

Self-Transcendence "Classic" Tri 2004 - Individual Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/Km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
1	Dennis Looze	2:00:38.7	1	M 30- 34	0:18:32.0	1	1	1	9:16	1:06:35.4	4	1	4	36.04	0:35:31.4	2	1	2	3:33	
2	Chris Kemp	2:01:45.6	1	M 20- 24	0:19:54.4	4	2	4	9:57	1:06:00.2	3	2	3	36.36	0:35:51.0	3	1	3	3:35	BRAT - Bondi Runners
3	Casey Guthrie	2:03:23.7	2	M 20- 24	0:19:53.4	3	1	3	9:57	1:05:58.7	2	1	2	36.38	0:37:31.7	4	2	4	3:45	Tridents
4	Gareth Halverson	2:05:29.4	1	M 16- 19	0:19:13.3	2	1	2	9:37	1:06:45.6	5	1	5	35.95	0:39:30.6	9	1	8	3:57	
5	Andrew Steel	2:08:45.7	3	M 20- 24	0:21:30.5	11	3	9	10:45	1:08:13.0	6	3	6	35.18	0:39:02.3	7	3	6	3:54	Melbourne
6	David Criniti	2:08:52.0	1	M 25- 29	0:24:45.4	44	5	33	12:23	1:09:00.4	9	2	9	34.78	0:35:06.2	1	1	1	3:31	Kiama
7	Tracy Looze	2:12:12.9	1	F 30- 34	0:20:52.9	6	1	1	10:26	1:12:52.0	20	1	2	32.94	0:38:28.1	5	1	1	3:51	Illawarra
8	Bill Bennett	2:12:14.6	1	M 35- 39	0:22:22.0	14	2	12	11:11	1:08:30.4	7	1	7	35.03	0:41:22.2	18	4	16	4:08	Tridents
9	Richard Gentle	2:13:02.2	2	M 30- 34	0:23:09.2	23	7	16	11:35	1:09:37.5	13	4	13	34.47	0:40:15.5	12	4	11	4:02	Hills
10	Lisa Norden	2:14:38.5	1	F 15- 19	0:21:01.0	7	1	2	10:31	1:12:46.6	19	1	1	32.98	0:40:50.9	16	1	2	4:05	BRAT - Bondi Runners
11	Roger Souter	2:15:03.5	3	M 30- 34	0:20:52.0	5	2	5	10:26	1:14:16.7	31	12	29	32.31	0:39:54.9	11	3	10	3:59	
12	Andrew Cross	2:16:55.1	4	M 30- 34	0:24:10.4	34	12	24	12:05	1:14:15.3	30	11	28	32.32	0:38:29.5	6	2	5	3:51	
13	Alastair Hall	2:17:11.2	2	M 25- 29	0:24:57.2	47	7	36	12:29	1:08:59.1	8	1	8	34.79	0:43:14.9	40	4	34	4:19	Concord
14	Christian Drouin	2:17:34.2	2	M 35- 39	0:22:14.1	12	1	10	11:07	1:12:12.3	16	3	16	33.24	0:43:07.8	38	7	33	4:19	
15	Peter Read	2:17:38.3	3	M 25- 29	0:24:30.4	40	4	29	12:15	1:10:45.6	14	3	14	33.92	0:42:22.3	27	3	24	4:14	Orange Cycle and
16	Andrew Simpson	2:18:36.3	5	M 30- 34	0:21:25.1	9	3	7	10:43	1:09:21.3	11	3	11	34.6	0:47:49.9	88	26	72	4:47	Tridents
17	Chris Wooldridge	2:18:38.3	1	M 40- 44	0:21:28.8	10	1	8	10:44	1:16:31.1	41	4	38	31.37	0:40:38.4	15	2	14	4:04	Cronulla
18	Alan Lloyd	2:19:12.4	6	M 30- 34	0:22:20.1	13	4	11	11:10	1:13:16.7	22	6	20	32.75	0:43:35.6	45	13	38	4:22	Bilbys
19	Jacob Trindorfer	2:19:38.3	4	M 20- 24	0:24:24.2	37	4	27	12:12	1:13:47.0	25	5	23	32.53	0:41:27.2	19	5	17	4:09	
20	James Thomas Whelan	2:19:51.6	7	M 30- 34	0:23:18.9	25	8	18	11:39	1:13:02.5	21	5	19	32.86	0:43:30.3	44	12	37	4:21	
21	Lee Godfrey	2:20:05.9	8	M 30- 34	0:22:22.9	16	5	13	11:11	1:13:48.4	26	8	24	32.52	0:43:54.6	46	14	39	4:23	Balmoral
22	Rob Burrell	2:20:13.3	5	M 20- 24	0:28:22.9	122	8	92	14:11	1:09:29.9	12	4	12	34.53	0:42:20.5	25	6	22	4:14	
23	Peter Farrell	2:20:27.9	9	M 30- 34	0:24:30.7	41	13	30	12:15	1:13:17.4	23	7	21	32.75	0:42:39.9	29	6	25	4:16	Macarthur
24	Garry Stevens	2:20:35.1	10	M 30- 34	0:23:44.2	30	10	21	11:52	1:09:08.1	10	2	10	34.71	0:47:42.9	86	25	70	4:46	Bilbys
25	Matt Lennon	2:20:44.5	3	M 35- 39	0:25:11.9	51	5	39	12:36	1:16:00.5	38	5	35	31.58	0:39:32.1	10	1	9	3:57	Balmoral
26	Ulisses Da Silva	2:21:05.6	11	M 30- 34	0:24:01.2	31	11	22	12:01	1:14:00.3	27	9	25	32.43	0:43:04.1	36	11	31	4:18	
27	Gary Rolfe	2:21:35.0	4	M 35- 39	0:24:01.8	32	4	23	12:01	1:12:39.2	18	4	18	33.03	0:44:54.1	58	8	49	4:29	Bilbys
28	Stephen Ibrahim	2:22:07.9	12	M 30- 34	0:23:42.6	29	9	20	11:51	1:14:12.8	29	10	27	32.34	0:44:12.5	50	16	43	4:25	
29	Imogen Thornburgh	2:22:45.4	2	F 30- 34	0:26:31.2	73	5	20	13:16	1:14:17.9	32	2	3	32.3	0:41:56.4	22	2	3	4:12	
30	Dave Trudgian	2:22:56.1	1	M 45- 49	0:22:53.4	21	1	15	11:27	1:15:00.5	35	1	32	32	0:45:02.2	60	1	50	4:30	
31	David Deery	2:22:56.3	6	M 20- 24	0:28:25.1	123	9	93	14:13	1:14:05.9	28	6	26	32.39	0:40:25.4	14	4	13	4:03	Griffith Feral Triads
32	Dean Rivelli	2:23:44.2	13	M 30- 34	0:24:30.9	42	14	31	12:15	1:16:20.0	39	14	36	31.44	0:42:53.3	34	10	29	4:17	
33	Adrian Uliana	2:24:00.6	4	M 25- 29	0:24:18.7	35	2	25	12:09	1:15:03.1	36	5	33	31.98	0:44:38.9	55	7	47	4:28	Nunawading
34	John De Montfort	2:24:16.6	2	M 40- 44	0:26:48.5	79	6	59	13:24	1:14:22.9	33	2	30	32.27	0:43:05.3	37	4	32	4:19	Warringah
35	Ray Ellett	2:25:36.1	5	M 25- 29	0:25:34.9	53	8	40	12:47	1:16:32.9	42	7	39	31.35	0:43:28.4	43	5	36	4:21	Bilbys
