45.0	6	5	5	32.49	1:36:20.0	4	2	2	4:35	Bilbys
4	Team The Never-Was-Beens	4:33:59.4	3	Males	0:28:58.7	6	3	3	14:29	2:14:17.7	1	1	1	35.74	1:50:43.0	14	8	8	5:16	BRAT - Bondi Runners
5	Team Fairlight Friends	4:39:18.7	2	Mixed	0:27:35.2	2	1	1	13:48	2:31:50.2	8	3	3	31.61	1:39:53.3	7	4	4	4:45	
6	Team Fearless	4:40:27.7	3	Mixed	0:28:59.7	7	4	4	14:30	2:33:21.2	10	4	4	31.3	1:38:06.9	6	3	3	4:40	BRAT - Bondi Runners
7	Team JD On Ice	4:48:54.2	4	Males	0:28:06.8	4	2	2	14:03	2:32:25.1	9	6	6	31.49	1:48:22.4	12	7	7	5:10	LAPD - Leichhardt & Parramatta District
8	Team Running On Empty	4:51:23.3	4	Mixed	0:34:12.0	15	8	8	17:06	2:42:42.2	13	6	6	29.5	1:34:29.2	3	2	2	4:30	Goulburn Tri Club
9	Team No More Tri's	4:54:16.9	5	Males	0:36:57.4	20	10	10	18:29	2:20:42.1	4	3	3	34.11	1:56:37.5	20	10	10	5:33	
10	Team Half Serious	4:54:33.1	6	Males	0:30:13.7	11	5	5	15:07	2:46:36.3	15	8	8	28.81	1:37:43.1	5	3	3	4:39	
11	Team Dirty Bag	4:54:45.4	7	Males	0:36:23.1	19	9	9	18:12	2:34:41.3	11	7	7	31.03	1:43:41.0	8	4	4	4:56	
12	Team Crash Club	4:58:19.8	8	Males	0:35:38.9	18	8	8	17:49	2:27:21.7	5	4	4	32.57	1:55:19.2	18	9	9	5:29	
13	Team Ex Factor	4:59:13.0	5	Mixed	0:28:51.6	5	3	3	14:26	2:38:48.1	12	5	5	30.23	1:51:33.3	16	7	7	5:19	Tridents
14	Team Jamming	5:00:05.3	6	Mixed	0:29:33.9	9	5	5	14:47	2:42:59.9	14	7	7	29.45	1:47:31.5	10	5	5	5:07	Bilbys
15	Team Trihard Twosome	5:10:30.9	7	Mixed	0:40:44.0	22	10	10	20:22	2:28:01.2	7	2	2	32.43	2:01:45.8	23	10	10	5:48	
16	Team Scatham City United	5:20:58.1	9	Males	0:33:03.7	13	6	6	16:32	3:00:08.7	19	9	9	26.65	1:47:45.7	11	6	6	5:08	
17	Team Griffith Feral Triards	5:23:25.7	1	Females	0:41:13.2	23	2	2	20:37	2:51:08.0	16	1	1	28.05	1:51:04.5	15	1	1	5:17	Griffith Feral Triards
18	Team Marnie's Choice	5:24:19.5	8	Mixed	0:34:11.6	14	7	7	17:06	2:53:33.9	17	8	8	27.66	1:56:34.0	19	8	8	5:33	
19	Team Hobbo Allstars	5:25:13.5	2	Females	0:32:20.4	12	1	1	16:10	2:59:30.8	18	2	2	26.74	1:53:22.3	17	2	2	5:24	
20	Team Smorgon Team Zenith	5:29:12.0	10	Males	0:37:08.8	21	11	11	18:34	3:07:13.2	22	11	11	25.64	1:44:50.0	9	5	5	5:00	
21	Team Keep On Tri-Ing	5:29:37.5	9	Mixed	0:30:03.7	10	6	6	15:02	3:02:25.8	21	9	9	26.31	1:57:08.0	21	9	9	5:35	Bilbys
22	Team Be Surprised	5:34:42.1	11	Males	0:34:44.0	16	7	7	17:22	3:01:59.4	20	10	10	26.38	1:57:58.8	22	11	11	5:37	Snappa Head
23	Team The Three Mojitos	5:53:14.6	10	Mixed	0:34:47.6	17	9	9	17:24	3:28:20.2	23	10	10	23.04	1:50:06.9	13	6	6	5:15	
0	Team Hannagan	DNS	0	Females		0	0	0			0	0	0	0		0	0	0		
0	Team Team Misere	DNS	0	Males		0	0	0			0	0	0	0		0	0	0		LAPD - Leichhardt & Parramatta District