36	Stuart Nash	2:25:39.5	5	M 35- 39	0:23:41.6	28	3	19	11:51	1:21:38.3	84	9	75	29.4	0:40:19.6	13	2	12	4:02	BRAT - Bondi Runners
37	Lucie Richards	2:26:01.2	1	F 20- 24	0:23:39.5	27	1	9	11:50	1:19:12.7	57	1	5	30.3	0:43:09.0	39	1	6	4:19	Tridents
38	Chris Piva	2:28:20.6	6	M 25- 29	0:24:20.1	36	3	26	12:10	1:15:15.7	37	6	34	31.89	0:48:44.9	105	14	86	4:52	Griffith Feral Triads
39	Elizabeth Stretton	2:28:25.0	1	F 25- 29	0:23:39.0	26	2	8	11:49	1:22:17.5	93	2	14	29.16	0:42:28.5	28	1	4	4:15	Panthers
40	Ian Garrity	2:28:38.9	6	M 35- 39	0:27:49.0	97	12	75	13:55	1:11:59.5	15	2	15	33.34	0:48:50.4	107	16	88	4:53	Armidaale
41	Mark Moerman	2:28:53.9	3	M 40- 44	0:24:32.7	43	3	32	12:16	1:16:30.9	40	3	37	31.37	0:47:50.3	90	10	74	4:47	
42	Anthony Hooper	2:29:30.2	4	M 40- 44	0:48:44.8	267	27	187	24:22	0:58:30.3	1	1	1	41.02	0:42:15.1	24	3	21	4:14	Warringah
43	Ian Williams	2:29:50.6	7	M 35- 39	0:27:46.2	95	11	73	13:53	1:19:00.5	56	6	52	30.38	0:43:04.0	35	6	30	4:18	
44	Wayne Sampson	2:29:59.7	8	M 35- 39	0:26:24.0	69	8	50	13:12	1:22:28.0	96	11	82	29.1	0:41:07.8	17	3	15	4:07	
45	Ian Depree	2:30:00.7	5	M 40- 44	0:24:55.0	46	4	35	12:28	1:17:33.9	46	5	43	30.94	0:47:31.9	82	8	68	4:45	
46	Judi Barton	2:30:07.4	2	F 20- 24	0:25:54.3	59	4	15	12:57	1:20:46.2	77	3	9	29.71	0:43:26.9	41	2	7	4:21	Tridents
47	Chris Buxton	2:30:15.5	14	M 30- 34	0:25:49.6	56	19	43	12:55	1:19:21.2	59	21	54	30.24	0:45:04.8	61	19	51	4:30	Bilbys
48	Rod Tracey	2:30:28.4	6	M 40- 44	0:27:47.0	96	11	74	13:54	1:18:04.7	48	6	45	30.74	0:44:36.7	54	6	46	4:28	Macarthur
49	Richard Norris	2:30:45.1	1	M 50- 54	0:26:38.8	74	2	54	13:19	1:12:35.2	17	1	17	33.06	0:51:31.2	133	3	110	5:09	
50	Simon Scarano	2:31:16.8	7	M 25- 29	0:31:49.1	188	21	143	15:55	1:17:20.1	45	8	42	31.03	0:42:07.7	23	2	20	4:13	Bilbys
51	David Porter	2:31:19.0	15	M 30- 34	0:26:11.0	62	20	45	13:06	1:18:10.2	49	16	46	30.7	0:46:57.9	75	22	61	4:42	
52	Louise Ryan	2:31:23.4	2	F 25- 29	0:22:47.9	18	1	5	11:24	1:23:20.4	107	4	17	28.8	0:45:15.1	63	2	12	4:32	BRAT - Bondi Runners
53	Tanya Strevens	2:31:28.7	3	F 20- 24	0:25:56.3	60	5	16	12:58	1:20:42.9	75	2	8	29.73	0:44:49.5	57	4	9	4:29	Illawarra
54	Damian Paynter	2:31:44.5	16	M 30- 34	0:28:25.6	124	32	94	14:13	1:17:08.4	44	15	41	31.11	0:46:10.6	68	20	55	4:37	Illawarra
55	Andrew Creek	2:31:52.8	17	M 30- 34	0:28:36.0	127	33	96	14:18	1:20:33.5	72	27	65	29.79	0:42:43.4	31	7	26	4:16	
56	Michael Smith	2:31:55.3	2	M 50- 54	0:28:49.1	129	3	98	14:25	1:18:29.9	51	2	48	30.57	0:44:36.3	53	1	45	4:28	Warringah
57	Jason Segrott	2:32:23.2	7	M 20- 24	0:26:26.0	71	5	52	13:13	1:20:02.3	66	8	60	29.99	0:45:54.9	67	9	54	4:35	BRAT - Bondi Runners
58	Michelle Wu	2:32:26.1	4	F 20- 24	0:25:54.0	58	3	14	12:57	1:22:16.7	92	5	13	29.17	0:44:15.5	51	3	8	4:26	Tridents
59	Jukka Viljanmaa	2:32:39.3	9	M 35- 39	0:25:51.0	57	6	44	12:56	1:24:54.3	122	17	104	28.27	0:41:54.0	21	5	19	4:11	BRAT - Bondi Runners
60	Susan Kleven	2:33:08.4	1	F 35- 39	0:26:18.0	66	3	19	13:09	1:20:05.1	67	1	7	29.97	0:46:45.3	73	3	14	4:41	Bilbys
61	Richard Edmonds	2:33:14.4	18	M 30- 34	0:26:42.2	76	23	56	13:21	1:19:50.4	63	24	57	30.06	0:46:41.8	72	21	59	4:40	
62	Karl Heiden	2:33:17.7	19	M 30- 34	0:22:50.5	20	6	14	11:25	1:14:54.8	34	13	31	32.04	0:55:32.5	174	46	137	5:33	Tridents
63	Tim Cohen	2:33:21.7	8	M 20- 24	0:27:32.0	90	7	68	13:46	1:23:28.4	111	10	94	28.75	0:42:21.4	26	7	23	4:14	BRAT - Bondi Runners

Self-Transcendence "Classic" Tri 2004 - Individual Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/Km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
64	Robbie Elder	2:33:42.2	8	M 25- 29	0:27:29.7	88	12	66	13:45	1:17:40.7	47	9	44	30.9	0:48:31.8	101	13	83	4:51	
65	Mark Brown	2:33:45.2	2	M 45- 49	0:23:17.0	24	2	17	11:39	1:24:00.9	116	7	99	28.57	0:46:27.3	70	2	57	4:39	
66	Shaun Ellmers	2:33:58.9	20	M 30- 34	0:29:42.1	146	38	109	14:51	1:21:31.2	82	30	73	29.44	0:42:45.6	32	8	27	4:17	Bilbys
67	Charles Gow-Gates	2:34:04.2	9	M 20- 24	0:29:22.8	141	11	106	14:41	1:21:13.7	81	9	72	29.55	0:43:27.7	42	8	35	4:21	
68	Aron Scharfegger	2:34:09.3	3	M 45- 49	0:27:31.0	89	5	67	13:45	1:16:55.6	43	2	40	31.2	0:49:42.8	114	5	94	4:58	
69	Mark Norman	2:34:28.1	7	M 40- 44	0:24:24.9	38	2	28	12:12	1:23:00.5	99	11	85	28.91	0:47:02.8	77	7	63	4:42	
70	Sally Taggart	2:34:33.0	2	F 35- 39	0:30:05.0	155	4	39	15:03	1:21:47.9	86	2	10	29.34	0:42:40.2	30	1	5	4:16	BRAT - Bondi Runners
71	Jason Pye	2:34:38.1	10	M 20- 24	0:26:39.0	75	6	55	13:20	1:19:52.5	64	7	58	30.05	0:48:06.6	94	10	78	4:49	
72	Randall Fitzsimon	2:35:09.1	21	M 30- 34	0:29:27.7	143	37	107	14:44	1:18:34.9	52	17	49	30.54	0:47:06.6	78	23	64	4:43	Bilbys
73	Nathan Fallowfield	2:35:24.8	9	M 25- 29	0:30:27.9	168	18	127	15:14	1:20:46.0	76	10	68	29.72	0:44:10.9	47	6	40	4:25	
74	Gary Baker	2:35:38.4	8	M 40- 44	0:30:04.3	153	18	116	15:02	1:26:24.2	142	17	120	27.78	0:39:10.0	8	1	7	3:55	
75	Jennifer Dixon	2:35:40.4	5	F 20- 24	0:24:26.3	39	2	11	12:13	1:22:12.2	91	4	12	29.2	0:49:02.0	109	6	20	4:54	Bilbys
76	Mark Fountain	2:35:45.2	4	M 45- 49	0:26:42.7	77	3	57	13:21	1:21:52.2	88	5	78	29.31	0:47:10.3	79	3	65	4:43	
77	Andrew Wade	2:35:50.7	22	M 30- 34	0:28:04.0	106	27	81	14:02	1:20:35.3	74	28	67	29.78	0:47:11.4	80	24	66	4:43	Engadine
78	Ivar Nell	2:36:04.4	10	M 25- 29	0:21:10.6	8	1	6	10:35	1:13:19.2	24	4	22	32.73	1:01:34.7	220	24	160	6:09	Bilbys
79	Jeremy Gillman-Wells	2:36:11.7	23	M 30- 34	0:25:37.7	55	18	42	12:49	1:19:17.4	58	20	53	30.27	0:51:16.7	130	33	107	5:08	
80	Peter Hordern	2:36:18.5	11	M 25- 29	0:29:57.2	149	16	112	14:59	1:20:53.4	78	11	69	29.67	0:45:27.9	64	8	52	4:33	LAPD - Leichhardt & Parramatta District
80	David Tucker	2:36:18.5	24	M 30- 34	0:25:06.7	50	16	38	12:33	1:19:46.6	62	23	56	30.08	0:51:25.2	131	34	108	5:09	Melbourne
82	Thomas Nuzzo	2:36:25.4	9	M 40- 44	0:29:32.7	145	14	108	14:46	1:18:20.6	50	7	47	30.63	0:48:32.1	102	13	84	4:51	LAPD - Leichhardt & Parramatta District
83	Michael Colquhoun	2:36:45.2	10	M 40- 44	0:27:19.4	85	8	63	13:40	1:21:42.9	85	8	76	29.37	0:47:42.9	87	9	71	4:46	Bilbys
84	Ross Hamilton	2:37:00.8	25	M 30- 34	0:30:27.8	167	39	126	15:14	1:23:40.4	114	34	97	28.68	0:42:52.7	33	9	28	4:17	Tridents
85	Wayne Benham	2:37:09.7	10	M 35- 39	0:30:02.2	150	18	113	15:01	1:20:21.2	70	7	63	29.87	0:46:46.4	74	10	60	4:41	
86	Rex Wilson	2:37:27.0	11	M 35- 39	0:27:50.8	99	14	77	13:55	1:21:12.9	80	8	71	29.55	0:48:23.4	98	15	81	4:50	
87	David Hohnberg	2:37:29.4	26	M 30- 34	0:29:13.0	138	36	104	14:37	1:19:34.8	60	22	55	30.16	0:48:41.6	104	28	85	4:52	Bilbys
88	Melissa Tipping	2:38:13.2	3	F 25- 29	0:25:01.3	49	4	12	12:31	1:24:44.5	121	5	18	28.32	0:48:27.5	99	4	18	4:51	Bilbys
89	Gerard McDermott	2:38:21.1	12	M 35- 39	0:27:07.8	82	9	61	13:34	1:23:07.9	102	13	87	28.87	0:48:05.5	93	13	77	4:49	
90	Jared Henry	2:38:32.0	12	M 25- 29	0:26:27.7	72	9	53	13:14	1:25:36.4	131	19	112	28.04	0:46:28.0	71	10	58	4:39	Bilbys
91	Belinda Soszyn	2:38:34.2	1	F 45- 49	0:22:22.7	15	1	3	11:11	1:31:11.4	182	2	39	26.32	0:45:00.1	59	1	10	4:30	Cronulla
92	Reg Sheridan	2:39:03.7	11	M 40- 44	0:30:11.5	162	20	123	15:06	1:24:40.9	120	12	103	28.34	0:44:11.4	48	5	41	4:25	Bilbys
93	Craig Bell	2:39:36.1	27	M 30- 34	0:36:33.7	246	52	177	18:17	1:18:38.5	53	18	50	30.52	0:44:24.0	52	17	44	4:26	
94	Richard Banks	2:39:36.7	13	M 25- 29	0:28:16.8	117	14	88	14:08	1:25:38.3	133	20	114	28.02	0:45:41.6	65	9	53	4:34	
95	Patrick Murphy	2:39:39.1	14	M 25- 29	0:27:20.0	86	10	64	13:40	1:23:29.8	112	16	95	28.74	0:48:49.3	106	15	87	4:53	
96	Michael Rosendorfer	2:39:39.2	28	M 30- 34	0:28:12.7	112	28	84	14:06	1:20:13.7	68	25	61	29.91	0:51:12.9	129	32	106	5:07	
97	Grant Cameron	2:39:54.0	29	M 30- 34	0:27:40.3	93	25	71	13:50	1:18:56.6	54	19	51	30.4	0:53:17.2	147	39	118	5:20	Warringah
98	Annabelle Duncan	2:40:19.7	6	F 20- 24	0:28:25.6	124	6	31	14:13	1:26:40.7	147	6	25	27.69	0:45:13.5	62	5	11	4:31	
99	Nina Stevens	2:40:22.3	4	F 25- 29	0:29:15.7	140	12	35	14:38	1:18:58.3	55	1	4	30.39	0:52:08.3	136	8	25	5:13	Bilbys
100	Scott Stefl	2:40:34.4	30	M 30- 34	0:35:23.2	234	50	171	17:42	1:20:23.6	71	26	64	29.85	0:44:47.7	56	18	48	4:29	
101	Craig Matthews	2:40:38.6	13	M 35- 39	0:27:36.5	92	10	70	13:48	1:26:37.9	145	21	122	27.7	0:46:24.2	69	9	56	4:38	Cronulla
102	Andrew Baseby	2:40:40.6	31	M 30- 34	0:33:10.1	207	46	155	16:35	1:25:37.2	132	37	113	28.03	0:41:53.3	20	5	18	4:11	Forster-Tuncurry
103	Howard Yen	2:40:51.8	12	M 40- 44	0:26:49.9	80	7	60	13:25	1:26:01.2	137	15	117	27.9	0:48:00.8	92	11	76	4:48	Orange Cycle and
104	Elisa Cornish	2:41:10.5	5	F 25- 29	0:24:05.0	33	3	10	12:02	1:23:05.0	101	3	15	28.89	0:54:00.6	155	12	31	5:24	Hills
105	Paul Muir	2:41:30.4	5	M 45- 49	0:28:55.4	132	7	100	14:28	1:24:04.3	117	8	100	28.55	0:48:30.8	100	4	82	4:51	
106	Daniel Richardson	2:41:32.4	13	M 40- 44	0:26:20.3	67	5	48	13:10	1:26:55.5	149	18	124	27.61	0:48:16.7	97	12	80	4:50	Panthers
107	Brendan Morling	2:41:34.9	14	M 35- 39	0:30:09.7	160	20	121	15:05	1:21:48.7	87	10	77	29.34	0:49:36.6	112	17	92	4:58	
108	Tempel Matterson	2:42:01.1	6	F 25- 29	0:28:19.7	119	10	30	14:10	1:26:00.1	136	6	20	27.91	0:47:41.3	85	3	16	4:46	BRAT - Bondi Runners
109	Roy Peat	2:43:01.8	14	M 40- 44	0:30:02.4	151	17	114	15:01	1:22:47.1	97	9	83	28.99	0:50:12.3	118	16	98	5:01	
110	Jennifer Parker	2:43:17.6	3	F 30- 34	0:22:54.8	22	4	7	11:27	1:25:15.3	127	5	19	28.15	0:55:07.6	171	8	37	5:31	Wagga Tri-ants
111	Andrew Brown	2:43:34.8	32	M 30- 34	0:28:00.1	103	26	80	14:00	1:22:22.6	94	31	80	29.13	0:53:12.1	146	38	117	5:19	Bilbys
112	Christopher Rainey	2:43:39.0	15	M 25- 29	0:28:17.2	118	15	89	14:09	1:25:07.9	126	17	108	28.19	0:50:14.0	119	17	99	5:01	Hills
113	David Martini	2:43:42.8	16	M 25- 29	0:33:23.9	214	25	159	16:42	1:23:20.0	106	14	90	28.8	0:46:59.0	76	11	62	4:42	
114	Rod Williams	2:43:59.0	15	M 40- 44	0:27:45.3	94	10	72	13:53	1:22:55.9	98	10	84	28.94	0:53:17.8	148	19	119	5:20	Southern Highlands
115	Chris White	2:44:07.6	33	M 30- 34	0:26:24.4	70	22	51	13:12	1:28:52.5	169	46	139	27	0:48:50.7	108	29	89	4:53	
116	Jacqui Shrimpton	2:44:08.6	2	F 45- 49	0:28:04.9	107	2	26	14:02	1:22:02.5	90	1	11	29.25	0:54:01.2	157	2	32	5:24	Southern Highlands
117	Anton Scott-Cameron	2:44:16.8	34	M 30- 34	0:28:22.3	121	31	91	14:11	1:21:04.8	79	29	70	29.6	0:54:49.7	169	45	134	5:29	Tridents
118	Craig Lambeth	2:44:20.4	35	M 30- 34	0:26:16.6	65	21	47	13:08	1:24:00.4	115	35	98	28.57	0:54:03.4	159	42	127	5:24	Panthers
119	Ian Cross	2:44:24.4	15	M 35- 39	0:30:35.6	173	21	130	15:18	1:23:09.0	103	14	88	28.86	0:50:39.9	124	19	103	5:04	Cowra
120	Peter Briard	2:44:53.6	17	M 25- 29	0:24:51.6	45	6	34	12:26		0	0	0	0	2:20:02.0	262	27	184	14:00	Cronulla
121	Kipling Walker	2:45:12.9	16	M 35- 39	0:28:13.9	113	17	85	14:07	1:28:45.2	166	22	137	27.04	0:48:13.8	96	14	79	4:49	BRAT - Bondi Runners
122	Ron Brent	2:45:15.1	6	M 45- 49	0:30:52.5	177	11	133	15:26	1:20:33.6	73	4	66	29.79	0:53:49.1	152	6	122	5:23	Bilbys
123	Jean-Paul Wallace	2:45:29.2	36	M 30- 34	0:28:14.1	114	29	86	14:07	1:24:38.2	119	36	102	28.36	0:52:37.0	139	36	113	5:16	Balmoral
124	Jane Halliburton	2:45:30.8	4	F 30- 34	0:27:08.5	83	6	22	13:34	1:30:48.8	177	9	36	26.43	0:47:33.6	83	3	15	4:45	
125	Todd Horrell	2:45:39.1	17	M 35- 39	0:33:42.6	219	25	163	16:51	1:24:06.4	118	16	101	28.54	0:47:50.1	89	12	73	4:47	
126	Peter Hoefler	2:45:53.0	16	M 40-																

Self-Transcendence "Classic" Tri 2004 - Individual Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/Km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
127	Linda Smith	2:46:00.2	1	F 40- 44	0:29:02.4	134	4	33	14:31	1:26:05.3	138	1	21	27.88	0:50:52.5	127	1	23	5:05	Warringah
128	Dean Mico	2:46:03.3	18	M 25- 29	0:28:11.3	109	13	82	14:06	1:27:55.0	159	21	132	27.3	0:49:57.0	116	16	96	5:00	Panthers
129	Travis McMaster	2:46:34.9	2	M 16- 19	0:31:22.8	184	3	140	15:41	1:25:05.7	125	3	107	28.2	0:50:06.4	117	2	97	5:01	Cowra
130	Jim McLean	2:46:38.7	7	M 45- 49	0:27:15.4	84	4	62	13:38	1:25:28.2	130	9	111	28.08	0:53:55.1	153	7	123	5:24	
131	Phillip McQuillan	2:46:41.0	19	M 25- 29	0:31:07.2	182	20	138	15:34	1:21:33.9	83	12	74	29.42	0:53:60.0	154	19	124	5:24	Balmoral
132	Reg Bollard	2:46:55.0	1	M 55- 59	0:32:00.7	190	5	145	16:00	1:20:17.8	69	1	62	29.89	0:54:36.5	165	4	132	5:28	Wagga Tri-ants
133	Mark Fisher	2:46:57.4	18	M 35- 39	0:26:11.2	63	7	46	13:06	1:26:21.4	141	20	119	27.79	0:54:24.8	164	21	131	5:26	Cowra
134	Caroline Chartier	2:47:13.5	5	F 30- 34	0:22:44.6	17	2	4	11:22	1:29:46.4	175	8	34	26.73	0:54:42.5	168	7	35	5:28	
135	Stephanie Moles	2:47:14.2	3	F 35- 39	0:25:59.4	61	2	17	13:00	1:27:41.1	156	4	27	27.37	0:53:33.8	149	5	30	5:21	
136	Kirsty Germaine	2:47:23.1	7	F 25- 29	0:28:11.7	110	9	28	14:06	1:26:26.8	143	7	23	27.76	0:52:44.6	140	10	27	5:16	
137	Kevin Miller	2:47:26.0	20	M 25- 29	0:27:25.9	87	11	65	13:43	1:23:22.2	108	15	91	28.79	0:56:37.9	184	22	143	5:40	
138	Elizabeth Currie	2:48:03.5	8	F 25- 29	0:26:16.1	64	5	18	13:08	1:30:56.6	178	12	37	26.39	0:50:50.9	126	7	22	5:05	
139	Peter Orton	2:48:29.4	37	M 30- 34	0:33:05.4	206	45	154	16:33	1:27:24.7	155	41	129	27.46	0:47:59.3	91	27	75	4:48	Cronulla
140	Nicholas Wade	2:48:30.0	21	M 25- 29	0:30:55.1	178	19	134	15:28	1:25:16.6	128	18	109	28.14	0:52:18.3	138	18	112	5:14	
141	Isabella Juric	2:48:31.0	6	F 30- 34	0:30:38.3	174	10	44	15:19	1:23:11.7	104	4	16	28.85	0:54:41.0	167	6	34	5:28	
142	Andrew Fisher	2:48:44.1	19	M 35- 39	0:27:53.0	100	15	78	13:56	1:23:23.5	109	15	92	28.78	0:57:27.7	189	22	146	5:45	
143	Joshua Barker	2:48:47.7	3	M 16- 19	0:30:43.9	175	2	131	15:22	1:22:26.3	95	2	81	29.11	0:55:37.6	175	3	138	5:34	Orange Cycle and
144	Jeff Martin	2:48:50.4	38	M 30- 34	0:26:43.9	78	24	58	13:22	1:28:03.6	161	42	133	27.25	0:54:02.9	158	41	126	5:24	
145	Simon Pillar	2:49:06.8	17	M 40- 44	0:30:09.9	161	19	122	15:05	1:25:46.9	135	14	116	27.98	0:53:10.1	145	18	116	5:19	Balmoral
146	Ian Geddes	2:49:13.6	8	M 45- 49	0:28:35.7	126	6	95	14:18	1:19:56.4	65	3	59	30.02	1:00:41.6	215	10	158	6:04	Griffith Feral Triards
147	Andrew Foot	2:49:36.4	39	M 30- 34	0:32:38.1	196	42	150	16:19	1:23:13.4	105	32	89	28.84	0:53:45.0	151	40	121	5:22	Tridents
148	Andrew Stone	2:49:42.2	40	M 30- 34	0:28:20.2	120	30	90	14:10	1:28:30.6	163	44	135	27.12	0:52:51.5	142	37	114	5:17	Hornsby
149	Karen Burton	2:49:52.7	4	F 35- 39	0:34:38.7	228	6	61	17:19	1:29:20.7	171	5	31	26.86	0:45:53.4	66	2	13	4:35	Females In Training (FIT)
150	Geoff Wells	2:49:55.5	2	M 55- 59	0:28:12.1	111	1	83	14:06	1:31:23.5	183	4	144	26.26	0:50:20.0	120	2	100	5:02	Bilbys
151	Hilton Fletcher	2:50:03.6	18	M 40- 44	0:32:14.7	192	22	146	16:07	1:26:18.4	140	16	118	27.81	0:51:30.6	132	17	109	5:09	Tridents
152	Paul Kelly	2:50:40.7	41	M 30- 34	0:32:53.9	200	43	152	16:27	1:26:44.8	148	39	123	27.67	0:51:02.1	128	31	105	5:06	LAPD - Leichhardt & Parramatta District
153	Angus Mitchell	2:50:50.4	42	M 30- 34	0:30:55.2	179	41	135	15:28	1:28:21.6	162	43	134	27.16	0:51:33.7	134	35	111	5:09	
154	Brad Matthews	2:51:07.5	20	M 35- 39	0:31:00.9	181	22	137	15:30	1:32:45.3	193	23	151	25.87	0:47:21.3	81	11	67	4:44	
155	Caroline De Montfort	2:51:40.6	5	F 35- 39	0:32:43.6	198	5	47	16:22	1:26:05.8	139	3	22	27.88	0:52:51.3	141	4	28	5:17	Warringah
156	Michael Rose	2:51:40.9	19	M 40- 44	0:29:13.2	139	13	105	14:37	1:27:07.1	153	20	127	27.55	0:55:20.6	173	21	136	5:32	
157	Dot Foster	2:51:52.7	2	F 40- 44	0:28:05.3	108	2	27	14:03	1:29:27.7	172	2	32	26.83	0:54:19.8	161	2	33	5:26	Tridents
158	Will Kaless	2:52:10.9	11	M 20- 24	0:30:13.1	163	12	124	15:07	1:27:47.5	158	11	131	27.34	0:54:10.3	160	11	128	5:25	Balmoral
159	Colleen McCarthy	2:52:11.8	7	F 30- 34	0:22:50.0	19	3	6	11:25	1:19:44.3	61	3	6	30.1	1:09:37.6	256	19	75	6:58	BRAT - Bondi Runners
160	David Matthew Williams	2:52:41.3	22	M 25- 29	0:32:39.7	197	24	151	16:20	1:32:21.1	190	24	149	25.99	0:47:40.5	84	12	69	4:46	Bilbys
161	Peter Duncan	2:52:46.8	43	M 30- 34	0:34:57.5	230	49	168	17:29	1:33:37.3	202	50	155	25.64	0:44:12.0	49	15	42	4:25	
162	Bill Dragos	2:53:04.1	44	M 30- 34	0:25:37.3	54	17	41	12:49	1:23:24.3	110	33	93	28.78	1:04:02.5	236	53	171	6:24	Tuggeranong Vikings Triathlon Club
163	Jessica Barnes	2:53:08.6	9	F 25- 29	0:27:00.9	81	6	21	13:30	1:28:37.5	165	8	29	27.08	0:57:30.3	190	16	44	5:45	Bilbys
164	Allan Gunn	2:53:20.8	20	M 40- 44	0:29:47.6	148	16	111	14:54	1:34:17.7	208	22	158	25.45	0:49:15.6	111	15	91	4:56	
165	Peter Southgate	2:53:21.8	3	M 50- 54	0:26:22.8	68	1	49	13:11	1:32:58.4	195	5	152	25.81	0:54:00.7	156	4	125	5:24	Kiama
166	Zoe King	2:53:54.6	10	F 25- 29	0:34:47.3	229	20	62	17:24	1:28:47.3	167	9	30	27.03	0:50:20.1	121	6	21	5:02	
167	Brian Vernon	2:54:00.7	9	M 45- 49	0:33:10.3	208	12	156	16:35	1:23:33.9	113	6	96	28.72	0:57:16.5	186	9	144	5:44	Tridents
168	Libby Adamson	2:54:13.9	8	F 30- 34	0:35:55.2	239	17	65	17:58	1:26:38.3	146	6	24	27.7	0:51:40.4	135	5	24	5:10	Bilbys
169	Ashley Boorman	2:54:15.1	3	M 55- 59	0:38:03.1	253	6	179	19:02	1:26:26.9	144	2	121	27.76	0:49:45.1	115	1	95	4:59	Cronulla
170	Philip Melville	2:54:23.2	45	M 30- 34	0:34:01.0	221	48	164	17:01	1:25:44.5	134	38	115	27.99	0:54:37.7	166	44	133	5:28	Bilbys
171	Patrick Kluth	2:54:39.3	21	M 35- 39	0:36:39.2	247	29	178	18:20	1:24:56.5	123	18	105	28.25	0:53:03.6	143	20	115	5:18	Bilbys
172	Robert King	2:55:01.1	46	M 30- 34	0:28:39.5	128	34	97	14:20	1:32:00.7	186	48	146	26.08	0:54:21.0	162	43	129	5:26	
173	Daryl Phillips	2:55:28.5	47	M 30- 34	0:24:58.4	48	15	37	12:29	1:28:49.0	168	45	138	27.02	1:01:41.1	221	51	161	6:10	
174	Rosanne Lo	2:55:29.4	11	F 25- 29	0:30:26.6	166	13	41	15:13	1:36:27.0	219	18	57	24.88	0:48:35.9	103	5	19	4:52	
175	Jaki Graham	2:56:14.1	12	F 25- 29	0:28:03.9	104	7	24	14:02	1:35:03.3	212	16	53	25.25	0:53:07.0	144	11	29	5:19	Balmoral
176	Rod Whithear	2:56:23.6	22	M 35- 39	0:35:05.1	232	26	169	17:33	1:23:00.6	100	12	86	28.91	0:58:17.9	199	23	151	5:50	Bilbys
177	Helen Kehoe	2:56:30.6	3	F 40- 44	0:28:16.3	116	3	29	14:08	1:33:16.0	199	4	46	25.73	0:54:58.4	170	3	36	5:30	
178	Tony McGowen	2:56:38.5	10	M 45- 49	0:30:34.5	172	10	129	15:17	1:29:30.1	173	10	141	26.82	0:56:33.9	183	8	142	5:39	Southern Highlands
179	Maria Radic	2:56:48.8	13	F 25- 29	0:30:30.7	170	14	42	15:15	1:34:09.4	206	15	50	25.49	0:52:08.8	137	9	26	5:13	Bilbys
180	Kevin Moore	2:56:59.5	21	M 40- 44	0:34:14.9	226	25	167	17:07	1:25:04.5	124	13	106	28.21	0:57:40.1	193	23	148	5:46	Cronulla
181	Peter Clayden	2:57:31.2	22	M 40- 44	0:28:51.3	130	12	99	14:26	1:31:02.0	180	21	142	26.36	0:57:37.9	192	22	147	5:46	
182	Connie Clement	2:57:49.3	1	F 55- 59	0:32:44.9	199	1	48	16:22	1:27:06.9	152	1	26	27.55	0:57:57.5	196	1	47	5:48	Females In Training (FIT)
183	Pete Bartholomew	2:57:55.3	23	M 35- 39	0:27:50.2	98	13	76	13:55	1:39:30.8	231	26	168	24.12	0:50:34.3	123	18	102	5:03	Bilbys
184	Kent Wong	2:58:03.5	23	M 25- 29	0:34:09.3	224	27	166	17:05	1:28:35.1	164	22	136	27.09	0:55:19.2	172	21	135	5:32	
185	David Bomba	2:58:09.5	24	M 25- 29	0:30:06.5	156	17	117	15:03	1:22:00.0	89	13	79	29.27	1:06:03.0	242	26	174	6:36	
186	Chris Brown	2:58:34.1	4	M 55- 59	0:30:07.3	157	3	118	15:04	1:32:33.3	192	5	150	25.93	0:55:53.5	177	5	139	5:35	
187	Zoe Cameron	2:58:42.6	14	F 25- 29	0:30:34.2	171	15	43	15:17	1:29:41.5	174	10	33	26.76	0:58:27.0	201	18	50	5:51	Bilbys
188	Gary Mitchell	2:59:26.1	4	M 50- 54	0:35:56.7	240	7</													

Self-Transcendence "Classic" Tri 2004 - Individual Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/Km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
190	Andrea Marsden	3:00:07.0	9	F 30- 34	0:30:04.9	154	8	38	15:02	1:33:51.6	204	13	48	25.57	0:56:10.5	180	9	39	5:37	
191	Tim Montague-Jones	3:00:26.1	48	M 30- 34	0:30:29.0	169	40	128	15:15	1:32:07.6	187	49	147	26.05	0:57:49.5	195	48	149	5:47	Warringah
192	Barbara Beard	3:00:27.7	4	F 40- 44	0:27:59.9	102	1	23	14:00	1:34:27.2	209	5	51	25.41	0:58:00.6	197	4	48	5:48	
193	Suzy Duff	3:00:28.7	15	F 25- 29	0:32:58.0	202	16	50	16:29	1:31:46.3	184	13	40	26.15	0:55:44.4	176	13	38	5:34	
194	David McCarron	3:00:42.7	25	M 25- 29	0:32:34.0	194	23	148	16:17	1:28:53.0	170	23	140	27	0:59:15.8	209	23	155	5:56	
195	Sonja Dyason	3:00:43.8	6	F 35- 39	0:25:25.5	52	1	13	12:43	1:32:17.9	188	6	41	26	1:03:00.5	233	7	65	6:18	Tridents
196	Kylie Smith	3:00:59.0	10	F 30- 34	0:30:18.2	164	9	40	15:09	1:32:56.8	194	10	43	25.82	0:57:44.1	194	10	46	5:46	Bilbys
197	Sue Bowden	3:01:17.1	3	F 45- 49	0:29:23.9	142	3	36	14:42	1:35:26.1	214	4	54	25.15	0:56:27.2	181	3	40	5:39	Tuggeranong Vikings Triathlon Club
198	Sara Wakefield	3:01:38.0	16	F 25- 29	0:33:22.4	213	18	55	16:41	1:30:39.6	176	11	35	26.47	0:57:36.1	191	17	45	5:46	
199	Karl Keating	3:01:51.7	12	M 20- 24	0:31:07.4	183	13	139	15:34	1:33:26.3	200	12	154	25.69	0:57:18.0	187	12	145	5:44	Engadine
200	Joseph Falco	3:02:17.2	26	M 25- 29	0:33:24.4	215	26	160	16:42	1:34:30.8	210	25	159	25.39	0:54:22.1	163	20	130	5:26	
201	Lisa Barber	3:02:26.9	17	F 25- 29	0:33:26.4	216	19	56	16:43	1:32:29.7	191	14	42	25.95	0:56:30.8	182	14	41	5:39	
202	Mick Marshall	3:03:25.3	24	M 35- 39	0:35:37.8	238	28	174	17:49	1:25:17.1	129	19	110	28.14	1:02:30.4	227	25	164	6:15	Griffith Feral Triards
203	Mark Blake	3:03:41.3	49	M 30- 34	0:41:07.9	259	55	183	20:34	1:31:50.0	185	47	145	26.13	0:50:43.5	125	30	104	5:04	
204	Robyn Nordstrand	3:04:04.0	1	F 50- 54	0:33:55.3	220	2	57	16:58	1:30:59.3	179	1	38	26.38	0:59:09.5	207	3	54	5:55	Warringah
205	Justin Haddrick	3:04:21.0	50	M 30- 34	0:38:09.5	255	53	180	19:05	1:26:57.8	150	40	125	27.6	0:59:13.8	208	50	154	5:55	
206	Kerry Rhoades	3:05:38.6	18	F 25- 29	0:28:04.0	105	8	25	14:02	1:40:56.5	234	20	65	23.78	0:56:38.2	185	15	42	5:40	
207	Tom Collins	3:06:09.6	1	M6569	0:31:00.3	180	1	136	15:30	1:32:20.1	189	1	148	25.99	1:02:49.2	232	1	168	6:17	
208	Kendell McMaster	3:06:54.7	11	M 45- 49	0:30:09.2	159	9	120	15:05	1:34:14.7	207	11	157	25.47	1:02:30.9	228	13	165	6:15	Cowra
209	Elliot Katz	3:07:06.4	51	M 30- 34	0:33:13.5	210	47	157	16:37	1:35:43.2	216	51	162	25.07	0:58:09.8	198	49	150	5:49	
210	Peter Giddins	3:07:06.6	5	M 55- 59	0:28:14.8	115	2	87	14:07	1:31:05.3	181	3	143	26.35	1:07:46.6	251	7	178	6:47	Hornsby
211	Bridget Dowling	3:07:34.5	11	F 30- 34	0:33:05.0	205	13	52	16:33	1:33:36.5	201	12	47	25.64	1:00:53.0	217	14	58	6:05	Tuggeranong Vikings Triathlon Club
212	Louise Heywood	3:09:00.2	5	F 40- 44	0:36:58.0	249	9	71	18:29	1:33:10.1	198	3	45	25.76	0:58:52.1	205	5	53	5:53	
213	Greg Matthews	3:09:14.1	23	M 40- 44	0:27:33.4	91	9	69	13:47	1:42:57.2	239	26	173	23.31	0:58:43.6	204	24	152	5:52	Macarthur
214	Katherine Bryant	3:09:42.8	6	F 40- 44	0:33:02.7	203	6	51	16:31	1:36:28.2	220	7	58	24.88	1:00:12.0	211	6	55	6:01	
215	Janine Rose	3:10:30.5	12	F 30- 34	0:32:02.3	191	11	46	16:01	1:36:07.6	217	14	55	24.97	1:02:20.6	224	17	63	6:14	
216	Leanne Withford	3:10:40.1	13	F 30- 34	0:37:07.1	251	19	73	18:34	1:33:00.4	197	11	44	25.8	1:00:32.7	214	13	57	6:03	
217	Sam Sharbine	3:10:40.2	6	M 50- 54	0:30:47.0	176	5	132	15:23	1:33:39.5	203	6	156	25.63	1:06:13.8	243	6	175	6:37	Hills
218	Ronda Gainsford	3:10:42.0	4	F 45- 49	0:34:01.3	222	4	58	17:01	1:34:06.0	205	3	49	25.51	1:02:34.8	229	4	64	6:15	Mudgee Red Devils
219	Alexis Diamond	3:10:49.3	14	F 30- 34	0:35:31.4	236	16	64	17:46	1:36:54.1	222	16	60	24.77	0:58:23.9	200	11	49	5:50	Tridents
220	Alison Evans	3:10:53.7	15	F 30- 34	0:36:28.8	245	18	69	18:14	1:28:01.2	160	7	28	27.27	1:06:23.8	244	18	69	6:38	Tuggeranong Vikings Triathlon Club
221	Stephen Edwards	3:11:01.9	25	M 35- 39	0:30:07.6	158	19	119	15:04	1:35:34.1	215	25	161	25.11	1:05:20.3	240	26	173	6:32	Cronulla
222	Bec Brown	3:11:45.9	2	F 50- 54	0:31:37.4	187	1	45	15:49	1:39:49.1	232	2	64	24.04	1:00:19.4	212	4	56	6:02	
223	Jason Lee	3:11:54.1	52	M 30- 34	0:38:10.6	256	54	181	19:05	1:37:38.0	226	52	166	24.58	0:56:05.5	179	47	141	5:37	Bilbys
224	Sven Graham	3:11:54.5	24	M 40- 44	0:32:34.1	195	23	149	16:17	1:36:55.5	223	24	163	24.76	1:02:24.9	225	27	162	6:14	Balmoral
225	John Simmonds	3:12:06.4	1	M 60- 64	0:30:23.3	165	1	125	15:12	1:38:35.9	228	1	167	24.34	1:03:07.2	234	1	169	6:19	Balmoral
226	Damien Benson	3:12:16.0	27	M 25- 29	0:32:16.3	193	22	147	16:08	1:37:21.9	224	26	164	24.65	1:02:37.8	230	25	166	6:16	
227	Chris Mills	3:12:23.5	25	M 40- 44	0:43:30.9	264	26	185	21:45	1:35:11.3	213	23	160	25.21	0:53:41.4	150	20	120	5:22	
228	Melissa Petropoulos	3:12:25.0	19	F 25- 29	0:33:12.5	209	17	53	16:36	1:37:50.7	227	19	61	24.53	1:01:21.9	219	19	60	6:08	Tuggeranong Vikings Triathlon Club
229	Cherie Rivelli	3:12:43.4	20	F 25- 29	0:29:04.4	135	11	34	14:32	1:36:18.2	218	17	56	24.92	1:07:20.8	250	20	73	6:44	Warringah
230	Mark Rugless	3:12:57.5	26	M 40- 44	0:33:14.0	211	24	158	16:37	1:39:54.3	233	25	169	24.02	0:59:49.2	210	25	156	5:59	
231	Bridget Hart	3:13:01.4	16	F 30- 34	0:34:14.7	225	15	59	17:07	1:36:42.3	221	15	59	24.82	1:02:04.5	223	16	62	6:12	
232	Richard Morris	3:13:27.5	12	M 45- 49	0:29:09.4	137	8	103	14:35	1:43:34.8	243	12	176	23.17	1:00:43.4	216	11	159	6:04	Botany Bay
233	Arthur Huxtable	3:13:50.8	6	M 55- 59	0:31:28.4	186	4	142	15:44	1:51:48.8	255	7	184	21.46	0:50:33.6	122	3	101	5:03	
234	Wendy Thomas	3:14:24.3	7	F 40- 44	0:29:30.0	144	5	37	14:45	1:38:54.6	229	8	62	24.26	1:05:59.8	241	7	68	6:36	Warringah
235	Sharon Worth	3:17:26.3	8	F 40- 44	0:36:14.5	243	8	68	18:07	1:34:33.7	211	6	52	25.38	1:06:38.1	245	8	70	6:40	Balmoral
236	Joseph Mann	3:18:11.6	26	M 35- 39	0:27:57.7	101	16	79	13:59	1:41:24.9	236	27	171	23.67	1:08:49.0	254	28	180	6:53	
237	Cherelle Martin	3:18:32.9	17	F 30- 34	0:33:20.4	212	14	54	16:40	1:43:29.0	242	17	67	23.19	1:01:43.5	222	15	61	6:10	
238	Kylie Harmer	3:19:13.1	18	F 30- 34	0:32:54.7	201	12	49	16:27	1:47:35.3	249	18	70	22.31	0:58:43.1	203	12	52	5:52	
239	James Isbell	3:19:59.1	53	M 30- 34	0:33:03.4	204	44	153	16:32	1:43:26.9	241	54	175	23.2	1:03:28.9	235	52	170	6:21	
240	Anne Simmons	3:20:34.5	3	F 50- 54	0:36:07.1	242	3	67	18:04	1:47:07.2	247	4	69	22.4	0:57:20.2	188	1	43	5:44	LAPD - Leichhardt & Parramatta District
241	Steve Brown	3:23:33.7	27	M 40- 44	0:31:26.5	185	21	141	15:43	1:51:37.2	254	27	183	21.5	1:00:30.1	213	26	157	6:03	
242	Keith Joliffe	3:24:17.1	7	M 55- 59	0:43:57.8	265	7	186	21:59	1:37:34.1	225	6	165	24.6	1:02:45.3	231	6	167	6:17	Bilbys
243	Gabrielle Mangos	3:25:38.2	7	F 35- 39	0:35:00.8	231	7	63	17:30	1:42:43.6	238	7	66	23.36	1:07:53.8	252	9	74	6:47	
244	Kenneth Yardy	3:25:45.9	27	M 35- 39	0:35:22.8	233	27	170	17:41	1:43:09.9	240	28	174	23.26	1:07:13.3	248	27	177	6:43	
245	Catherine Verry	3:25:58.7	4	F 50- 54	0:42:46.6	262	5	78	21:23	1:44:29.4	244	3	68	22.97	0:58:42.8	202	2	51	5:52	
246	Phillip Davey	3:26:33.7	7	M 50- 54	0:31:57.4	189	6	144	15:59	1:42:39.1	237	7	172	23.38	1:11:57.2	259	7	183	7:12	
247	John Adamson	3:26:50.9	13	M 45- 49	0:35:34.7	237	13	173	17:47	1:48:49.3	251	13	181	22.05	1:02:27.0	226	12	163	6:15	
248	Fleur Flannery	3:27:33.8	19	F 30- 34	0:28:54.9	131	7	32	14:27	2:10:28.5	263	19	77	18.39	0:48:10.4	95	4	17	4:49	
249	Dennis Cafe	3:28:20.5	2	M 60- 64	0:35:28.8	235	3	172	17:44	1:45:58.4	246	3	178	22.65	1:06:53.4	246	3	176	6:41	Cronulla
250	Hugh Crawley	3:28:48.0	3	M 60- 64	0:38:48.5	257	4	182	19:24	1:44:44.4	245	2	177	22.91	1:05:15.1	239	2	172	6:32	
251	Nik Christen	3:31:09.8	8	F 35- 39	0:39:58.2	258	10	76												

Self-Transcendence "Classic" Tri 2004 - Individual Results

Plc	Name	Overall	Cat Plc	Category	Swim	S/Plc	S/Cat Plc	S/Sex Plc	Mins/Km	Cycle	C/Plc	C/Cat Plc	C/Sex Plc	Km/hr	Run	R/Plc	R/Cat Plc	R/Sex Plc	Mins/km	Club
253	Karen Hill	3:32:14.3	7	F 20- 24	0:41:30.5	260	7	77	20:45	1:39:08.8	230	7	63	24.21	1:11:35.0	258	7	76	7:10	Tridents
254	Peter Wilkinson	3:33:17.5	28	M 35- 39	0:33:29.1	217	23	161	16:45	2:00:42.3	262	29	186	19.88	0:59:06.2	206	24	153	5:55	Northern Suburbs
255	Philip Keogan	3:35:33.9	54	M 30- 34	0:36:23.2	244	51	176	18:12	1:50:29.3	253	55	182	21.72	1:08:41.4	253	54	179	6:52	
256	Ann Maree O'Callaghan	3:35:34.6	9	F 35- 39	0:37:58.8	252	9	74	18:59	1:52:52.5	259	9	75	21.26	1:04:43.3	238	8	67	6:28	Tridents
257	Elaine Pugh	3:36:10.6	5	F 50- 54	0:36:60.0	250	4	72	18:30	1:51:53.2	256	5	72	21.45	1:07:17.5	249	5	72	6:44	Tuggeranong Vikings Triathlon Club
258	Joanne Donnelly	3:38:05.9	5	F 45- 49	0:38:06.9	254	6	75	19:03	1:52:51.3	258	6	74	21.27	1:07:07.7	247	5	71	6:43	
259	Caroline Campbell	3:47:08.6	1	F 60+	0:43:28.0	263	1	79	21:44	1:59:18.7	261	1	76	20.12	1:04:21.9	237	1	66	6:26	Tridents
260	Gai Webster	3:52:37.7	6	F 45- 49	0:36:54.4	248	5	70	18:27	1:52:02.9	257	5	73	21.42	1:23:40.5	260	6	77	8:22	
261	Lachlan Lewis	3:56:29.5	2	M6569	0:49:17.3	268	2	188	24:39	1:57:50.5	260	2	185	20.37	1:09:21.8	255	2	181	6:56	Tridents
262	Christine Smith	4:32:52.1	9	F 40- 44	0:44:00.6	266	10	80	22:00	2:16:30.1	264	9	78	17.58	1:32:21.5	261	9	78	9:14	
0	Cathy Noone	DNF	0	F 35- 39	0:36:01.3	241	8	66			0	0	0	0		0	0	0		Females In Training (FIT)
0	Paul Croke	DNF	0	M 35- 39	0:33:32.5	218	24	162		1:32:59.8	196	24	153	0		0	0	0		Tridents
0	Warwick Williams	DNF	0	M 50- 54	0:30:04.2	152	4	115		1:48:27.6	250	8	180	0		0	0	0		LAPD - Leichhardt & Parramatta District
0	David Earls	DNF	0	M 30- 34	0:28:59.6	133	35	101		1:41:01.3	235	53	170	0		0	0	0		
0	Kerstin Norden	DNF	0	F 40- 44	0:34:15.5	227	7	60			0	0	0	0		0	0	0		BRAT - Bondi Runners
0	Matt O'Dwyer	DNF	0	M 20- 24	0:29:06.3	136	10	102			0	0	0	0		0	0	0		
0	Sally Parker	DQ	0	F 20- 24	0:20:15.2	0	0	0	10:08	1:17:36.7	0	0	0	30.92	0:44:03.3	0	0	0	4:24	Bilbys
0	Simon Christen	DQ	0	M 35- 39	0:42:57.1	0	0	0	21:29	1:24:22.7	0	0	0	28.44	0:54:18.9	0	0	0	5:26	